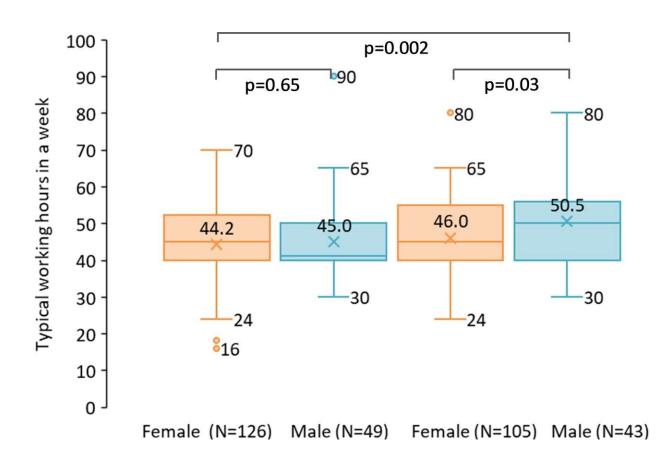


## Filling data gaps: Gender equity in academic rheumatology

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Typical self-reported working hours in a week by role and gender, EULAR and EMEUNET members, 323 responses. The box and whisker chart shows distribution of data into quartiles: the top of the boxes indicates the upper quartile, the bottom of the boxes indicates the lower quartile, the lines extending vertically indicate variability outside the upper and lower quartiles, the dots outside those lines indicate outliers, the Xs inside the boxes indicate the mean values and the horizontal lines inside the boxes indicate the median values. EMEUNET, Emerging EULAR Network. Credit: *RMD Open* (2022). DOI:



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Evidence on gender equity in academic rheumatology in Europe is currently limited. This knowledge gap has a direct effect on the ability of professional bodies to improve gender equity.

To address this, EULAR—the European Alliance of Associations for Rheumatology—designed a study using web-based surveys to collect information from EULAR scientific member society leaders, EULAR and Emerging EULAR Network (EMEUNET) members, and EULAR Council members. Responses were analyzed based on the male/female gender of the respondents.

The results indicated that there were disproportionately fewer women in academic rheumatology than in clinical rheumatology. Furthermore, women tended to be under-represented in senior academic roles. From 324 responses of EULAR and EMEUNET members in 24 countries, there appeared to be no gender differences in terms of peoples' leadership aspirations, self-efficacy in <u>career advancement</u>, work–life integration, or the share of time spent on research.

However, gender differences became apparent for working hours, and levels of perceived gender discrimination or sexual harassment. For example, 38% of women had experienced gender discrimination in their professional careers in the past five years, compared to just 13% of men.

Out of 26 factors that could impact career advancement, there were gender differences observed in the ranking of over a quarter of the items. These included societal issues such as the provision of maternity/paternity leave, but also professional factors such as gendered norms and behaviors within rheumatology, and the visibility of suitable



role models.

Furthermore, when looking at a set of potential interventions to aid career advancement, there were gender differences apparent in one in three of the factors. These included gender-balanced committees and editorial boards, as well as policies on gender-based funding and pledges for no male-only panels.

These findings are novel in the context of rheumatology in Europe—but similar to previous research undertaken to examine the institutional culture in medical schools in the United States.

The data collected will inform a new EULAR task force in developing a framework of potential interventions to accelerate gender equitable career advancement of rheumatologists, <u>health professionals</u>, and non-clinical scientists in academic rheumatology. The aim is to develop a framework of interventions to help achieve gender-equitable career advancement within academic rheumatology.

The research is published in RMD Open.

**More information:** Pavel V Ovseiko et al, Gender equity in academic rheumatology, current status and potential for improvement: a cross-sectional study to inform an EULAR task force, *RMD Open* (2022). DOI: 10.1136/rmdopen-2022-002518

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