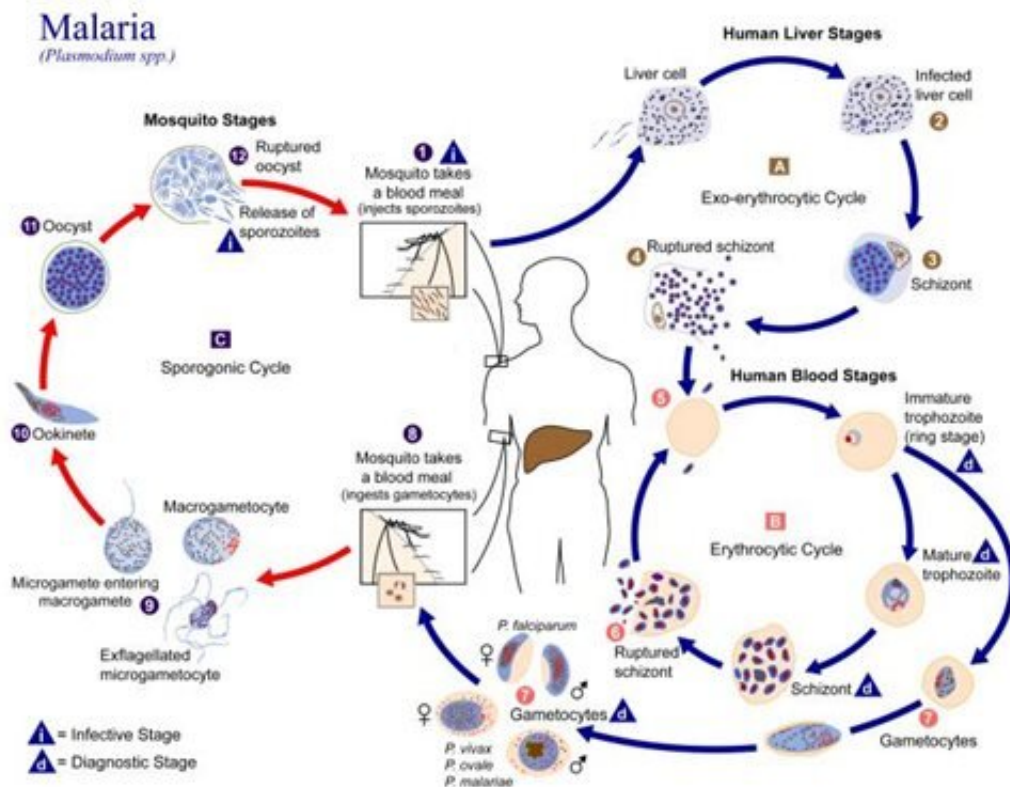


What's new in fight against malaria?

August 3 2022, by Madeline Barron



Plasmodium lifecycle. Credit:

https://commons.wikimedia.org/wiki/File:Plasmodium_lifecycle_PHIL_3405_lores.jpg

Malaria has plagued human populations for millennia. Caused by species of Plasmodium parasites, which spread to, and between, humans through the bite of Anopheles mosquitos, malaria triggers symptoms ranging from fever and nausea to organ failure and severe anemia. The disease is

endemic to tropical and subtropical regions across the globe, with [95% of cases occurring](#) in sub-Saharan Africa. Pregnant women and young children are the most vulnerable to infection—[of the 627,000 deaths from malaria in 2020, most were young children in sub-Saharan Africa](#). If they survive, some children will suffer repeat infections, [even up to 14 episodes of malaria in 1 year](#).

Though there has been progress toward mitigating this deadly disease, the battle is far from over. Due in part to the COVID-19 pandemic, which disrupted disease surveillance and control efforts, the burden of [malaria](#) has risen. Yet, "even before the pandemic, progress [on controlling malaria] had sadly stalled," Dr. Mehreen Dattoo, a [clinical research](#) fellow and Ph.D. student at The Jenner Institute at the University of Oxford, said in a talk given at ASM Microbe in June 2022. The reasons for this are complicated, and include inadequate access to quality health care and funding.

Dattoo emphasized that now is the time to pick up the slack. She cautioned that, without considerable action, the World Health Organization's (WHO) 2030 targets against malaria—including reducing malaria case incidence and mortality rates globally by 90% compared to 2015, when [cases and deaths reached 212 million and 429,000](#), respectively—will not be met. "We need to make a change."

What methods are currently used to prevent malaria?

Vector control tactics, like insecticide-treated nets and indoor residual spraying of insecticides, are integral to malaria control efforts; they prevent Plasmodium-harboring mosquitoes from feasting on humans. The prophylactic administration of full courses of anti-malarial drugs, known as chemoprevention, is another technique used to thwart infections. Various chemoprevention programs exist, including intermittent preventive treatment in pregnancy and seasonal malaria

chemoprevention, which is given to children under 5 years of age during the malaria season.

