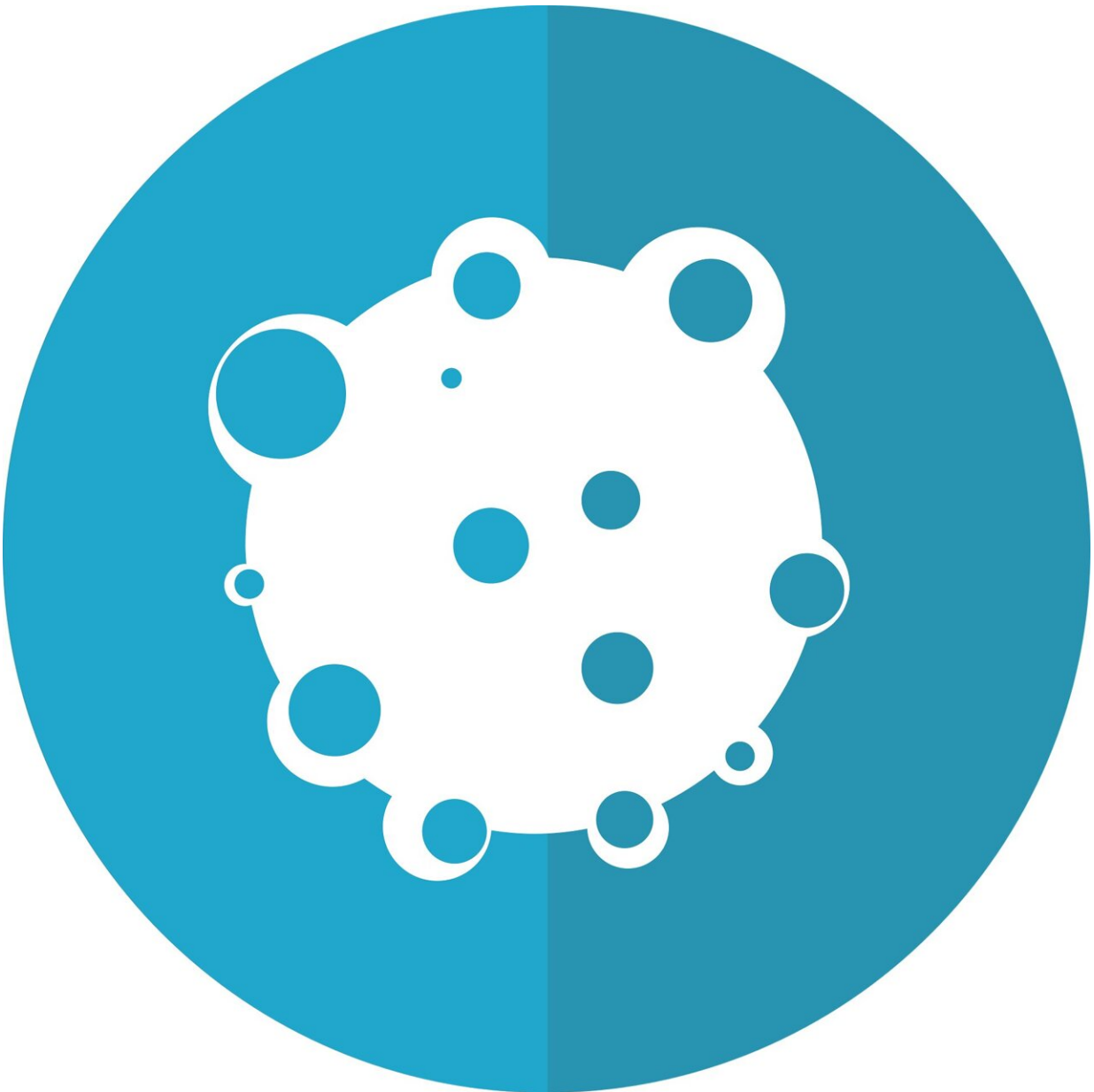


# Lower cancer screening rates differ by region, tied to social vulnerability

September 27 2022

---



Credit: Pixabay/CC0 Public Domain

Populations in U.S. counties defined as more vulnerable based on social factors including socioeconomic status and racial/ethnic minority status were significantly less likely to receive timely breast, cervical, and colorectal cancer screenings, according to research from UTHealth Houston.

