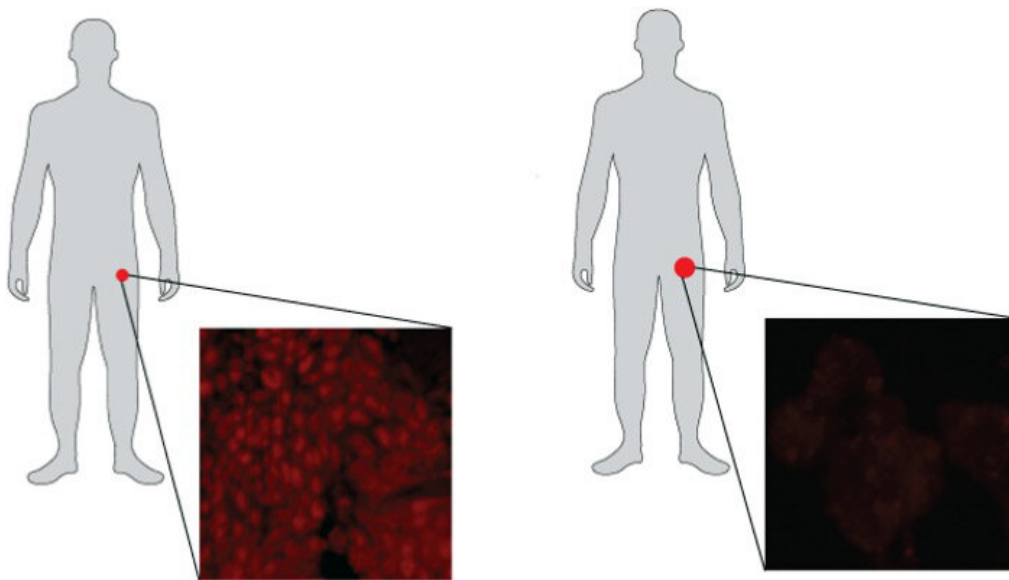


# Research suggests commonly used prostate cancer treatment rewires engine of prostate tumors

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In three of the 21 cases Joshi Alumkal and his team studied, the gene expression of the prostate tumors changed after receiving enzalutamide and no longer had the androgen receptor (shown in red) as an engine. Credit: Joshi Alumkal

Drugs like enzalutamide that inhibit male hormones from activating the androgen receptor have been used to treat advanced prostate cancer for

more than a decade. While successful in most cases, these drugs can eventually stop working, but there is a limited understanding about how this change occurs.

A new study from the University of Michigan Rogel Cancer Center suggests androgen receptor inhibitors can fundamentally rewire and reshape how prostate tumors function, and in certain cases even make them more aggressive. These findings will be published in *Nature Communications* on Sept. 15.

Male hormones function as fuel, turning on the androgen receptor that acts as the engine of prostate cancer cells. For the past 80 years, treatment for patients with [advanced prostate cancer](#) has focused on interfering with these hormone levels—now typically done through hormone lowering shots and drugs like enzalutamide. Eventually, nearly all tumors develop workarounds and escape treatment, and in most cases, tumors [remain dependent](#) on [male hormones](#) to power their growth. Other examples of treatment resistance remain poorly understood.

"The greatest unmet need in the clinic right now is understanding the workarounds in a tumor that becomes resistant to androgen receptor targeting drugs so we can determine how best to treat the patient whose tumor has begun to grow," said Joshi Alumkal, M.D., Wicha Family Professor of Oncology and Professor of Internal Medicine, whose team led this research in collaboration with the Zheng Xia laboratory at the Oregon Health & Sciences University Knight Cancer Institute. Thomas Westbrook, M.D., hematology-oncology fellow, was the study's co-first author along with post-doctoral fellow Xiangnan Guan, Ph.D. "Once enzalutamide stops working, there are limited options. We don't know how or why most tumors become resistant."