These management strategies are not perfect. The emergence of insecticide-resistant mosquitos ([78 countries reported resistance to at least 1 commonly used insecticide between 2010 and 2019](#)), could dampen the efficacy of existing vector control methods. For example, chemoprevention may select for drug-resistant parasites, which could limit its power in the future. Taking steps toward eliminating—and, perhaps one day, eradicating—malaria will require expanding and diversifying the collection of tools within the world's malaria-fighting toolkit.

New tools: Vaccines, drugs and more

Vaccines

For Dattoo, promising change comes in the form of vaccines. Over the past 20 years, there has been [considerable progress](#) in the development of malaria vaccines targeting different stages of [the Plasmodium lifecycle](#). For instance, [some vaccine candidates](#) target Plasmodium merozoites, the form of the parasite that replicates in red blood cells and causes malaria symptoms.

Other vaccines, called pre-erythrocyte vaccines, [target proteins](#) on Plasmodium sporozoites residing in the liver, thus halting their eventual transformation into merozoites that enter the bloodstream. The most successful malaria vaccine to date, [RTS,S/AS01](#), is of the pre-erythrocyte variety. It targets circumsporozoite protein (CSP), the [dominant surface protein on Plasmodium sporozoites that plays a key role in sporozoite invasion of liver cells](#).

[Results from a 2009–2014 Phase III trial demonstrated that](#) 4 doses of RTS,S/AS01 showed 36.3% reduction in malaria cases in children 5–17

months of age over a 3–4-year period. Follow-up studies examining vaccine efficacy in 500,000 children in Malawi, Ghana and Kenya [revealed a similar trend](#), with a 30% and 21% reduction in severe malaria and hospitalizations, respectively.

"When you think about the numbers of children who die of malaria each year, these numbers make an impact," Datoo said.

[In October 2021, WHO recommended RTS,S/AS01 for broader use in children living in regions with moderate to high malaria transmission.](#)

However, Datoo noted, "at the moment, there is the worry that supply may be an issue." The [maximum production capacity](#) of 15 million RTS,S/AS01 doses per year falls far below the expected demand of over 80 million doses annually. Development of additional vaccines will be important to fill in the gaps. One promising example is [R21/Matrix M](#), a pre-erythrocytic [vaccine](#) also targeting CSP that Datoo has shepherded through the clinical trial pipeline. Coming off the heels of a successful Phase IIb trial, which demonstrated that R21/Matrix M is safe and highly immunogenic in African children, a Phase III trial including 4,800 children in 4 African countries is now underway. [Licensure of the vaccine is expected by 2023.](#)

Drugs

Though vaccines have captured the most attention as new, viable tools for malaria prevention, there have also been developments in the field of preventive drugs. For example, a single-dose, dispersible form of the anti-malarial drug, tafenoquine, [was recently approved by the Australian Therapeutic Goods Administration for preventing malaria caused by P. vivax](#) (responsible for between 4 and 5 million infections each year) in children aged 2 years and up. The new formulation, which can be dissolved in water, [is easier for children to take](#) than the 7–14 day course of pills approved for adults. Researchers [have also identified a](#)

[nucleoside sulfamate](#) that causes enzymes within Plasmodium parasites to self-destruct. The compound showed potent parasite-killing powers in animal models and may be a steppingstone toward development of new anti-malaria drugs for humans.

Vector control

Progress has also been made toward improving the efficacy of existing vector control strategies, such as modifying [mosquito nets](#) to combat insecticide resistance, as well as developing new tactics, like [genetically modifying mosquitos to induce sterility and an inability to bite humans](#). Moreover, it was [recently demonstrated](#) that Anopholes mosquitoes (the species that spread malaria) can be naturally infected with bacteria belonging to the Wolbachia genus. In Aedes mosquitoes, the vector for [yellow fever](#), Dengue fever and Zika fever, Wolbachia [inhibit the mosquitoes' ability to transmit](#) the viruses that causes these deadly infections. In fact, Wolbachia-infected Aedes mosquitoes are [being deployed across the world as a disease control tactic](#). Could a similar approach be used for malaria? Though it was long-believed Anopholes mosquitoes did not harbor Wolbachia bacteria, the finding that they can may open doors for new preventive tactics. More research is required to determine if, and how well, Wolbachia can prevent malaria transmission.

Moving forward

Is a future without malaria possible? Strategies to combat the disease are as complex as the lifecycle of the parasite that causes it. One thing is clear: there is no time to waste.

"My talk has been half an hour," Datoosaid. "And, in that time, 50 [children](#) have died from malaria."

Ultimately, [a multi-step, multi-faceted](#) approach using old and new methodologies, [coupled with improved surveillance](#) of malaria cases and changes in transmission, will be required to reduce the disease burden across the globe.

Provided by American Society for Microbiology

Citation: What's new in fight against malaria? (2022, August 3) retrieved 25 April 2024 from <https://medicalxpress.com/news/2022-08-malaria.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.