

Universal flu vaccine protects against variants of both influenza A and B viruses

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A new universal flu vaccine protects against diverse variants of both influenza A and B viruses in mice, according to a new study by researchers in the Institute for Biomedical Sciences at Georgia State University.

The researchers designed a single, universal influenza [vaccine candidate](#) with key cross-protective, less variable parts of the influenza A and B viruses: multi-neuraminidase protein subtypes known to be major antiviral drug targets and the universally conserved M2 ectodomain protein.

The findings, published in the journal *PLOS Pathogens*, report that mice vaccinated with an immune stimulating [virus](#)-like particle displaying multiple neuraminidase subtypes and conserved M2 portions of antigens (foreign proteins that induce immune responses) were protected against influenza A seasonal variants and pandemic potential viruses (H1N1, H5N1, H3N2, H9N2 and H7N9) and influenza B (Yamagata and Victoria lineage) viruses containing substantial antigenic variations.

Viral variants occur when flu pathogens change their major surface hemagglutinin [protein](#) that binds to host receptor molecules. Continuous mutational changes in the flu hemagglutinin proteins cause the emergence of variants that have escaped the host [immune system](#), leading to severe flu disease.

Current influenza vaccines are based on strain-specific immunity to hemagglutinin, a highly variable target of immune protection. Annual influenza vaccination is recommended, but the effectiveness of the seasonal [vaccine](#) is unpredictable and could be below 20% because of continuous changes in hemagglutinin proteins. Therefore, influenza remains a high risk to human health worldwide.

"We developed a single, universal vaccine entity that induced immunity to conserved M2 ectodomain and multi subtype neuraminidase proteins and was found to be effective in conferring broad cross protection against antigenically diverse influenza A and B viruses in young and aged mice," said Dr. Sang-Moo Kang, senior author of the study and a professor in the Institute for Biomedical Sciences at Georgia State. "This

study provides impactful insight into developing a universal influenza vaccine inducing broad immunity against both flu A and B variants in young and aged populations."

This study supports a novel strategy for creating a universal vaccine against influenza A and B viruses. A single construct displaying multiple cross protective proteins has the capacity to induce immunity to M2 and multi-subtype neuraminidase proteins of [influenza](#) A and B viruses, as well as offer broad cross protection against sickness and mortality under lethal flu virus challenges in mice, according to the study.

Vaccinating mice with this universal vaccine candidate induced broad neuraminidase inhibition, M2 ectodomain specific antibodies and T cell immune responses. Comparable cross protection was induced in aged [mice](#).

The study warrants further testing of this unique, universal vaccine candidate in ferrets, which have similar respiratory tracts to humans.

More information: Universal protection against influenza viruses by multi-subtype neuraminidase and M2 ectodomain virus-like particle, *PLoS Pathogens* (2022). [DOI: 10.1371/journal.ppat.1010755](https://doi.org/10.1371/journal.ppat.1010755)

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