

Young cancer survivors face elevated risk of developing cardiovascular disease, but factors that may impact this risk

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Adolescent and young adult (AYA) cancer survivors are at risk of experiencing treatment-related effects later in life, including damage to the heart. New research has identified various sociodemographic and modifiable risk factors associated with these patients' risk of developing

cardiovascular disease (CVD). The findings are published by Wiley online in *Cancer*.

The study by investigators at Duke University and The University of Texas MD Anderson Cancer Center relied on 2009–2018 data from the National Health Interview Survey, which collects information on a broad range of health topics through personal interviews of US households. Responses from 4,766 AYA [cancer survivors](#) and 47,660 controls (without a history of cancer) were included.

The risk of CVD was significantly higher in survivors than controls by sex, race/ethnicity, income, education, smoking status, and [physical activity](#). Also, household income

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