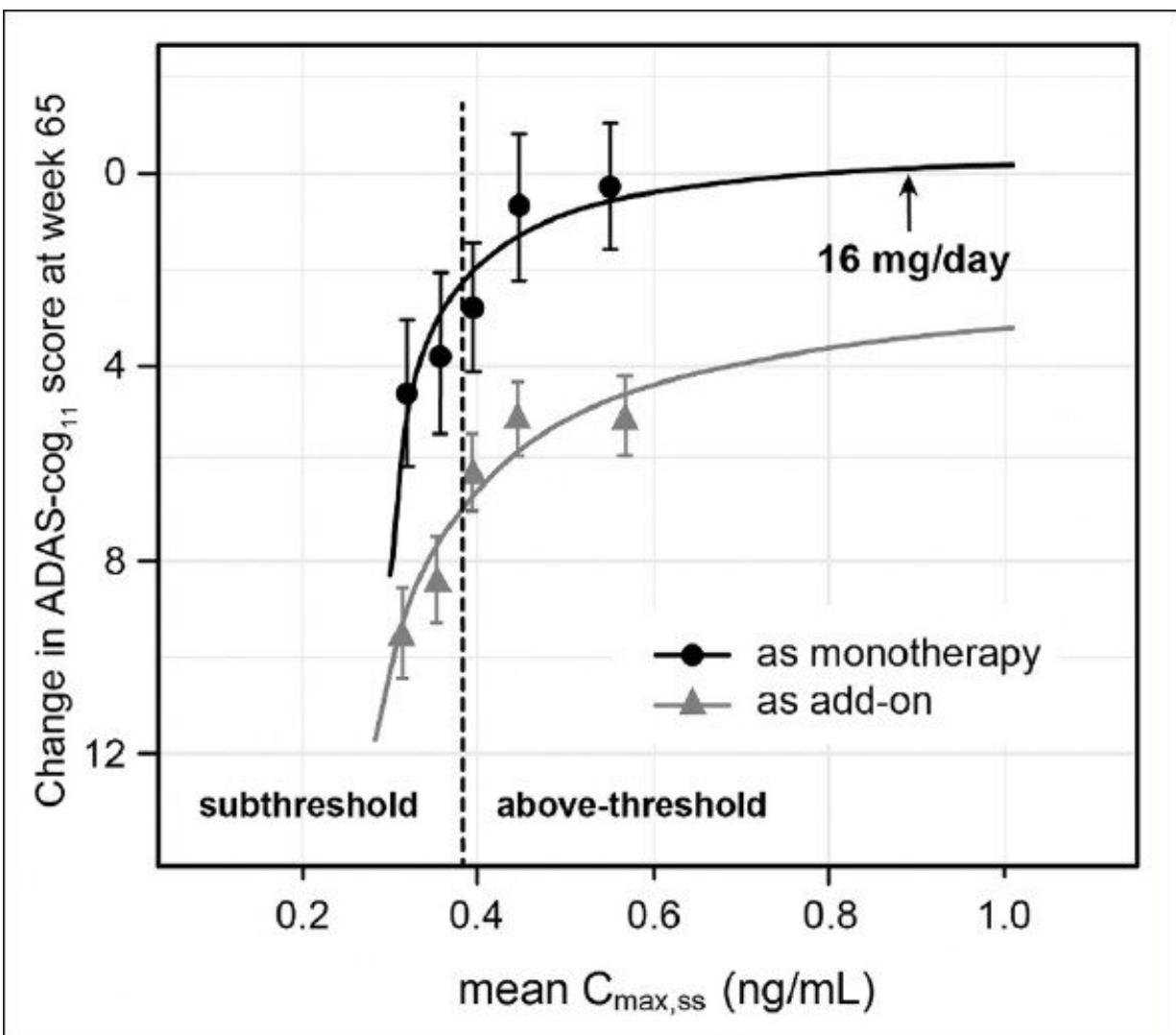


Alzheimer's drug trial shows 'evidence of sustained improvement'

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Relationship between steady-state plasma levels of hydromethylthionine and decline on the ADAS-Cog₁₁ scale over 65 weeks in 566 participants receiving hydromethylthionine mesylate at 8 mg/day (100 as monotherapy, 466 as add-on)

to standard AD symptomatic drugs) in completed Phase 3 trials TRx-237-015 and TRx-237-005). Patient groups with subthreshold and above-threshold exposure to hydromethylthionine mesylate 8 mg/day were defined based on the lower calibration limit of the assay (0.373 ng/mL, dotted line). The predicted mean C_{max, ss} and change in ADAS-cog₁₁ for participants receiving hydromethylthionine mesylate 16 mg/day is shown, based on pharmacokinetic modeling described previously (18). AD = Alzheimer's Disease; ADAS-Cog₁₁ = Alzheimer's Disease Assessment Scale-Cognitive subscale (11-item); C_{max, ss} = steady state maximum plasma concentration. Credit: *The Journal of Prevention of Alzheimer's Disease* (2022). DOI: 10.14283/jpad.2022.63

Almost four decades ago the University of Aberdeen's Chair in Mental Health (Clinical), Professor Claude Wischik, made a breakthrough in discovering that the neurofibrillary "tangles" associated with Alzheimer's disease were made of a tau protein.

He has dedicated his research since to developing treatments to target and "dissolve" these tangles, which he believes hold the key to slowing or even halting the debilitating symptoms of Alzheimer's that impact the lives of millions of people around the world.

This initial research, which began while Professor Wischik was at Cambridge, continued when he moved to the University of Aberdeen in 1997 and five years later a company, TauRx Therapeutics, was spun out of the University to translate the promising research to the clinic.

