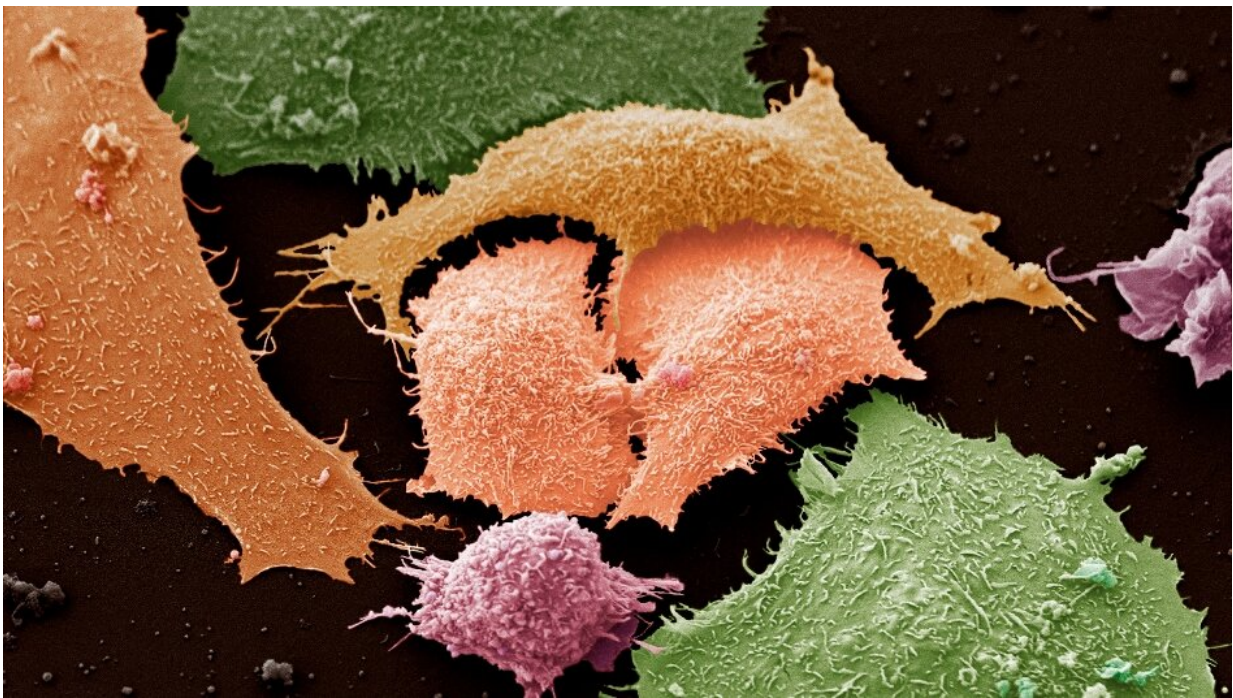


# AI study 'exciting first step' toward improving post-treatment surveillance of lung cancer patients

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Lung cancer cells. Credit: Anne Weston, Francis Crick Institute, CC BY-NC 4.0

Artificial intelligence (AI) could help guide the post-treatment surveillance of non-small cell lung cancer (NSCLC) patients and improve outcomes as a result, according to a study led by researchers from The Royal Marsden NHS Foundation Trust in collaboration with

The Institute of Cancer Research, London, and Imperial College London.

In a world-first, the [OCTAPUS-AI study](#), published in The Lancet's *Ebiomedicine* journal, compared different [machine learning](#) models to determine which could most accurately identify NSCLC patients at risk of recurrence following curative radiotherapy. Machine learning (ML) is a type of AI that allows software to automatically predict outcomes. ML algorithms build a model based on sample data to make predictions or decisions without being explicitly programmed to do so.

Results from the retrospective, multicenter study suggest that this technology could be used to help personalize and therefore improve the surveillance of patients following treatment based on their risk. This could lead to recurrence being detected earlier in [high-risk patients](#), ensuring that they receive urgent treatment which could potentially improve their outcomes. For those with a low risk of recurrence, it could result in fewer follow-up scans and [hospital visits](#).

## **Predicting recurrence**

The researchers used anonymized, routinely available clinical data from 657 NSCLC patients treated at five U.K. hospitals to compare different machine learning algorithms based on various prognostic factors—used to predict a patient's chance of recurrence—such as age, gender, and the tumor's characteristics on scans. They then developed and tested prediction models to categorize patients into low and high risk of recurrence, recurrence-free survival, and overall survival at two years post treatment.

For example, researchers found that the patient's tumor size and stage, type, and intensity of radiotherapy, smoking status, BMI and age were the most important factors in the final model's algorithm for predicting

patient outcomes.

