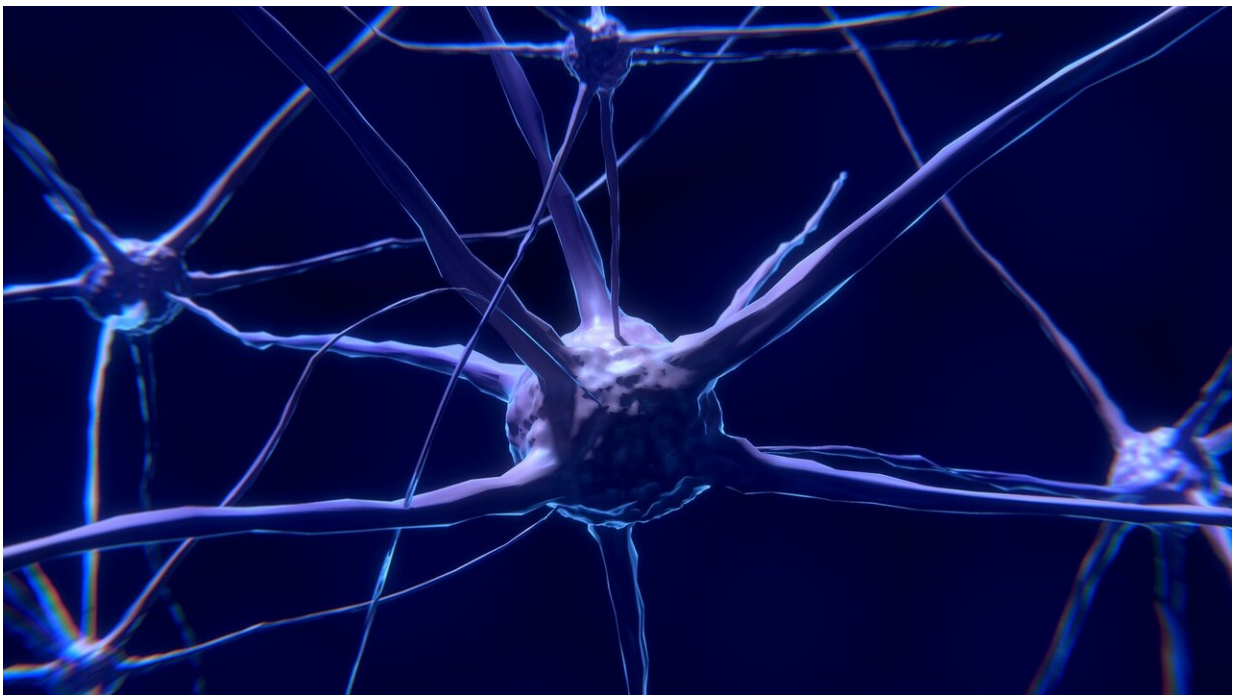


# Study shows how microglia are prompted to change their state to adapt to different areas of the brain

August 10 2022

---



Credit: CC0 Public Domain

From everyday actions like walking and talking to feats of athletic or academic excellence, the brain is constantly acquiring and seamlessly processing information to produce these incredible behaviors. The process requires a whole orchestra of cells listening to each other and

tuning their functions to harmonize together. One of the remaining, most fundamental questions in neuroscience asks how cells in the brain move, interact, and coordinate with each other to produce these activities.

In the [brain](#), this cellular symphony includes not only neurons, but [cells](#) that normally play a role in defending the body against pathogens. One group are tiny immune cells called [microglia](#), which researchers are increasingly learning play oversized roles in [brain function](#), health, and disease. The cells are also gaining increased attention for their roles in assembling and maintaining [neural circuits](#), and how they are able to change their molecular identity to match their environment. To neuroscientists, the mystery has long been how they make this change.

In a new report in *Nature*, a team of researchers from the lab of Golub Family Professor of Stem Cell and Regenerative Biology Paola Arlotta and from the Stanley Center for Psychiatric Research at the Broad Institute of MIT and Harvard come closer to answering this question. The paper, published Wednesday, shows that microglia cells "listen in" to neighboring neurons and change their molecular state to match them.

"When they were first discovered, microglia were assumed to be simply scavengers, cleaning up cell debris and helping to fight off pathogens," said Jeffery Stogsdill, who led the study as a postdoctoral researcher in the Arlotta Lab. "Now we know that microglia can interact with neurons in very sophisticated ways that can affect neuron function."

This discovery could one day open the door for lines of research that can target the communications between microglia and their neuron partners with pinpoint accuracy (disorders like autism and schizophrenia arise when these communications between cells go awry).

"You would no longer have to treat, for instance, microglia as one blanket cell type when trying to affect the brain," Stogsdill continues.

"We can target very specific states, or we can target very specific subtypes of neurons with the ability to change specific states of microglia. It allows us to have high-level granularity."

The study provides unique insight into how different cell types work together in harmony.

"What we're discovering here are the rules by which different cell types in the brain talk to each other and influence each other to ultimately be able to do more together," said senior author Arlotta, an institute member at the Broad.

In the paper, the scientists describe how neurons train microglia to work with them when they first meet, early in the life of the brain. The group found that during the formation of the cerebral cortex—a part of the brain responsible for skilled motor function, sensory perception, and cognition—different types of neurons influence the number and molecular state of nearby microglia in their own unique ways.

"These different types of cortical neurons recruit different numbers of microglia," Stogsdill said. "They then pattern those microglia to tell them exactly what type they need to be."

The cerebral cortex is organized into layers with different neuron types residing in each one. The researchers used genetic profiling methods to examine the microglia in the different layers and discovered that microglia varied in number and molecular state depending on the layer where they were found. The team then changed the composition of neuron types in these layers and found that they could influence the distribution of the different microglial states. The microglia matched the types of neurons in the new locations, confirming that the neurons were influencing them.

The research team then built a molecular atlas that outlines the communication between neurons and microglia. The team analyzed their profiling data to find pairs of interacting proteins expressed by the different microglial states and their neuron partners. Such a molecular atlas could enable future research into the functional roles of these interactions and possible targets for therapeutic intervention. They plan to start by explaining exactly what the differences and functional distinctions are among the microglia in the different layers.

"We know that microglia can affect the function of the neural circuit, and now we know that neurons can recruit specific types of microglia to their neighborhood," Arlotta said. "It's a fascinating idea that [neurons](#) can reshape their environment to help fine-tune their own circuit function."

**More information:** Paola Arlotta, Pyramidal neuron subtype diversity governs microglia states in the neocortex, *Nature* (2022). [DOI: 10.1038/s41586-022-05056-7](https://doi.org/10.1038/s41586-022-05056-7).  
[www.nature.com/articles/s41586-022-05056-7](https://www.nature.com/articles/s41586-022-05056-7)

Provided by Harvard University

Citation: Study shows how microglia are prompted to change their state to adapt to different areas of the brain (2022, August 10) retrieved 26 April 2024 from <https://medicalxpress.com/news/2022-08-microglia-prompted-state-areas-brain.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
---