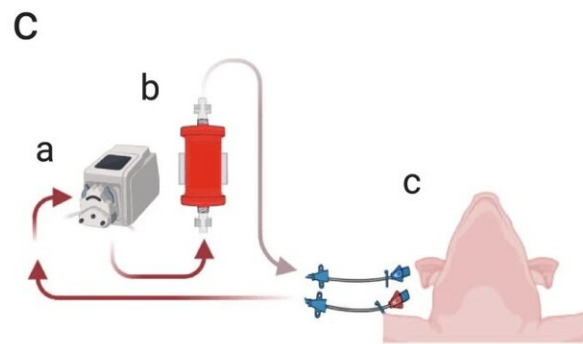
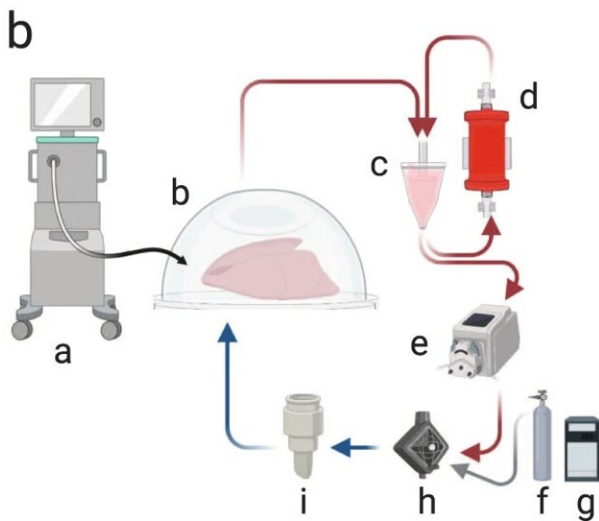
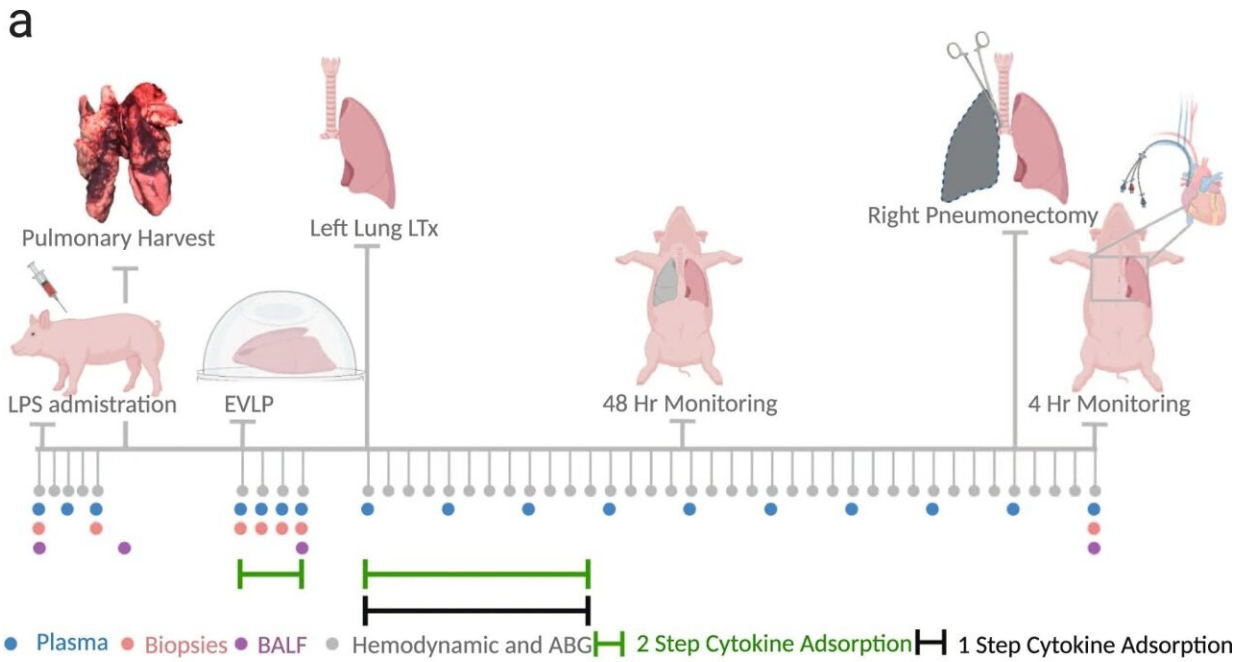