Alumkal wanted to understand what was present in these tumors to begin with and what happened after tumors started to grow on enzalutamide

treatment.

He and colleagues recruited patients to a [longitudinal study](#) to obtain metastatic biopsies before enzalutamide treatment and at the time the tumor became resistant to treatment. His team collected serial biopsies from 21 patients, enabling them to understand the workarounds in the tumor from each patient.

Alumkal says this is the largest collection of matched metastatic biopsies before and after enzalutamide. "To understand resistance to drugs, researchers often collect samples from some patients before treatment and from a different group of patients whose tumors are treatment resistant. However, that approach is much less precise because there could be other significant differences between those patients. You can't pinpoint if the differences have anything to do with drug exposure or have more to do with the tumors just being different to begin with."

Alumkal's sequential sampling method provided a much clearer picture of how enzalutamide resistance might emerge.

When they compared the baseline sample to the progression sample from the same patient, most tumors showed no significant gene expression changes. "That the gene expression program of a tumor prior to treatment looked very similar at progression while on enzalutamide is quite remarkable," Alumkal says. "It speaks to how well most of the tumors were able to adapt and keep the androgen receptor engine on despite enzalutamide treatment."

But that wasn't the only surprise.

In three of the 21 cases, Alumkal and his team saw a profound shift in the wiring—or gene expression program—of the tumors.

"We knew that sometimes tumors become fuel-independent and no longer rely on the androgen receptor. These tumors instead turn on a gene expression program more common in nerve cells, rather than prostate cells, and shift to an aggressive form called neuroendocrine prostate cancer."

But Alumkal found that in 15 percent of cases, the tumors also became fuel-independent for another reason. "These tumors were wired in a unique way and were most consistent with a subtype of prostate cancer called double-negative prostate cancer, meaning the tumors no longer had the androgen receptor as an engine. But they also did not become neuroendocrine prostate cancer."

Alumkal uses vehicles to describe this change.

"Initially, nearly all prostate tumors are gas guzzlers: very fuel dependent and powered by the androgen receptor as the engine. When treated with hormonal treatments, most tumors remain fuel-dependent but become more fuel efficient, able to go farther with less gasoline.

"Our work showed that the majority of the tumors—even after receiving enzalutamide—remain very fuel-dependent, which suggests that continuing to target the [androgen receptor](#) could make an enormous difference in these tumors," Alumkal continued.

Alumkal found that three tumors converted to become double negative prostate cancer—akin to an electric vehicle. "The gasoline engine was replaced by a completely distinct set of machinery that allowed tumors to grow and survive," Alumkal explained. The DNA mutations found in the baseline and progression biopsies from these converter tumors were the same, which strongly suggests that enzalutamide completely rewired the engine of the original fuel-dependent [tumor](#) to become fuel-independent at disease progression. "It's a dramatic shift to wrap your

head around."

Although the baseline tumors appeared similar under the microscope, Alumkal's team identified specific genes that were highly expressed in those that eventually became double negative prostate cancer. This result suggests that certain tumors exist in a hybrid state, initially dependent on fuel but at risk for becoming a fuel-independent double negative [prostate cancer](#) during enzalutamide treatment.

Alumkal says results from the sequential sampling method suggest that enzalutamide is causing tumors to adapt, in some cases dramatically.

Alumkal notes that the gene signature he identified is preliminary, and the team has more work to do. "Still, the fact that the DNA looks similar in the converters strongly indicates that enzalutamide is reprogramming tumors. We have more work to do, but it may be possible up-front to identify patients at greatest risk of having their [tumor](#) become fuel-independent after [treatment](#) with drugs like [enzalutamide](#)," he said.

**More information:** Transcriptional profiling of matched patient biopsies clarifies molecular determinants of enzalutamide-induced lineage plasticity, *Nature Communications* (2022). [DOI: 10.1038/s41467-022-32701-6](#)

Provided by University of Michigan

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