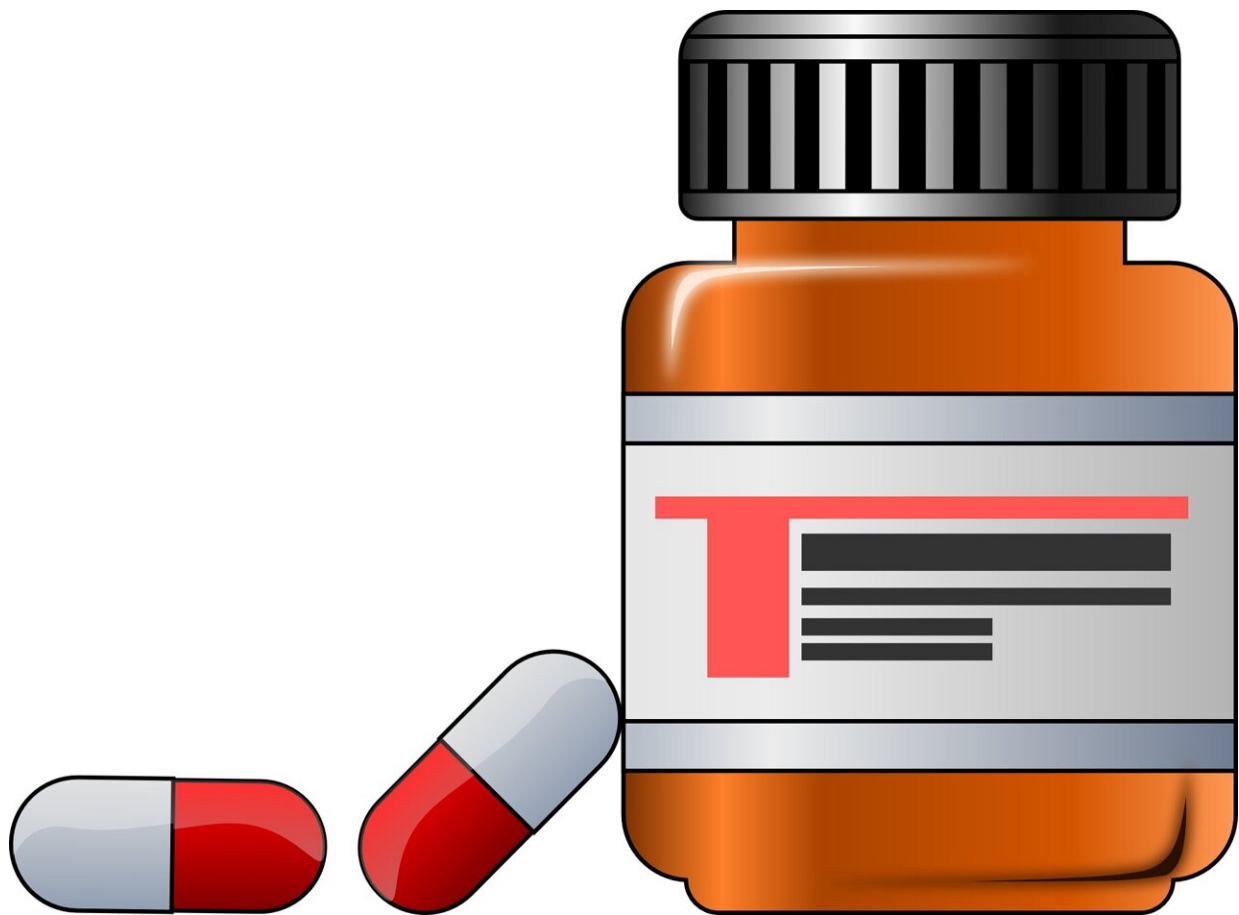


New guidance to address new nonstatin therapies

August 25 2022



Credit: Pixabay/CC0 Public Domain

To address the current gaps in expert guidance related to the recent development and commercial availability of newer nonstatin agents, the

American College of Cardiology published today an expert consensus decision pathway on the role of nonstatin therapies for LDL-C lowering in the management of atherosclerotic cardiovascular disease (ASCVD) risk reduction.

The document provides guidance on [clinical scenarios](#) not covered in the "2018 AHA/ACC Guideline on the Management of Blood Cholesterol" and refines criteria for treating individuals determined by baseline LDL-C levels. The clinical policy focuses on individuals at very high-risk as well as not very high-risk of future ASCVD events, individuals currently with or without a clinical diagnosis of familial hypercholesterolemia, primary prevention for individuals with and without diabetes, and individuals with statin-associated side effects. The writing committee also addresses factors to consider in the clinician-patient discussion reinforcing patient preference with regard to the addition of nonstatin therapies.

The "2022 ACC Expert Consensus Decision Pathway on the Role of Nonstatin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Diseases Risk" was published online today in the *Journal of the American College of Cardiology*, and it was endorsed by the National Lipid Association.

More information: Donald M. Lloyd-Jones et al, 2022 ACC Expert Consensus Decision Pathway on the Role of Nonstatin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk, *Journal of the American College of Cardiology* (2022). [DOI: 10.1016/j.jacc.2022.07.006](https://doi.org/10.1016/j.jacc.2022.07.006)

Provided by American College of Cardiology

Citation: New guidance to address new nonstatin therapies (2022, August 25) retrieved 23 June 2024 from <https://medicalxpress.com/news/2022-08-guidance-nonstatin-therapies.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.