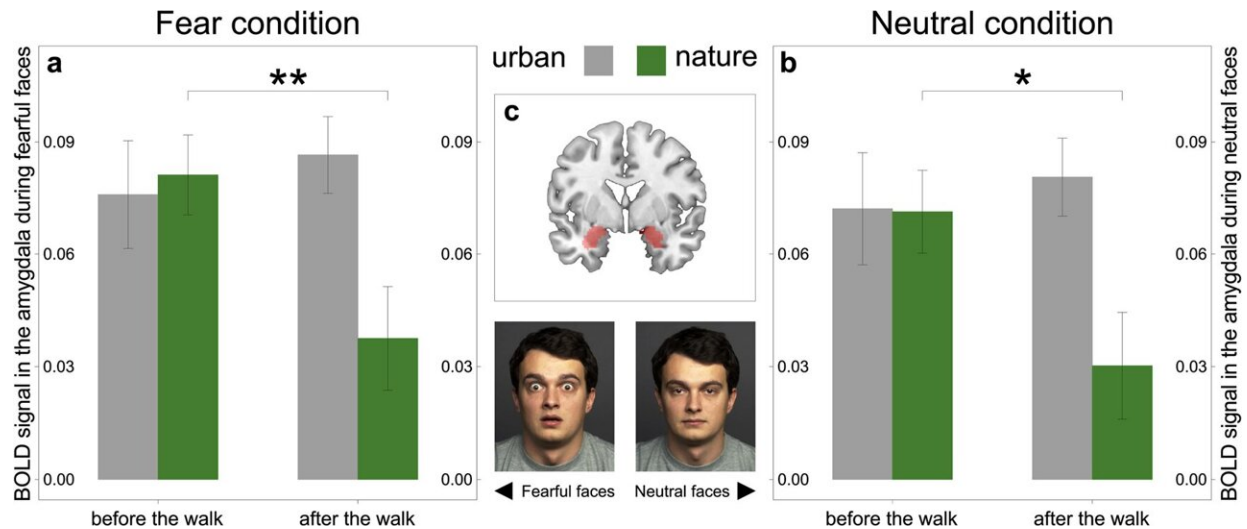


# How does nature nurture the brain?

September 6 2022, by Nicole Siller



Bilateral amygdala activity during the Fearful Faces Task before and after the walk in the urban and in the natural environment. a a Bilateral amygdala activity while watching fearful faces (Fear condition) decreased after the walk in the natural environment. b Bilateral amygdala activity while watching neutral faces (Neutral condition) decreased after the walk in the natural environment. c Region of interest, the bilateral amygdala as defined in Automated Anatomic Labeling Atlas 2. Bottom: Stimuli in the Fearful Faces Task showing fearful facial expression, within the Fear condition (left) and neutral facial expression within the Neutral condition (right). Note: BOLD stands for Blood-Oxygen Level-Dependent; Significant differences are indicated with asterisks (\*P

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