

Nurses remain passionate despite historical issues in need of reform

September 9 2022, by Gisele Galoustian



Credit: Alex Dolce

Cross Country Healthcare, Inc., a tech-enabled workforce solutions platform and advisory firm, announced its annual national survey of nursing professionals and students. Overall, [the study](#) revealed that

nurses remain passionate about patient care, citing helping people through meaningful work (66%) but highlighted areas of dissatisfaction and ongoing industry challenges, including pay rates/compensation (86%), staff shortages (53%), stress (39%) and burnout (35%) as the top career dissatisfiers facing the profession. The survey, conducted in collaboration with Florida Atlantic University's Christine E. Lynn College of Nursing, provides meaningful and actionable insights to equip health care facility leaders, academia, nursing students and professionals with the most pertinent issues challenging this occupation.

"Nursing is one of the most trusted professions in the world. A nurse is with you at all life stages—from birth to death and everything in between. They make life-changing decisions daily," said Hank Drummond, Ph.D., senior vice president and chief clinical officer. "This study allows us to check the pulse on today's challenges facing the profession and address them head-on by hearing their concerns and taking action."

Among other key findings:

- Student [nurses](#) reported they are most concerned about stress (45%), not enough staff to meet demand (35%) and feeling overworked (27%).
- Nearly one-third (28%) of nurses indicated their desire to leave the profession had increased dramatically since the pandemic, while those who said their desire to stay had increased since the pandemic dropped from 24% last year to 4% this year.
- Doing meaningful work, income and lifestyle are the main drivers for staying in the field. However, almost half (48%) of currently employed nurses said they would not become nurses again if they could talk to their former selves or did not know if they would.
- Thirty percent of nurses said they plan to work in the profession

for the foreseeable future, although 23% plan to look for a new career in one to two years and 13% plan to retire in one to five years.

"The results of our survey of nearly 2,000 employed and student nurses point to ongoing challenges that the profession faces, providing us with a roadmap to address their concerns with innovative strategies that meet the needs of the [nurse](#) and the health care system," said Safiya George, Ph.D., dean and professor at FAU's Christine E. Lynn College of Nursing.

Cross Country Healthcare is deploying strategies to transform the nursing profession, including an ongoing examination of pay rates and retention practices, identifying new pathways for education, licensing, and talent development, focusing on flexibility and growth opportunities and investments toward innovation to strengthen the nursing workforce.

"Nurses are passionate but exhausted, and there is room for meaningful changes. The demand for [patient care](#) is increasing exponentially," said Michael Skovira, chief medical officer at Cross Country Healthcare.

"We must change how we educate, train, hire, manage and treat our nurses. We have all the tools to start now, but we cannot implement these practices if we continue to blame the pandemic for a situation that has been growing for years. We need to come together as an industry and start now."

This [national survey](#), titled "The Future of Nursing: A Profession in Crisis," was conducted with 1,780 nursing professionals and students at healthcare and hospital facilities. The [online survey](#) was conducted between May 11 and June 24, in partnership with Florida Atlantic University's Christine E. Lynn College of Nursing.

Provided by Florida Atlantic University

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