

Benefits of pre-surgical immunotherapy were independent of race in patients with aggressive breast cancer

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Treatment outcomes were similar between Black and non-Black patients with triple-negative breast cancer who received neoadjuvant durvalumab

(Imfinzi) plus chemotherapy, according to phase I/II clinical trial results published in *Clinical Cancer Research*.

Triple-negative breast cancer is an aggressive form of breast [cancer](#) that is most common among Black individuals. However, Black patients are often underrepresented in clinical trials of investigational therapies, explained Lajos Pusztai, MD, DPhil, a professor of medicine; co-leader of the Genetics, Genomics, and Epigenetics Program; and scientific co-director of the Center for Breast Cancer of Yale Cancer Center at the Yale School of Medicine.

"The low accrual of ethnic minorities, particularly Black Americans, in [clinical trials](#) is problematic for several reasons," he said. "For one, it means Black patients are not given equitable access to potentially lifesaving new treatments very early on. Secondly, it limits our ability to study potential differences in drug metabolism, toxicity, and efficacy between populations with different ancestries."

Durvalumab is an immunotherapeutic that targets the PD-1/PD-L1 immune checkpoint pathway. Previously published clinical trial results from Pusztai and colleagues demonstrated that administering durvalumab in combination with chemotherapy prior to surgery benefited patients with non-metastatic [triple-negative breast cancer](#). However, the initial study population did not reflect the racial/ethnic makeup of the surrounding neighborhood nor of the disease population, Pusztai noted.

To better understand the efficacy of this treatment in Black patients, Pusztai and colleagues incorporated an extension cohort to accrue additional Black patients into the trial. With the extension cohort, the trial included 67 patients, of whom 21 (31 percent) identified as Black, bringing the proportion of Black patients closer to that of the local community. Forty patients identified as non-Hispanic white, three as

Hispanic/Latino, and three as Asian. Patient characteristics and baseline tumor features did not differ dramatically by race.

Among the 67 patients enrolled in the trial, 31 (46 percent) had a pathologic complete response (pCR) to neoadjuvant durvalumab plus chemotherapy. There were no statistically significant differences by race: 43 percent of Black patients had a pCR compared with 48 percent of non-Black patients.

Similarly, no statistically significant differences were observed between Black and non-Black patients for the rates of metastatic recurrence (14 percent vs. 17 percent), three-year overall survival (81 percent vs. 87 percent), and three-year event-free survival (71.4 percent vs. 78.3 percent).

In both the Black and non-Black cohorts, patients who had a pCR had significantly longer event-free survival and overall survival than those who did not have a pCR. Three-year overall survival rates were 96.8 percent for patients with a pCR and 81.8 percent for those without. Three-year event-free [survival rates](#) were 90.3 percent and 66.7 percent among those with a pCR and those without, respectively.

Neither PD-L1 status nor adverse events differed significantly by race.

"Our study demonstrates that if patients are given similar treatment and similar follow-up, the differences in outcomes between Black and non-Black patients are reduced," said Puztai. "By improving [health care access](#) and delivery, we could mitigate some of the health care disparities that exist in our society."

Limitations of the study include the [small sample size](#) and the inclusion of only one institution.

More information: Clinical Outcomes and Immune Markers by Race in a Phase I/II Clinical Trial of Durvalumab Concomitant with Neoadjuvant Chemotherapy in Early-Stage TNBC, *Clinical Cancer Research* (2022). [DOI: 10.1158/1078-0432.CCR-22-0862](https://doi.org/10.1158/1078-0432.CCR-22-0862)

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