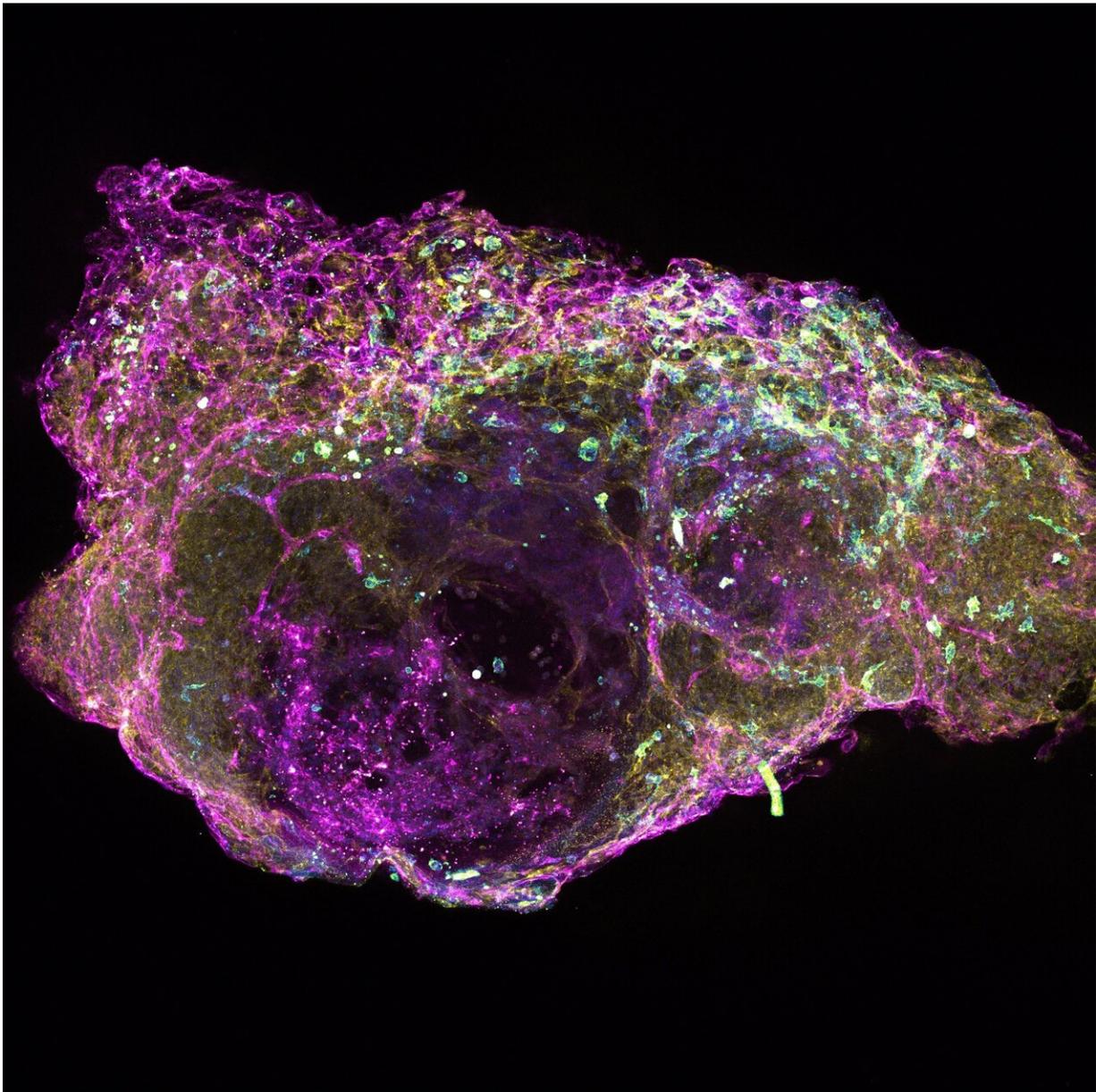


# Researchers make miniature 'bone marrows in a dish' to improve anti-cancer treatments

November 15 2022

---



A cross section of a mini bone marrow organoids showing cells that produce blood platelets, in a network of blood vessels. Credit: Dr A Khan, University of Birmingham

Scientists from Oxford University and the University of Birmingham have made the first bone marrow "organoids" that capture the key features of human bone marrow. This technology, which is the subject of a patent application filed by University of Birmingham Enterprise, will allow for the screening of multiple anti-cancer drugs at the same time, as well as testing personalized treatments for individual cancer patients.

A study, published in the journal *Cancer Discovery*, describes the new method, which results in an organoid that faithfully models the cellular, molecular and architectural features of myelopoietic ([blood](#) cell producing) [bone](#) marrow.

The research also showed that the organoids provide a micro-environment that can accept and support the survival of cells from patients with blood malignancies, including multiple myeloma cells, which are notoriously difficult to maintain outside the human body.

Dr. Abdullah Khan, a Sir Henry Wellcome Fellow at the University of Birmingham's Institute of Cardiovascular Sciences and first author of the study, said, "Remarkably, we found that the cells in their bone marrow organoids resemble real bone marrow cells not just in terms of their activity and function, but also in their architectural relationships—the cell types 'self-organize' and arrange themselves within the organoids just like they do in human bone marrow in the body."

This life-like architecture enabled the team to study how the cells in the

bone marrow interact to support normal blood cell production, and how this is disturbed in bone marrow fibrosis (myelofibrosis), where [scar tissue](#) builds up in the bone marrow, causing bone marrow failure. Bone marrow fibrosis can develop in patients with certain types of blood cancers and remains incurable.

Senior study author Professor Bethan Psaila, a hematology [medical doctor](#) as well as a research Group Leader at the Radcliffe Department of Medicine, University of Oxford, said, "To properly understand how and why blood cancers develop, we need to use experimental systems that closely resemble how real human bone marrow works, which we haven't really had before."

"It's really exciting to now have this terrific system, as finally, we are able to study cancer directly using cells from our patients, rather than relying on animal models or other simpler systems that do not properly show us how the cancer is developing in the bone marrow in actual patients."

Dr. Khan also added, "This is a huge step forward, enabling insights into the growth patterns of cancer cells and potentially a more personalized approach to treatment. We now have a platform that we can use to test drugs on a 'personalized medicine' basis."

"Having developed and validated the model is the first crucial step, and in our ongoing collaborative work we will be working with others to better understand how the [bone marrow](#) works in healthy people, and what goes wrong when they have blood diseases."

Dr. Psaila added, "We hope that this new technique will help accelerate the discovery and testing of new blood [cancer](#) treatments, getting improved drugs for our patients to clinical trials faster."

**More information:** Abdullah O. Khan et al, Human bone marrow organoids for disease modelling, discovery and validation of therapeutic targets in hematological malignancies, *Cancer Discovery* (2022). [DOI: 10.1158/2159-8290.CD-22-0199](https://doi.org/10.1158/2159-8290.CD-22-0199)

Provided by University of Birmingham

Citation: Researchers make miniature 'bone marrows in a dish' to improve anti-cancer treatments (2022, November 15) retrieved 9 May 2024 from <https://medicalxpress.com/news/2022-11-miniature-bone-marrows-dish-anti-cancer.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.