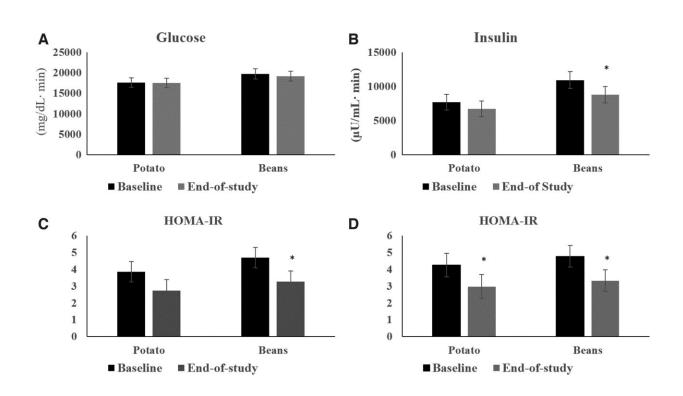


## **Potatoes can be part of a healthy diet**



November 17 2022

Observed least squares mean and SE in the area under the curve for (A) serum glucose (B) serum insulin, \*P = .034; (C) intent-to-treat analysis of HOMA-IR at baseline and after 8 weeks, \*P = .017. Potato versus Beans, P = .715. (D) Completers analysis of HOMA-IR at baseline and after 8 weeks, \*P

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