

Video: Exertional heat stroke

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Credit: Unsplash/CC0 Public Domain

What happens when the human body gets too hot? And what can you do if someone gets too hot?

Douglas Casa, professor of kinesiology and chief executive officer of UConn's Korey Stringer Institute—a leading authority on research,

advocacy, and [education](#) about exertional heat stroke—explains in this edition of Science in Seconds.

Provided by University of Connecticut

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