

# US deaths from COVID hit 1 million, less than 2 1/2 years in

May 16 2022, by Carla K. Johnson

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Sara Atkins poses for a photo, in Wynnewood, Pa., Tuesday, May 10, 2022, while holding a pillow with an image of her father Andy Rotman-Zaid, who died of COVID-19 in December 2020. She channels her grief into fighting for global vaccination and better access to health care to honor her father. Credit: AP Photo/Matt Rourke

The U.S. death toll from COVID-19 hit 1 million on Monday, a once-unimaginable figure that only hints at the multitudes of loved ones and friends staggered by grief and frustration.

The confirmed number of dead is equivalent to a 9/11 attack every day for 336 days. It is roughly equal to how many Americans died in the Civil War and World War II combined. It's as if Boston and Pittsburgh were wiped out.

"It is hard to imagine a million people plucked from this earth," said Jennifer Nuzzo, who leads a new pandemic center at the Brown University School of Public Health in Providence, Rhode Island. "It's still happening and we are letting it happen."

Some of those left behind say they cannot return to normal. They replay their loved ones' voicemail messages. Or watch old videos to see them dance. When other people say they are done with the virus, they bristle with anger or ache in silence.

"'Normal.' I hate that word," said Julie Wallace, 55, of Elyria, Ohio, who lost her husband to COVID-19 in 2020. "All of us never get to go back to normal."

[Three out of every four deaths](#) were people 65 and older. More men died than women. White people made up most of the deaths overall. But Black, Hispanic and Native American people have been roughly twice as likely to die from COVID-19 as their white counterparts.



Registered nurse Nvard Termendzhyan helps Julio Valladares, 46, change his position while treating him in a COVID-19 unit at Providence Holy Cross Medical Center in Los Angeles, Dec. 13, 2021. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Jae C. Hong, File

Most deaths happened in urban areas, but rural places—where opposition to masks and vaccinations tends to run high—paid a heavy price at times.

The death toll less than 2 1/2 years into the outbreak is based on death certificate data compiled by the Centers for Disease Control and Prevention's National Center for Health Statistics. But the real number of lives lost to COVID-19, either directly or indirectly, as a result the

disruption of the health care system in the world's richest country, is believed to be far higher.

The U.S. has the highest reported COVID-19 death toll of any country, though health experts have long suspected that the real number of deaths in places such as India, Brazil and Russia is higher than the official figures.

The milestone comes more than three months after the U.S. reached 900,000 dead. The pace has slowed since a harrowing winter surge fueled by the omicron variant.



A mobile COVID-19 testing van is open for walk-in clients in the Brooklyn borough of New York. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Bebeto Matthews

The U.S. is averaging about 300 COVID-19 deaths per day, compared with a peak of about 3,400 a day in January 2021. New cases are on the rise again, climbing more than 60% in the past two weeks to an average of about 86,000 a day—still well below the all-time high of over 800,000, reached when the omicron variant was raging during the winter.

The largest bell at Washington National Cathedral in the nation's capital tolled 1,000 times a week ago, once for every 1,000 deaths. President Joe Biden on Thursday ordered flags lowered to half-staff and called each life "an irreplaceable loss."

"As a nation, we must not grow numb to such sorrow," he said in a [statement](#). "To heal, we must remember."

More than half the deaths occurred since vaccines became available in December of 2020. Two-thirds of Americans are fully vaccinated, and nearly half of them have had at least one booster dose. But demand for the vaccine has plummeted, and the campaign to put shots in arms has been plagued by misinformation, distrust and political polarization.



Angelina Proia, who lost her father Richard Proia to COVID-19 in April 2020, poses for a photo on Wednesday, May 11, 2022, in New York. She runs a support group for grieving families on Facebook and has seen it divided over vaccinations. She has booted people from the group for spreading misinformation. Credit: AP Photo/Bebeto Matthews

Unvaccinated people have a 10 times greater risk of dying of COVID-19 than the fully vaccinated, according to the CDC.

