

# Dissemination of bone metastasis linked with bone remodeling

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Years to decades after breast tumors have been removed, cancer may return or metastasize in other organs. Bone is frequently affected by metastasis and in the current study published in the journal *Cancer Discovery*, a team led by researchers at Baylor College of Medicine shows in an animal model that the initiation of bone metastasis is coupled with the normal bone repair process. The findings offer new

directions for future studies to prevent tumor recurrence.

"As cancer progresses, a few cells may leave the primary tumor and travel to the [bone](#), but we still don't completely understand what determines the fate of these cells—we call them metastatic seeds," said corresponding author Dr. Xiang H.-F. Zhang, William T. Butler, M.D., Endowed Chair for Distinguished Faculty and interim director of the Lester and Sue Smith Breast Center at Baylor.

Many metastatic seeds will die while others may remain inactive, and the patient will be asymptomatic after the [primary tumor](#) has been removed, Zhang explained. "But in a substantial number of patients the cancer comes back after some time," said Zhang, a professor of molecular and cellular biology, a McNair scholar and a member of the Dan L Duncan Comprehensive Cancer Center at Baylor.

Research has begun to unveil the events that might trigger the awakening of dormant metastatic seeds. Previously, Zhang and his colleagues observed that metastatic seeds tend to concentrate where osteogenic cells are located. Osteogenic cells carry out the process of building new bone.

The bone is a very dynamic organ. It is remodeled every day. If there is a bone fracture, the process is even more dramatic. Injured bone is broken down and new bone grows to repair the injury.

"Seeing that metastatic seeds reside next to osteogenic cells made us wonder whether there could be a relationship between bone metastasis and bone repair," Zhang said.

Working with a mouse model, the team investigated the effect of triggering the bone repair process on bone metastasis. They found that activating the process resulted in significantly more metastases. Furthermore, they discovered a subset of bone stem cells that express the

marker NG2, called NG2-positive (NG2+) cells.

These cells, which have long been known to drive normal bone turnover, seem to be directly involved in the awakening of metastatic seeds. The researchers showed that when they genetically removed the NG2 marker from these cells, there were fewer metastases.

"Before bone repair is triggered, say by an injury, both [cell types](#), NG2+ and [cancer cells](#), are dormant. But when the bone needs to be repaired, there is a signal that triggers bone turnover," Zhang said.

NG2+ stem cells sense this signal and respond by migrating to the place where bone needs to be rebuilt and differentiating into cells that conduct the repair. "Interestingly, we discovered that cancer cells can physically adhere to the NG2+ cells via cell adhesion molecules," Zhang said.

These findings suggest that cancer cells may "ride" NG2+ cells, which would carry them to remodeling sites where, taking advantage of the differentiation and migration processes, they may transform from dormant to actively dividing cancer cells that may give rise to new tumors.

"This work opens new ways of thinking about how to prevent bone metastasis," Zhang said. "The cancer cells are already in the bone but interfering with their association with NG2+ cells may one day help to stop or control bone metastasis."

**More information:** Weijie Zhang et al, Bone metastasis initiation is coupled with bone remodeling through osteogenic differentiation of NG2+ cells, *Cancer Discovery* (2022). [DOI: 10.1158/2159-8290.CD-22-0220](#)

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