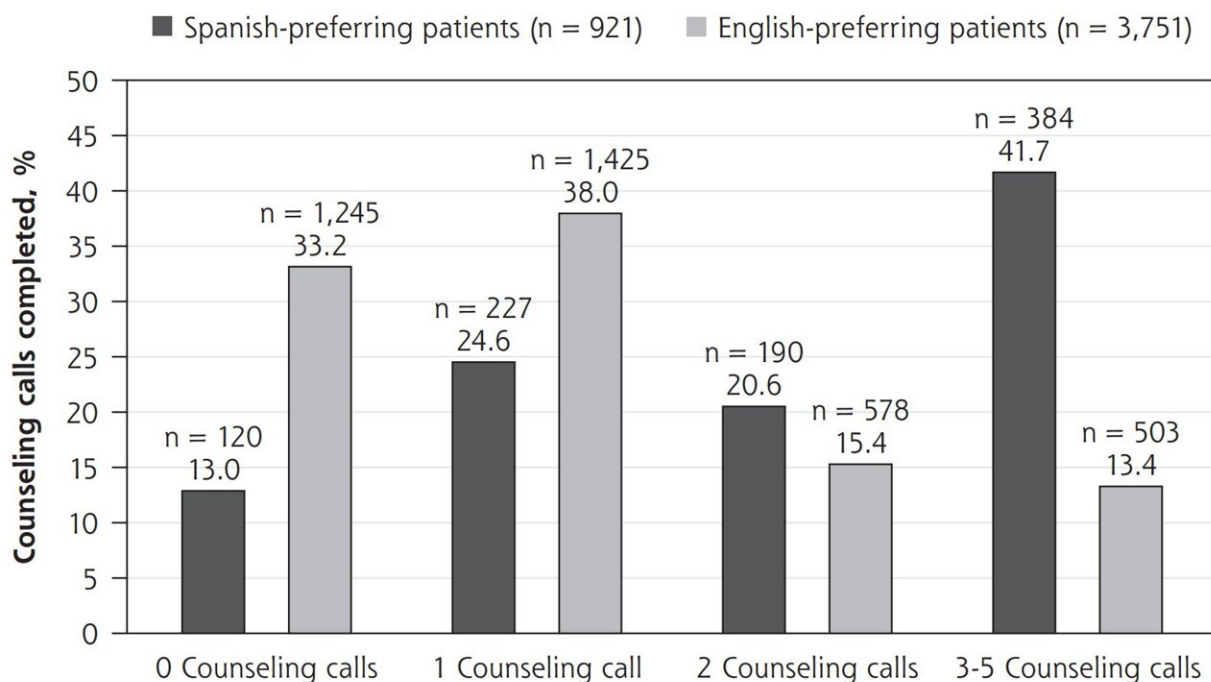


# Telephone-based smoking quitline can serve as a successful treatment option for Spanish-speaking patients

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Quitline treatment engagement by language preference. Credit: *The Annals of Family Medicine* (2022). DOI: 10.1370/afm.2878

Researchers conducted a study examining the differences in smoking treatment between Spanish- and English-speaking primary care patients linked with evidence-based tobacco treatment using Ask-Advise-

Connect (AAC). Researchers compared enrollment, engagement and smoking cessation outcomes.

Patients who received [treatment](#) in Spanish (vs. English) were twice as likely to be abstinent at six months. Receipt of nicotine replacement therapy (NRT) increased abstinence for all patients.

Language was not a factor in predicting abstinence through the use of NRT. The authors assert that automated point-of-care approaches such as AAC have great potential to reach Spanish-preferring smokers, who seem to appreciate treatment by those who speak the concordant language.

The research was published in *The Annals of Family Medicine*.

**More information:** Bethany Shorey Fennell et al, Ask-Advise-Connect: Differential Enrollment and Smoking Cessation Outcomes Between Primary Care Patients Who Received Quitline-delivered Treatment in Spanish versus English, *The Annals of Family Medicine* (2022). [DOI: 10.1370/afm.2878](https://doi.org/10.1370/afm.2878)

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