

Exposure to wildfires increases risk of cancer

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A new study from McGill University finds higher incidence of lung cancer and brain tumors in people exposed to wildfires. The study, which tracks over 2 million Canadians over a period of 20 years, is the first to examine how proximity to forest fires may influence cancer risk.

"Wildfires tend to happen in the same locations each year, but we know



very little about the long-term health effects of these events. Our study shows that living in close proximity to <u>wildfires</u> may increase the risk of certain cancers," says Scott Weichenthal, an Associate Professor in the Department of Epidemiology, Biostatistics, and Occupational Health at McGill University.

Published in *The Lancet Planetary Health*, the study shows that people living within 50 kilometers of wildfires over the past 10 years had a 10% higher incidence of <u>brain tumors</u> and 4.9% higher incidence of <u>lung</u> <u>cancer</u> than people living further away.

Impacts of climate change on human health

With the changing climate, wildfires are predicted to become more prevalent, severe, and longer in duration in the future—and they are increasingly recognized as a global health problem. "Many of the pollutants emitted by wildfires are known human <u>carcinogens</u>, suggesting that exposure could increase cancer risk in humans," says Jill Korsiak, a Ph.D. student in Professor Weichenthal's lab who led the analysis.

Wildfires typically occur in similar regions each year, and as a result, people living in nearby communities might be exposed to carcinogenic wildfire pollutants on a chronic basis, warn the researchers.

Lingering harmful pollutants

In addition to impacts on air quality, wildfires also pollute aquatic, soil, and indoor environments. While some pollutants return to normal concentrations shortly after the fire has stopped burning, other chemicals might persist in the environment for long periods of time, including heavy metals and hydrocarbons. "Exposure to harmful environmental pollutants might continue beyond the period of active burning through



several routes of exposure," adds Professor Weichenthal.

Still, more research is necessary to understand the complex mixture of environmental pollutants released during wildfires, note the researchers. They also note that further work is needed to develop more long-term estimates of the chronic health effects of wildfires.

"Long-term exposure to wildfires and cancer incidence in Canada: a population-based observational cohort study" by Jill Korsiak, Lauren Pinault, Tanya Christidis, Richard Burnett, Michal Abrahamowicz, and Scott Weichenthal was published in *The Lancet Planetary Health*.

More information: Long-term exposure to wildfires and cancer incidence in Canada: A population-based observational cohort study, *The Lancet Planetary Health* (2022). DOI: 10.1016/S2542-5196(22)00067-5

Provided by McGill University

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