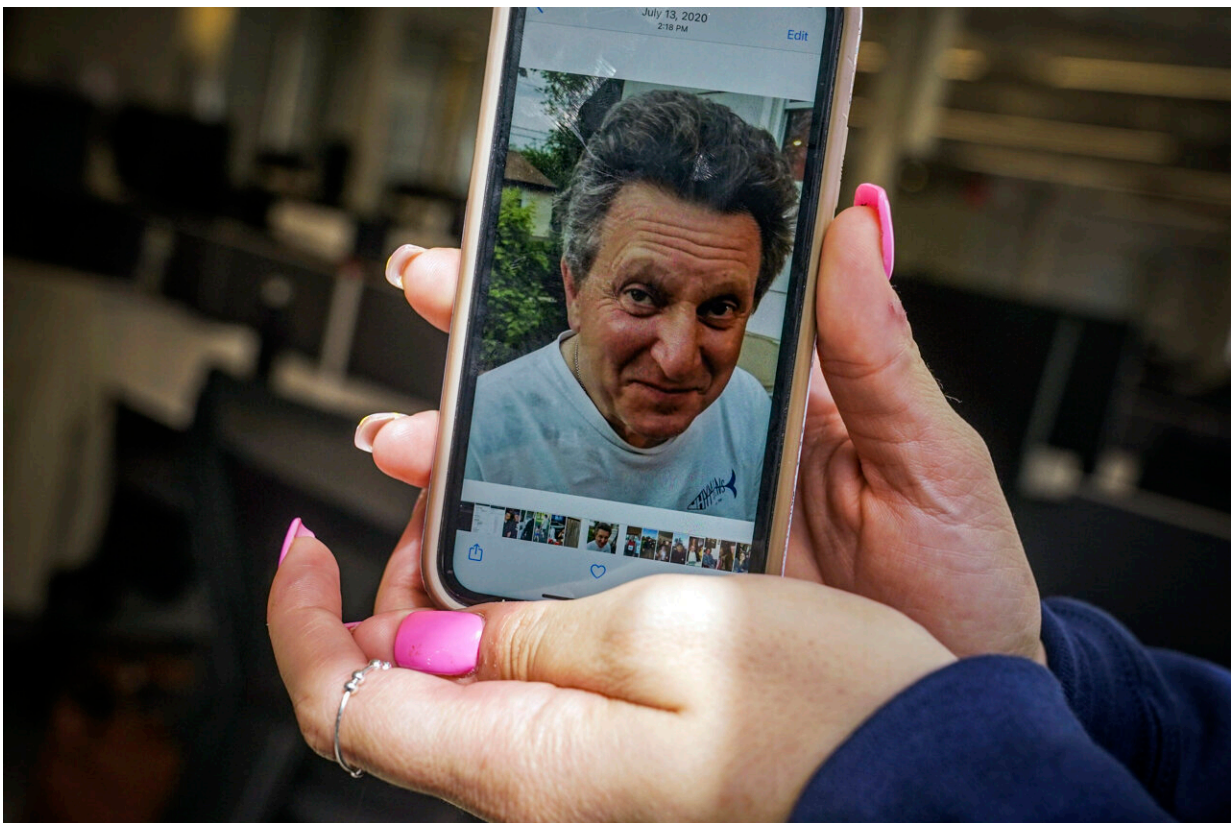
"To me, that is what is just so particularly heartbreaking," Nuzzo said. Vaccines are safe and greatly reduce the likelihood of severe illness, she said. They "largely take the possibility of death off the table."

Angelina Proia, 36, of New York, lost her father to COVID-19 in April

2020. She runs a support group for grieving families on Facebook and has seen it divided over vaccinations. She has booted people from the group for spreading misinformation.

"I don't want to hear conspiracy theories. I don't want to hear anti-science," said Proia, who wishes her father could have been vaccinated.

Sara Atkins, 42, of Wynnewood, Pennsylvania, channels her grief into fighting for global vaccination and better access to health care to honor her father, Andy Rotman-Zaid, who died of COVID-19 in December 2020.



Angelina Proia on Wednesday, May 11, 2022, in New York, shows a photo of her father Richard Proia, who died of COVID-19 in April 2020. She runs a support group for grieving families on Facebook and has seen it divided over

vaccinations. She has booted people from the group for spreading misinformation. Credit: AP Photo/Bebeto Matthews



Dr. Mher Onanyan takes a short break while waiting for an X-ray of a COVID-19 patient's lungs at Providence Holy Cross Medical Center in the Mission Hills section of Los Angeles, Dec. 22, 2020. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Jae C. Hong, File





Kyree Kayoshi, his dog Kumi, and Miranda De Llano use circles marked for social distancing to help battle the COVID-19 virus as they relax at the Pearl Brewery, March 3, 2021, in San Antonio. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Eric Gay, File



House Majority Leader Steny Hoyer, D-Md., from left, Speaker of the House Nancy Pelosi, D-Calif., and Bishop Mariann Edgar Budde of the Episcopal Diocese of Washington, are joined by members of the House on the steps of the Capitol to honor the nearly 1 million deaths in America due to the COVID-19 outbreak, in Washington, May 12, 2022. Credit: AP Photo/J. Scott Applewhite, File



Holding her mother's hand, Brianna Vivar, 14, looks away while receiving the Pfizer COVID-19 vaccine from pharmacy technician Mary Tran at a vaccine clinic set up in the parking lot of CalOptima, Saturday, Aug. 28, 2021, in Orange, Calif. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Jae C. Hong, File



Transporter Jo Navarro, right, prepares to move a body of a COVID-19 victim to a morgue at Providence Holy Cross Medical Center in Los Angeles, Dec. 14, 2021. The U.S. death toll from COVID-19 has hit 1 million, less than 2 1/2 years into the outbreak. Credit: AP Photo/Jae C. Hong, File

"My father gave me marching orders to end it and make sure it doesn't happen again," Atkins said of the pandemic. "He told me, 'Politicize the hell out of my death if I die of this.'"

Julie Wallace and her husband, Lewis Dunlap, had cellphone numbers one digit apart. She continues paying to keep his number. She calls it just to hear his voice.

"It's just so important to hear that sometimes," she said. "It gives you a

little bit of reassurance while also tearing your heart out."

Some have offered solace in poetry. In Philadelphia, poet and social worker Trapeta Mayson, created a [24-hour poetry hotline called Healing Verse](#). Traffic to the Academy of American Poets' [poets.org website](#) rose during the pandemic.

Brian Sonia-Wallace, poet laureate of West Hollywood, California, has traveled the country [writing poems for hire](#). He imagines a memorial of a million poems, written by people who don't normally write poetry. They would talk to those who are grieving and listen for points of connection.

"What we need as a nation is empathy," said Tanya Alves, 35, of Weston, Florida, who lost her 24-year-old sister to COVID-19 in October. "Over two years into the pandemic, with all the cases and lives lost, we should be more compassionate and respectful when talking about COVID. Thousands of families changed forever. This virus is not just a cold."

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