

# Researchers may have unlocked the blood-brain barrier

March 16 2022, by Isabella Backman

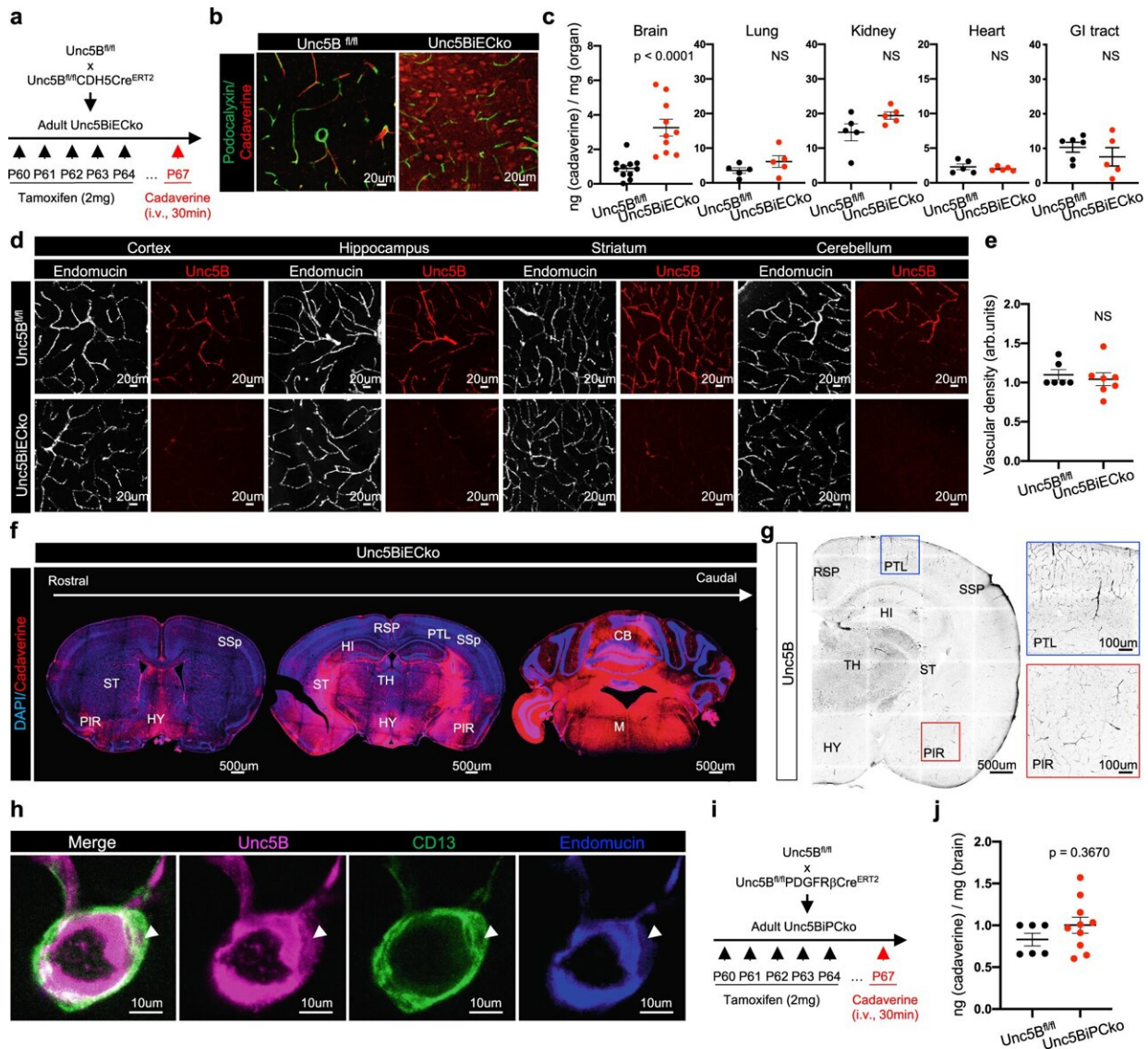


Fig. 1: Endothelial Unc5B controls BBB integrity. a Unc5B gene deletion strategy using tamoxifen injection in adult mice. b Immunofluorescence staining

