

Internal medicine physicians call for improved access and quality in health care for incarcerated patients

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Adequately funded policies and procedures are needed to reduce health care disparities in access to, and quality of, health care for the U.S. jail and prison population says the American College of Physicians (ACP). "Health Care During Incarceration: A Policy Position Paper of the American College of Physicians" details recommendations to improve the health and well-being of individuals incarcerated in adult correctional facilities. The paper is published in *Annals of Internal Medicine*.

ACP's recommendations include adequate funding for, and timely access to, necessary health care services that are evidence-based and meet community standards. They also recommend measures to ensure adequate nutrition; opportunity for physical activity; smoke-free policies and smoking cessation interventions; and access to recommended preventive health services.

ACP further calls for policies to adequately treat both chronic noncommunicable diseases and <u>infectious diseases</u>. This should include infectious disease prevention and control programs developed with public health authorities. In addition, all persons entering correctional facilities should be screened for substance use disorders and behavioral health conditions and provided with treatment if necessary. ACP also supports policies that promote the treatment of patients with substance use disorders as an alternative incarceration.

The paper also details recommendations for population segments within correctional facilities. This includes recommendations for how to better meet the needs of incarcerated women; LGBTQ+ patients; aging patients and those living with disabilities or life-limiting illnesses; and immigrant populations.

Lastly, the paper details how health care needs must be included in community re-entry planning for individuals who are released from jail or prison, so that they are able to continue to access <u>health care</u> and



social services once they return to their communities. ACP specifically makes recommends for policies that would help to facilitate or reinstate state Medicaid enrollment.

More information: Health Care During Incarceration: A Policy Position Paper From the American College of Physicians, *Annals of Internal Medicine* (2022). DOI: 10.7326/M22-2370

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