

## Aussies urged to get COVID-19 booster before spring

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With winter now behind us, the Immunization Coalition is warning Australians who haven't yet had their COVID-19 booster vaccinations that COVID-19 is by no means over.

"This winter has been particularly brutal for many Australians with a severe flu season, and lots of different viruses circulating, including



RSV, and of course COVID-19," said Mr. Kim Sampson, CEO of the Immunization Coalition.

"As we head into the footy finals with large crowds of fans from across the country traveling and gathering it's important Australians don't delay protecting themselves and their loved ones by being fully vaccinated.

"All health care professionals at the forefront of the pandemic are acutely aware that COVID-19 has not yet run its course."

The Immunization Coalition is launching its "Take it From Me" campaign to encourage all Australians to see their GP or pharmacist to get up to date with COVID-19 booster doses.

The Australian Government data shows that only 71.6% of eligible Australians aged 16 and over have had three or more doses of COVID-19 vaccines.

"We want to increase the urgency to get vaccinated now, jolt the 'post-pandemic' mindset of vaccine-complacent Australians and give them compelling reasons to act," said Mr. Sampson.

"In a world where <u>social media</u> makes everyone look perfect, it's easy to forget that we're all just human and doing the best we can. Most of us are not perfect and forget important things that may be consequential, such as forgetting to get the next booster vaccination for COVID-19."

The Immunization Coalition, an independent not for profit organization, is the leading voice and champion for immunization education for all Australians and works with State and Federal Governments on <u>public</u> <u>health</u> and immunization related matters.

"It's not possible to predict the next wave of COVID-19, or what strain



of COVID-19 it will be," said Associate Professor Paul Griffin, Immunization Coalition Board Member and Associate Professor of Medicine and Director of Infectious Diseases at the University of Queensland and Mater Hospitals, South Brisbane.

"Nor can we predict the scale and severity of future waves of infection. If people are complacent and don't remain up to date according to current guidelines, thinking the vaccinations they have had are enough, then there's every chance that they will get infected, probably in the not-too-distant future.

"The best protection we have for ourselves and our loved ones is to stay up to date with booster vaccinations."

Professor Robert Booy, Immunization Coalition Board member and Professor of Child & Adolescent Health, The Children's Hospital at Westmead said there has been a very large increase in COVID-19 disease in Australia this year—including amongst children, with more than 80% of deaths from the disease overall occurring this year.

Of concern is that this year there has been nine reported deaths in children aged under five years.

"Vaccine uptake in school children is less than 60%," said Professor Booy. "Yet COVID-19 disease has been described as a generation-defining disruption to children who have been forced to forego large amounts of their education.

"Vaccines are available for high-risk children between the ages of 6 months and 5 years and are more widely available for <u>school children</u> in general."

He urged parents to make COVID-19 booster vaccinations a priority for



their children and themselves.

The Immunization Coalition said <u>health care professionals</u> around the country encourage Australians of all ages to visit their local GP or pharmacist to find out their latest immunization requirements, vaccination options and get vaccinated.

Together with their health care professional, people can choose the most suitable booster vaccine for them.

## Provided by Immunisation Coalition

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