The company, under the leadership of Professor Wischik, continued to focus on tau-based research in Alzheimer's, in contrast to many other research approaches to the disease which focus on [amyloid plaques](#)—the second lesion found in the brains of Alzheimer's patients. It continues to partner with the University of Aberdeen, with primary research facilities and operations based in Aberdeen and the company headquarters in

Singapore.

On October 6, TauRx announced the results of a phase 3 clinical trial, known as LUCIDITY.

The trial compared the outcomes of people with varying stages of Alzheimer's disease given the company's oral drug Hydromethylthionine mesylate (HMTM)—a potent inhibitor of Tau aggregation pathology—against those given a comparator (MTC), together with comparisons against historical controls and other available benchmark data.

TauRx reports that:

- For people with early Alzheimer's (MCI), HMTM treatment resulted in sustained improvement in cognition over pre-treatment baseline, and normalization of brain atrophy to a rate similar to healthy individuals
- For people with mild to moderate Alzheimer's, HMTM stabilized cognition and function and reduced rate of brain atrophy compared to historical matched individuals with AD

TauRx asserts that:

- For the first time, data from the LUCIDITY trial has provided evidence of sustained improvement at an early clinically detectable stage of AD and stabilization of disease progression at more severe stages.
- The data suggests that Tau is a viable first-line target for treatment, consistent with the evidence that Tau pathology begins at least 20 years before clinical symptoms appear.
- For patients, it means the possibility of intervention at an early stage, before the onset of the cognitive and [functional decline](#)

that lead to loss of independence.

On the outcome of the current data analysis, Professor Wischik explains, "This is the first time any treatment has produced evidence of sustained improvement over the individual's own pre-treatment baseline lasting 18 months at an early clinically detectable stage of Alzheimer's disease (AD), and stabilization of disease progression at more severe stages.

"The results in AD confirm published findings from two earlier HMTM Phase 3 trials. The availability of an accessible oral treatment which does not require expensive monitoring over routine clinical care opens up an opportunity to intervene before the onset of the cognitive and functional decline that lead to loss of independence.

"Tau pathology of the disease is now recognized as an important target for treatment, and it is encouraging that cognitive improvement is seen at such an early stage of the disease with a drug targeting Tau. The field has focused mainly on amyloid as a target for early intervention. Our data are consistent with the evidence that Tau pathology begins at least 20 years before clinical symptoms appear and is a viable first-line target for treatment."

The trial reported no treatment-related serious adverse events or evidence of amyloid related imaging abnormalities (ARIA).

TauRx will now use the data from the trial to support regulatory submissions. To assist with next stages, it has appointed strategic regulatory advisors in the U.K., U.S. and Canada. TauRx plans to submit HMTM for regulatory approval in the U.K., U.S. and Canada in 2023, with other territories to follow.

The findings will also be presented at the Clinical Trials in Alzheimer's Disease (CTAD) conference on Wednesday November 30, 2022, in San

Francisco.

Further details of the Phase 3 trial

Hydromethylthionine mesylate (HMTM) is a potent inhibitor of Tau aggregation pathology which is taken orally. The Phase 3 LUCIDITY study compared HMTM 16 mg/day with methylthioninium chloride (MTC) given at a dose of 4 mg twice weekly, the minimum required to prevent bias arising from potential urinary discolouration. The study was conducted in 598 patients with AD severity ranging from Mild Cognitive Impairment (MCI) through to the moderate stage of disease.

TauRx has completed the first 12-month double-blind phase of the trial. The second 12-month open label period is ongoing, during which all participants receive HMTM 16 mg/day. All participants were required to have a positive amyloid-PET scan and not to be taking standard symptomatic treatments for AD.

Of those receiving MTC 4 mg twice weekly, the majority were unexpectedly found to have blood levels of active drug above the threshold needed to produce a clinical effect. In the absence of a true placebo, the trial as designed could not determine outcomes on primary clinical endpoints relative to a therapeutically inactive placebo as prespecified. In light of the evidence now available, TauRx does not believe that a valid blinded placebo-controlled trial of HMTM with clinical endpoints is technically feasible. TauRx has therefore analyzed the data in terms of the relationship between blood concentration of drug and treatment effect, change from pre-treatment baseline, and comparisons against historical controls available from closely matched data from the Alzheimer's Neuroimaging Initiative (ADNI).

The overall baseline MMSE score was 21 for the study population spanning MCI through to moderate disease. There was minimal decline

over the first 12 months in participants receiving the 16 mg/day dose on both coprimary cognitive and functional endpoints (1.3 ADAS-cog11 units and -1.0 ADCS-ADL23 units). The expected decline over 12 months in an untreated population would be approximately 5 units on both scales.

In the 105 participants with MCI (baseline MMSE score 23) receiving the 16 mg/day dose, there was statistically significant cognitive improvement of 2 units over the pre-treatment baseline at 6 months ($p=0.0002$), 12 months ($p=0.0391$) and 18 months ($p=0.0473$) on the ADAS-cog13 scale. The mean change on the instrumental activities of daily living subscale of ADCS-ADL also remained above the pre-treatment baseline at 6, 12 and 18 months.

In the 147 participants with mild to moderate AD (baseline MMSE 20) receiving 16 mg/day, there was a 2.5 unit cognitive decline in the first 9 months and no further decline over the following 9 months. The functional decline on the ADCS-ADL scale was -2 units at 12 months and -3 units at 18 months representing a reduction in decline of about 75% relative to a published meta-analysis of publicly available placebo decline data from historical trials in mild to moderate AD.

Statistically significant reductions in disease progression as measured by change in cognitive function ($p=0.0008$) and brain atrophy (p

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