with the indicated antibodies and confocal imaging of adult brain sections at P67, 30 min after i.v. cadaverine injection and reproduced on n = 4  $Unc5B^{fl/fl}$  and n = 5  $Unc5BiECko$  brains. c Quantification of dye content in brains and peripheral organs at P67, 30 min after i.v. cadaverine injection, n = 11  $Unc5B^{fl/fl}$  and n = 10  $Unc5BiECko$  brains (exact p-value = 0.0000397); n = 5  $Unc5B^{fl/fl}$  and n = 10  $Unc5BiECko$  lungs, kidneys and hearts; n = 6  $Unc5B^{fl/fl}$  and n = 5  $Unc5BiECko$  GI tracts. Each dot represents one mouse. d Immunofluorescence staining with the indicated antibodies and confocal imaging of adult brain sections, reproduced on n = 4  $Unc5B^{fl/fl}$  and n = 4  $Unc5BiECko$  brains. e Quantification of endomucin+ vascular density. Each dot represents the mean of several images, n = 6  $Unc5B^{fl/fl}$  and n = 7  $Unc5BiECko$  brains. One control mouse value was set as 1. f Tile-scan confocal imaging of adult  $Unc5BiECko$  brain sections at P67, 30 min after i.v. cadaverine injection and reproduced on n = 3  $Unc5B^{fl/fl}$  and n = 3  $Unc5BiECko$  brains. g Immunofluorescence staining of  $Unc5B$  and tile-scan confocal imaging of brain sections, reproduced on n = 4 mice. Boxes show higher magnifications of cortical areas. h Immunofluorescence staining with the indicated antibodies and confocal imaging of adult brain sections, reproduced on n = 4  $Unc5B^{fl/fl}$  and n = 4  $Unc5BiECko$  brains. Arrowhead:  $Unc5B+/CD13+$  pericyte. i, j  $Unc5B^{fl/fl}$  was crossed with  $PDGFR\beta Cre^{ERT2}$  and BBB permeability was assessed at P67, 30 min after i.v. cadaverine injection, n = 6  $Unc5B^{fl/fl}$  and n = 10  $Unc5BiPCko$  brains. Each dot represents one mouse. All data are shown as mean  $\pm$  SEM. NS non-significant, RSP Retrosplenial cortex, PTL Posterior parietal association areas, SSp Primary somatosensory cortex, PIR Piriform cortex, HI Hippocampus, HY Hypothalamus, TH Thalamus, ST Striatum, CB Cerebellum, M Medulla. Two-sided Mann–Whitney U test was performed for statistical analysis. Source data are provided as a Source Data file. Credit: *Nature Communications* (2022). DOI: 10.1038/s41467-022-28785-9

The brain is composed of billions of neurons—vulnerable cells that require a protective environment to function properly. This delicate environment is protected by 400 miles of specialized vasculature designed to limit which substances come into contact with the brain. This blood-brain barrier is essential for protecting the organ from toxins

and pathogens. But in the context of neurological disease, the barrier "becomes your worst enemy," says Anne Eichmann, Ph.D., Ensign Professor of Medicine (Cardiology) and professor of cellular and molecular physiology, as it also blocks the passage of therapeutic drugs.

For years, it has been the goal of neuroscientists and vascular biologists alike to find the magic bullet for temporarily opening and resealing the barrier for [drug administration](#). Now, Eichmann's team has developed an antibody as a tool for opening the blood-brain barrier for a couple of hours at a time, allowing for the delivery of drugs to a diseased brain. The team published its findings in *Nature Communications* on March 4.

"This is the first time we've figured out how to control the blood-brain barrier with a molecule," says Eichmann, who is the senior author of the study.

## **Rigorous basic research finds the key**

The development and maintenance of the blood-brain barrier are dependent on what is called the Wnt signaling pathway, which regulates a number of crucial cellular processes. Eichmann's team sought to figure out whether this pathway could be modulated to open the barrier "on-demand."

When Kevin Boyé, Ph.D., a postdoctoral associate at Yale and first author of the study, joined Eichmann's lab in 2017, he chose to study a molecule known as Unc5B, an endothelial membrane receptor expressed in the endothelial cells of capillaries. He found that if he knocked out this receptor in mice, they died early in their [embryonic development](#) because their vasculature failed to form properly, indicating that it was an important molecule in vascular development. He also discovered that a protein known as Claudin5—which is important for creating the tight junctions between the endothelial cells of the blood-brain barrier—was

also significantly reduced. This made the team realize that the receptor could be important in maintaining this barrier.

There was previously no known link between Unc5B and the Wnt signaling pathway. Through this new study, the team figured out that the Unc5B receptor controls the pathway, functioning as an upstream regulator.

"It was quite a fascinating journey, especially the development of our blocking antibodies and seeing that we can open the blood-brain barrier in a very time-sensitive fashion to promote drug delivery," says Boyé.

Boyé then went a step further and took the receptor out in adult mice with an already established blood-brain barrier, and found that the barrier remained open in the absence of the receptor. Next, he wanted to determine which ligands—which bind to receptors and send signals between or inside cells—were responsible for the barrier effect. He discovered that one ligand, Netrin-1, also caused a blood-barrier defect when it was removed.

Next, the team developed an antibody that could block Netrin-1 from binding to its receptor. Upon injecting the antibody, the team was able to disrupt the Wnt signaling pathway, causing the blood-brain barrier to open temporarily on demand.

## **Help for Alzheimer's, MS, brain tumors, more?**

Because the [blood-brain barrier](#) blocks entry to all but a tiny subset of small molecules, neurological conditions such as Alzheimer's, multiple sclerosis, brain tumors, and depression are exceedingly difficult to treat. Having control over the barrier will be helpful for future drug delivery ventures. The team has not yet identified any potential complications, but plans to evaluate the efficacy and potential toxicity of the antibody in

later research.

"This paves the way to more interesting basic research around how the body builds such a tight barrier to protect its neurons and how can it be manipulated for [drug delivery](#) purposes," says Eichmann. "And then there's also potential to use this as a delivery platform for drugs to penetrate into the brain."

In future studies, the team hopes to understand how to apply its findings to chemotherapy delivery for treating brain tumors. They are also currently working to see if they can apply their antibody to other regions of the central nervous system outside of the [brain](#).

**More information:** Kevin Boyé et al, Endothelial Unc5B controls blood-brain barrier integrity, *Nature Communications* (2022). [DOI: 10.1038/s41467-022-28785-9](https://doi.org/10.1038/s41467-022-28785-9)

Provided by Yale University

Citation: Researchers may have unlocked the blood-brain barrier (2022, March 16) retrieved 26 June 2024 from <https://medicalxpress.com/news/2022-03-blood-brain-barrier.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--