

New tool helps primary care providers address chronic pain and opioid prescribing

October 3 2022

1000	🐑 💭 Chart Review at FOLD 🖏 Rooming 💽 Notes 😏 Plan 😵 Wrap-Up Guidelines Ortonic Pain Chard Sheet		al a una
SO 🤶	Chronic Pain OneSheet	Navigation Headers	
	Pain-Related Diagnoses Opioid Ru/Benzo Rx RX Morphine Equiv Quick Orders Appt Hx Contents	INSPECT PEO Scale Opals UDS Drug Confirm	don Urine UDS Tx Tracker
Sarah Opioid	Pain-Related Diagnoses	Open INSPECT	
ale. 34 y.o., 8/6/1986 MRN: 100000970	Patient has the following qualifying diagnoses	INSPECT /	
: Prior (no ACP docs)	Other chronic postprocedural pain + 5/12/2020	🗐 PEG - Pain, Enjoyment, General Activity 🖉	
-h	Pain-Related Diagnoses & Medications		
lic Pain OneSheet	D obioio to otor seuroparteline to	+ new reasons	
t Practice	Prescription Medications as of 6/16/2020 in/DRDcodore-softaminophen (RORCO) 5-125 mg Take 1 tablet by mouth every 6 han hours at needed topin.	Pain. Enjoyment.	& General Activities
s recourse on one cate me	per tablet) Scores
dvisory	Clinic-Administered Medications as of 6/16/2020 codered tablet 30 mo 30 mo crail Every 4 hours PRN, May cause dreasteres.	PEG Scale (FEG	Jocores
(BPA)	source sources as my subscription must say cause domainers.	Ang pain past week (8 Norek - 10 Total)	
sive Alert	Opioid Rx Morphine Equivalence for Patient	Enjoyment affected (0 None - 10 Total) Arthdy affected (0 None - 50 Total)	
UR LAST VISIT	Outpatient Morphine Equivalent Dally Dose (MEDD)	PEO Some	2.67
its ults	6/16/20 and after V 47 mg MEDD	Patient Goals /	
5		Patient Goals >	
al Cancer Screening: Pa	▼ Follow-up Quick Orders / O	Search for new goal (Add	
na Control Test	Consulting (1)	View, Updat	e, and Set Goals
OBLEM LIST ronic pain	() Quick Orders Cotagos A	3 Notes	
noglobin	Quick Orders		
timulant dependence oxication, unspecified ICC)	UDS, naloxone, opioid alternatives, and referrals to MAT	Reduce stress	4 Assessment
dependence.	or other services	and the second resides in	
uncomplicated (DKS/HCQ) And Benitation (BKS/HCQ) Redominal pain	Order Officer Services	sarah's pain goal.	+ Assessment
	Crider Do Soit Ceder 🖒 Ambulatory referral to Integrative Pain	😽 Notes Be pain free in order to do	
	Order Do Sea Or Ser 💭 Ambulatory referral to Midtown/Psychiatry	YOGA 3 times a Week	+ Assessment
	Order Do Not Order () Ambulatory referral to Neurology	1 Create Notes	
	Order Do Net Order () NALOXONE 4 MG/ACTUATION NASL SPRY	Urine Drug Screen, 11 Panel	
	Order Do test Order 🕥 acetaminophen (TYLENOL) tablet 325 mg	Last Resulted Components	
	12 Alcost	Urine Drug	screen (UDS)
	Appointment History	Last resulted components	mation results
	Appointment History	No lab results found.	
	≪ E-signature Consents /	Tramadol and metabolites, urine	
	New document time Add Consent Form MyChart Proxy Form	Last Resulted Components	
	COVID19 Universal ICU Procedure Consent	No lab results found.	
	E-Consents and Treatment Agreements		
	Controlled Substance Treatment Agreement and Informed Consent	Treatment Tracker 🖋	
	① No documents found	Treatment Helpful Medications (Oral)	Detall
	Use the buttons above to create a document		ent Tracker
		Complete Reviewing and documenting patient's response to	
		Acupuncture Yes No Maybe 7	
			n interventions
		Massage Ves No Maybe	
		Mindfulness/Meditation Yes No Maybe	
		the major	
		Chilopractor Yes No. Maybe	
		Speciality Services	
		Speciality Services	
		Specialty Services Hypical Theory Yes No Maybe Pain Specialist Yes No Maybe	
		Speciality Services Physical Therapy Yes No Maybe	
		Specialty Services Hypical Theory Yes No Maybe Pain Specialist Yes No Maybe	



Screenshot of OneSheet, annotated. © 2022 Epic Systems Corporation. Credit: *JAMIA Open* (2022). DOI: 10.1093/jamiaopen/ooac074

The Chronic Pain OneSheet, a clinical decision support tool developed by the Indiana University Richard M. Fairbanks School of Public Health, is now available for all primary care providers this month at Eskenazi Health.

Designed to help <u>primary care providers</u> treat <u>patients</u> with chronic pain, OneSheet aggregates all relevant pain-related information in one place in a patient's electronic health record.

"This tool allows clinicians to quickly access key information and take clinical action for patients with chronic pain," said Dr. Olena Mazurenko, co-principal investigator and associate professor of health policy and management at the Fairbanks School of Public Health. "For the first time, in one place, clinicians can review a patient's chronic pain history, treatment plans, treatment-related risks, outcome and goals."

Previously, providers had to toggle between multiple sections of a chart to assess this information while talking to a patient.

OneSheet makes it easier to safely prescribe opioids. A quick orders section of the tool allows providers to prescribe Naloxone or make referrals to specialists. Another section links directly to Indiana's Prescription Drug Monitoring Program (INSPECT), which transfers data into <u>electronic health records</u> and pharmacy management programs.

"Providers can easily evaluate risk by viewing <u>pain</u> related medications, diagnoses and urine drug screens and confirmation results all on one screen," said Mazurenko.



A provider can create an opioid treatment agreement with OneSheet for the patient and provider to sign together. The treatment tracker also suggests non-opioid treatments.

"Managing <u>chronic pain</u> is complicated enough already," said Dr. Ellen Fan, family medicine specialist at Eskenazi Health Center. "A centralized convenient resource makes a world of a difference—in helping clinicians find relevant information, provide appropriate care, and educate patients about tools to reach their treatment goals."

The tool was developed in collaboration with Wake Forest University researchers and Eskenazi Health <u>clinicians</u> in 2018. After a draft of the OneSheet was launched in 2019, the research team conducted a randomized control trial to implement the tool from October 2020 to May 2022.

Recently, the research team detailed their efforts at building and launching the tool in the journal *JAMIA Open*.

More information: Nate C Apathy et al, Assessing the use of a clinical decision support tool for pain management in primary care, *JAMIA Open* (2022). DOI: 10.1093/jamiaopen/ooac074

Provided by Indiana University

Citation: New tool helps primary care providers address chronic pain and opioid prescribing (2022, October 3) retrieved 4 May 2024 from <u>https://medicalxpress.com/news/2022-10-tool-primary-chronic-pain-opioid.html</u>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.