

High drug prices are not justified by industry's research and development spending, argue experts

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High drug prices are not justified by industry's spending on research and development (R&D), argue experts in *The BMJ* today.



Aris Angelis and colleagues point out that from 1999 to 2018, the world's 15 largest biopharmaceutical companies spent more on selling, general, and administrative activities (which includes marketing) than on R&D and that most new medicines developed during this period offered little or no clinical benefit over existing treatments.

By refocusing their spending, they say <u>drug companies</u> "could provide more innovative drugs at affordable prices" and they call for government action to encourage research and development oriented to public health priorities.

Concerns over the prices of new medicines have been growing over the past decade, they write. In the US, estimated net prices of newly launched <u>prescription drugs</u> increased from an average of around \$1,400 a year in 2008 to over \$150,000 a year in 2021, and even old and common drugs have seen inexplicable price increases in recent years.

The biopharmaceutical industry has long argued that <u>high prices</u> are needed to sustain R&D for new medicines. And while the authors acknowledge that there are large financial risks associated with bringing new medicines to market, they say analysis of <u>drug</u> company spending relative to products raises questions about this claim.

For example, publicly available financial reports from 1999 to 2018 show that the 15 largest biopharmaceutical companies had total revenues of \$7.7tr. Over this period, they spent \$2.2tr on costs related to selling, general, and administrative activities and \$1.4tr on R&D.

Most of the same companies also spent more buying their own stocks, a practice known as share buybacks, than on R&D during this period, note the authors, which raises questions about commitments to truly valuable and risky biopharmaceutical research.



The justification of high drug prices to offset R&D spending also ignores the sizeable public investments in <u>drug discovery</u> and development, they add. This means that society is potentially paying twice for new drugs, first in the form of publicly subsidized research and second through high product prices.

What's more, most new drugs provide little or no added clinical value, they explain.

For instance, in the 1970s and the 1980s, around 1 in 6 (16%) new drugs approved by the FDA offered important therapeutic gains. Yet analyses of drug evaluation reports by health technology assessment bodies in France and Germany in the 2010s suggest that most new drugs offer little or no added clinical value, with only a fraction offering important or major improvements.

Angelis and colleagues acknowledge that, on the positive side, most products under development during 1997-2016 targeted novel mechanisms of action, but say there has also been a shift in focus from blockbuster drugs, typically targeting <u>chronic diseases</u> and sold in high volumes globally, to "nichebuster" drugs targeting <u>rare diseases</u> or narrow indications for which high prices can be charged.

"Given the amount spent on non-research and development activities and that most new drugs add little or no therapeutic value, in theory the biopharmaceutical industry could generate more medically valuable innovation with its existing resources," they say. "This is unlikely to happen, however, without government intervention or regulation along the lifecycle of new medicines."

As such, they argue that governments, <u>policy makers</u>, drug regulators, health technology assessment bodies, and payers "need to re-think the incentives for valuable biopharmaceutical innovation, creating policy



and regulatory environments that will meet public health objectives."

"The world needs a truly value based health-industrial ecosystem for incentivising and rewarding improvements in health outcomes and population health throughout the lifecycle of <u>new medicines</u>," they conclude.

More information: Aris Angelis et al, High drug prices are not justified by industry's spending on research and development, *The BMJ* (2023). DOI: 10.1136/bmj-2022-071710

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