This model was also found to be more accurate in predicting outcomes than traditional methods such as the TNM staging system, which describes the amount and spread of cancer in a patient's body.

Lung cancer is the leading worldwide cause of cancer death and accounts for just over a fifth (21%) of cancer deaths in the U.K. NSCLC makes up nearly five sixths (85%) of lung cancer cases and, when caught early, the disease is often curable. However, over a third (36%) of NSCLC patients experience recurrence in the U.K.

## Optimizing surveillance

To improve the outcomes of lung cancer patients, the National Institute of Healthcare and Clinical Excellence (NICE) has called for further research into using prognostic factors to develop risk-stratification models to inform optimal surveillance. The OCTAPUS-AI study was developed in response to this recommendation.

Study lead Dr. Sumeet Hindocha, Clinical Oncology Specialist Registrar at The Royal Marsden NHS Foundation Trust and Imperial College London, said:

"Right now, there is no set framework for the surveillance of non-[small cell lung cancer](#) patients following radiotherapy treatment in the U.K. This means there is variation in the type and frequency of follow-up that patients receive. More research is required to develop personalized follow-up protocols and using AI with healthcare data may be the answer.

"This study shows that machine learning models can predict NSCLC patients' outcomes following curative radiotherapy using routinely

available clinical data. As this type of data can be accessed easily, this methodology could be replicated across different health systems. This study is therefore an exciting first step towards developing a model to help guide the post-treatment surveillance of this patient group based on their individual risk of recurrence.

"The next phase of this study will test machine learning models using imaging data alone and in combination with clinical data. We hope to find out how our model, which is based on patient characteristics and the treatment they received, is influenced by imaging scan data."

## **Improving care for people with cancer**

Dr. Richard Lee, Consultant Physician in Respiratory Medicine and Early Diagnosis at The Royal Marsden NHS Foundation Trust and Team Leader for the Early Diagnosis and Detection team at The Institute of Cancer Research, London, who is chief investigator for the OCTAPUS-AI study, said:

"This is an important step forward in being able to use AI to understand which patients are at highest risk of cancer recurrence, and to detect this relapse sooner so that re-treatment can be more effective.

"Relapse is also a key source of anxiety for patients. Reducing the number of scans needed in this setting can be helpful, and also reduce radiation exposure, hospital visits, and make more efficient use of valuable NHS resources.

"In the future, we hope this approach will pave the way for predicting recurrence for all cancer types, not just NSCLC. Our model used features specific to this disease but by refining the algorithm, this technology could have much wider application.

"Through this work, we hope to push boundaries to improve the care of cancer patients, to help them live longer, and reduce the impact the disease has on their lives. We are grateful to our patients and donors who have made this research possible.

## **'I was in good hands'**

Annette Morgan, 78 from Balham, was first diagnosed with lung cancer in 2012 after being admitted to hospital with pneumonia. Following surgery to remove the tumor, she underwent regular monitoring and CT scans which discovered another recurrence of cancer in 2014—when she was referred to The Royal Marsden—and again in 2016. On these occasions Annette was treated with intensive radiotherapy and chemotherapy at the hospital. Annette, whose [medical history](#) matches the profile of patients in this study, was declared cancer free in February this year. She said:

"My first [lung cancer](#) diagnosis was, for me, a signal that I might not have long to live. My husband, Conway, had died of sinus cancer the previous year, so I thought I would probably join him soon.

"When the recurrence was picked up in 2014 by a scan, I felt upset as the fight was not over yet but was pleased to be looked after at The Royal Marsden. In 2016, I was of course not happy to hear the cancer had come back again but accepted more treatment was needed, as long as it wouldn't affect my independence. After my husband's operation, his quality of life became very poor, and I didn't want this to happen to me.

"The monitoring of my condition over the past nine years has been fantastic. To start with, I went back to The Royal Marsden every three months and then four months for three years, then every six months for two years. After this, I had annual check-ups. I felt confident and reassured that, if there was anything wrong, it would be picked up and

that I was in good hands.

"Everyone at the Royal Marsden has been fantastic. Not only did my oncologist, Dr. Merina Ahmed, treat my [cancer](#), but also helped with other health problems related to my heart, thyroid and breathing. The hospital has allowed me to remain independent and active—for example, cycling on my home bicycle—and have more time with my children and grandchildren. The care I've had has been amazing."

**More information:** Sumeet Hindocha et al, A comparison of machine learning methods for predicting recurrence and death after curative-intent radiotherapy for non-small cell lung cancer: Development and validation of multivariable clinical prediction models, *eBioMedicine* (2022). [DOI: 10.1016/j.ebiom.2022.103911](https://doi.org/10.1016/j.ebiom.2022.103911)

Provided by Institute of Cancer Research

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