

Does polycystic ovary syndrome put women at higher risk of developing additional medical conditions

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Polycystic ovary syndrome (PCOS) is the most common endocrine disorder in women of reproductive age. In a study published in *Acta*

Obstetricia et Gynecologica Scandinavica, women with PCOS were more likely than other women to also be diagnosed with migraine, hypertension, tendinitis, osteoarthritis, and endometriosis. Affected women were also using medications more often and reported their own health to be poorer than women without PCOS.

The study included 246 [women](#) with PCOS symptoms or diagnoses and 1,573 controls who were surveyed during their late reproductive years at age 46.

"PCOS is often labeled as a reproductive concern; however, in most cases this is well managed with fertility treatments. Our study underscores the need for [health professionals](#) to acknowledge the risk for several comorbidities and increased health burden related to this common syndrome," said senior author professor Terhi T. Piltonen, MD, Ph.D., of the University of Oulu, in Finland. "Women should also be aware of this risk, and they should be supported by [early diagnosis](#) and treatment."

More information: Women with polycystic ovary syndrome (PCOS) are burdened with multimorbidity and medication use independent of body mass index at late fertile age, *Acta Obstetrica Et Gynecologica Scandinavica* (2022). [DOI: 10.1111/aogs.14382](https://doi.org/10.1111/aogs.14382)

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