The findings were published today in *JAMA Network Open*.

Disparities in [screening rates](#) were highly associated with a county's [social vulnerability index](#) (SVI)—a tool that uses U.S. Census data to determine social vulnerability at a county or census tract level. The SVI is calculated using factors such as [socioeconomic status](#), household composition, racial/ethnic minority status, housing type, transportation access, language barriers, and more among an area's population. The index score helps [public health officials](#) and local planners better prepare for and respond to emergency events like hurricanes and disease outbreaks, which disproportionately affect areas with higher SVIs.

The study was led by Cici Bauer, Ph.D., associate professor of biostatistics and [data science](#), and Ryan Suk, Ph.D., assistant professor of management, policy and [community health](#), both with UTHealth School of Public Health.

"We found that counties with higher SVI scores had significantly lower screening rates for all three types of cancer," Suk said. "These findings suggest that geographically targeted public health interventions could be further informed and improved by a composite measure reflecting the multidimensional measure of area-level social determinants of health."

Researchers discovered regional disparities in cancer screening rates at a county level across 3,141 U.S. counties, ranging from the lowest-performing county to the highest, including from 54.0% to 81.8% for breast cancer screening, from 69.9% to 89.7% for cervical cancer screening, and from 39.8% to 74.4% for colorectal cancer screening.

"Even though [cervical cancer screening](#) rates are high overall, that doesn't mean that is true everywhere," Suk said. "Some populations have very low uptake, while in other areas, the cancer screening rate is higher than the national target rate. That's why we have to focus on these differences by social determinants of health and not only overall average values."

The population-based, cross-sectional study used county-level information from the Centers for Disease Control and Prevention's PLACES and SVI data sets from 2018 for the counties. Analyses were conducted from October 2021 to February 2022.

Other key findings included:

- The likelihood of having a cancer screening in the most vulnerable counties (or, the highest fifth) compared with the least vulnerable counties (the lowest fifth) was 14% lower for breast cancer, 20% lower for cervical cancer, and 28% lower for colorectal cancer.
- Some other area-level factors, such as rural/urban status and healthcare access in the county, were also associated with cancer screening rates. However, these factors did not further explain the geographic variation of the cancer screenings and did not change the association between social vulnerability and cancer screening rates.

Generally, all three cancer screening rates were higher among counties

on the east and west coasts and lower in the South.

"Our study emphasizes the benefit of using geospatial analysis in population health for cancer research. It provides a powerful analytical tool to identify target areas for improving cancer prevention and reducing disparities," Bauer said. "It also provides a way to understand how various social determinants of health may impact the cancer-related outcomes."

Overall, colorectal [cancer](#) screening rates were low throughout the U.S., Suk said, meaning public health experts should emphasize the importance of these screenings on a broad scale.

Co-authors with UTHealth School of Public Health included Kehe Zhang, MPH; Qian Xiao, Ph.D., MPH; and Jiachen Lu, MS. Young-Rock Hong, Ph.D., MPH, with the University of Florida, also contributed.

**More information:** County-Level Social Vulnerability and Breast, Cervical, and Colorectal Cancer Screening Rates in the US, 2018, *JAMA* (2022). [DOI: 10.1001/jamanetworkopen.2022.33429](https://doi.org/10.1001/jamanetworkopen.2022.33429)

Provided by University of Texas Health Science Center at Houston

Citation: Lower cancer screening rates differ by region, tied to social vulnerability (2022, September 27) retrieved 3 May 2024 from <https://medicalxpress.com/news/2022-09-cancer-screening-differ-region-tied.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.