

Are neurodevelopmental disorders common in extremely preterm babies?

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In an analysis of data from national Swedish registries for extremely preterm babies (born before 24 weeks) from 2007–2018, most had neurodevelopmental disorders and/or other diagnoses during childhood

and were referred for habilitational care.

In the *Acta Paediatrica* study of 383 children, 75% had neurodevelopmental disorders (including speech disorders, intellectual disabilities, [attention deficit hyperactivity disorder](#), autism spectrum disorders, visual impairment, cerebral palsy, epilepsy, and hearing impairment).

More boys than girls had [intellectual disabilities](#) (45% versus 27%) and [visual impairment](#) (25% versus 14%). Fifty-five percent of children were referred for habilitation services, and 88% had additional diagnoses such as asthma and short stature.

"Due to improved medical care, an increasing number of extremely preterm infants survive. Our study shows that a large proportion of the most immature new survivors suffer from persisting somatic and [neurodevelopmental disorders](#)," said senior author Ann Hellström, MD, Ph.D., of Gothenburg University.

Such an understanding the long-term consequences of preterm birth will help clinicians and healthcare systems optimize care. "Awareness of the lifelong needs of these children is also necessary for society at large to provide adequate resources and support for the tiniest of our children and their families," said lead author Eva Morsing, MD, Ph.D. of Lund University.

An accompanying editorial offers additional perspectives on the study's findings.

More information: Eva Morsing et al, Neurodevelopmental disorders and somatic diagnoses in a national cohort of children born before 24 weeks of gestation, *Acta Paediatrica* (2022). [DOI: 10.1111/apa.16316](https://doi.org/10.1111/apa.16316)

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