

for the indicated proteins. One of three experiments. **c** IL-1 β deficient iBMDMs were infected with a retroviral *Il1b* cDNA vector containing an internal ribosome entry site (IRES) upstream of Green Florescent Protein (GFP). The complemented cells were sorted for GFP expression and stable cell lines established. Parental *Il1b*^{-/-} or complemented (*Il1b*^{-/-} + *Il1b*) iBMDMs were treated with LPS (100 ng/ml) for the indicated times and IL-1 β and NLRP3 modification examined by TUBE purification and immunoblotting. One of two independent experiments. **d** iBMDMs were treated with LPS (50 ng/ml) for 0 or 6 h and ubiquitylated proteins immunopurified from cell lysates using a Glutathione S-transferase-Ubiquitin Associated domain (GST-UBA) fusion protein. Samples were treated with the ubiquitin specific peptidase USP21 to cleave ubiquitin from isolated proteins. Immunoblots were performed and probed for indicated proteins. One of three experiments. **e** FLAG-IL-1 β was incubated, as indicated, with recombinant E1 ubiquitin activating enzyme, E2 conjugating enzyme UbcH5a and E3 ubiquitin ligase cellular IAP1 (cIAP1), and the conjugation of ubiquitin onto FLAG-IL-1 β analyzed by immunoblot. One of three experiments. ns, non-specific band. Credit: *Nature Communications* (2021). DOI: 10.1038/s41467-021-22979-3

Chronic or acute inflammation can contribute to a range of ailments—some potentially deadly—including stroke, respiratory and heart disease, cancer, arthritis, asthma, dementia, multiple sclerosis, and diabetes. In May, a study by Dr. Kate Lawlor and collaborator Professor Vince James (WEHI) published in *Nature Communications* shed light on the potential triggers of inflammation.

The research focused on the cytokine, interleukin-1 β (IL-1 β), which is critical to clearing infections but is also associated with sepsis and driving autoinflammatory and [inflammatory diseases](#) including rheumatoid arthritis, type 2 diabetes, and atherosclerosis.

Previous IL-1 β research had focused on understanding how it is triggered and how inhibiting this process or neutralizing IL-1 β could

reduce inflammation. However, little was known about how the precursor IL-1 β protein is regulated.

The team discovered a key event that contributes to the depletion of inactive IL-1 β and limits access to the enzyme that activates IL-1 β . The potential trigger of inflammation discovery is a major step in understanding how IL-1 β levels could be manipulated to limit inflammatory responses and developing treatments for diseases associated with excessive inflammation.

More information: Swarna L. Vijayaraj et al, The ubiquitylation of IL-1 β limits its cleavage by caspase-1 and targets it for proteasomal degradation, *Nature Communications* (2021). [DOI: 10.1038/s41467-021-22979-3](https://doi.org/10.1038/s41467-021-22979-3)

Provided by Hudson Institute of Medical Research

Citation: Finding the triggers of inflammation (2022, July 12) retrieved 6 May 2024 from <https://medicalxpress.com/news/2022-07-triggers-inflammation.html>

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