# New treatment could result in more donor lungs

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((a)) Timeline of lipopolysaccharide (LPS)-induced acute respiratory distress syndrome (ARDS) lung injury and lung recovery by therapeutic interventions during ex vivo lung perfusion (EVLP) and transplantation (LTx) follow-up. Sample collection, including, plasma, biopsies, bronchoalveolar lavage fluid (BALF), hemodynamic measurements and arterial blood gases (AGB) and differential treatment regimens are indicated. Pulmonary harvest was conducted after confirmation of ARDS and the lungs were then placed on EVLP. The recipient was monitored for 48 hours after left lung transplantation and a mid-sternotomy followed by a right pneumonectomy in the last four hours allowed for isolated monitoring of the transplanted lung. A Swan-Ganz catheter was also placed in this monitoring period. ((b)) Setup of cytokine adsorption during EVLP. A mechanical ventilator (a) was connected to the lungs in the dome (b). Flow of perfusate continued into the reservoir (c) which fed into the cytokine adsorber (d) that then directed adsorbed perfusate back into the reservoir. Flow continued as per established methodology using a peristaltic pump (e) into a deoxygenator (h) connected to a gas supply (f) and heater (g). Following the leukocyte filter (i), the perfusate returned to the lungs. ((c)) Setup of cytokine adsorption post-transplantation. A veno-venous shunt using a hemodialysis catheter was inserted into the jugular vein. This facilitated flow through a pump (a) that was in line with the cytokine adsorber (b). After adsorption, flow returned to the circulation via the hemodialysis catheter in the jugular vein. Credit: *Nature Communications* (2022). DOI: 10.1038/s41467-022-31811-5

A large number of donated lungs cannot be used for transplantation. Researchers at Lund University in Sweden and Skåne University Hospital have conducted an animal study, bringing hope that more donor lungs could be used in the future. The researchers have launched a pilot study to investigate whether the treatment will have the same positive effects on human beings.

About 190 organs are donated in Sweden every year. Due to injuries to the lungs, only about 30% of them can be used for transplantation. Adding to that, the mortality rate is high: about half of the patients pass

away within five years of transplant.

"The results from our study indicate that a certain treatment can help us use a larger part of a donor [lung](#), and that there is an improved outcome during the first two days after surgery," says Sandra Lindstedt, senior consultant in [thoracic surgery](#) at Skåne University Hospital and adjunct professor at Lund University.

In their study on pigs, the researchers investigated the effects of reducing the levels of cytokines in lungs. Cytokines are small proteins that are produced by specific cells of immune system.

The function of the lungs was reduced before transplant so that the lungs developed [acute respiratory distress syndrome](#) (ARDS). By doing this, the lungs acquired injuries similar to those of [donor lungs](#) in humans. In ten cases the donor lung was treated—either before and after transplant or only after transplant. Six cases composed a control group and were not given any treatment.

"The results show that the lung function was restored to a higher capacity than before thanks to the reduced levels of cytokines. We could also see that the lungs were functioning better after the transplant and that complications during the first 48 hours after transplant was reduced," says Lindstedt.

About 50 to 60 lung transplants are performed each year at Skåne University Hospital in Lund and Sahlgrenska University Hospital in Gothenburg. The hope is that the number will increase thanks to the new treatment.

"This will not work on all donor lungs but if we can use it on some of the donor lungs that are discarded today, it could be of great significance for patients on the waiting list for a [transplant](#). We hope to create the needed

prerequisites to save more patients," Lindstedt says.

To be able to conduct the study, a special unit was created within the Department of Cardiothoracic and Vascular Surgery, Anesthesia and Intensive Care at Skåne University Hospital. The unit brought together all the competencies needed for the study.

"This study would not be possible without the great efforts of different clinical specialties, such as thoracic surgeons, anesthesiologists, perfusionists, operating room nurses and anesthesiology nurses."

The study results, which are published in *Nature Communications*, are the basis of a newly started clinical pilot study.

"We have started to include the first patients in the [pilot study](#) at Skåne University Hospital in Lund. The whole study consists of 20 transplants, half of which will be treated to reduce the cytokine levels, and the rest will be treated in the conventional way. If we get positive results, we will expand the study and include 120 transplants nationally," Lindstedt concludes.

**More information:** Haider Ghaidan et al, Reduction of primary graft dysfunction using cytokine adsorption during organ preservation and after lung transplantation, *Nature Communications* (2022). [DOI: 10.1038/s41467-022-31811-5](https://doi.org/10.1038/s41467-022-31811-5)

Provided by Lund University

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