

U.S. opioid crisis best viewed as a connected ecosystem

March 16 2023



Credit: CC0 Public Domain

The nation's opioid crisis, which kills thousands of Americans annually, is best viewed as an ecosystem where all parts of the vexing problem are interconnected, underscoring the need for holistic solutions that address

the broad needs of those battling addiction, their families and the communities where they live, according to a new report from the nonprofit RAND Corporation.

Too often different actors in the ecosystem focus primarily on addressing just one part of the problem, with each component of the system having its own priorities and initiatives that may not adequately consider other aspects of the opioid crisis.

For example, it is very common for people to encounter barriers to treatment and other services as they leave jail or prison. And poor information gathering has hampered policymakers' ability to understand how different parts of the ecosystem interact and how that interaction affects people passing through parts of the ecosystem.

Researchers say the 600-page report can help policymakers appreciate how one component of the opioid ecosystem may have a major impact on opioid-related outcomes in other components. And the report identifies new policy opportunities that require interacting with or reducing barriers among multiple components in the ecosystem.

"Moving away from siloed thinking and adopting an ecosystem approach will help significantly reduce problems related to [opioid addiction](#), overdose, suffering, and other harms and help mitigate the harmful consequences of future [drug](#) problems," said Bradley D. Stein, co-editor of the report and a senior physician policy researcher at RAND, a nonprofit research organization. "Understanding the nature of the opioid ecosystem is an important step for decisionmakers working to address the ongoing crisis."

The number of people overdosing and dying from illicit drugs in the U.S. has grown rapidly since 1979, now reaching more than 100,000 annually. About 75% of those deaths involve the use of opioids, and the vast

majority of those are linked to illegally manufactured fentanyl and other synthetic opioids.

But the problems are broader and deeper than drug fatalities. Reliable information is lacking about the number of individuals actively using illicit drugs and those with [substance use disorders](#). Although most people who use drugs do not die, there can be myriad physical, [mental health](#), and societal consequences associated with being addicted to drugs.

And it is not just those with addictions who suffer, researchers say. Their substance use and related behaviors can significantly affect their families, friends, employers and wider communities. Having a loved one suffer from addiction can bring with it substantial health and financial costs.

The new RAND report outlines how to view the opioid crisis as an ecosystem where components interact directly and indirectly. People who use opioids and their family members are at the center, with 10 interrelated systems, agencies and sectors making up the outer components.

Those components are first responders, harm reduction, health care, education, child welfare, employment, substance use disorder treatment, illegal supply and supply control, criminal legal system, and income support and homeless services.

The analysis identifies opportunities at the intersections of the ecosystem's components and highlights other cross-sector initiatives that could mitigate the harmful effects of opioids. This comprehensive view recognizes how decisions made in one part of the ecosystem can have major effects in others—sometimes helpful, sometimes harmful and sometimes unanticipated.

"The contribution of the work is to convey that policies and tactics for addressing problems related to opioids have to be considered within the context of the larger ecosystem—approaches that make sense in one part of the ecosystem can have negative or unintended consequences in others," said Beau Kilmer, co-editor of the report and codirector of the RAND Drug Policy Research Center.

For example, the report suggests policymakers consider revising policies that now make it harder for people with drug convictions to access social services such as nutritional assistance and public housing. Those rules were put in place, at least in part, to discourage people from using [illicit drugs](#).

While stability in a person's life often promotes reduced drug use and better treatment outcomes, people may be excluded from some types of housing if they have a criminal record for a nonviolent, low-level drug offense. So rethinking rules that create these types of exclusions may help people with opioid use disorder to establish more-stable lives and increase the chance they stay safe, according to the report.

"There is considerable uncertainty and hesitancy regarding the introduction of some new interventions," said Stein, who directs the RAND-USC Schaeffer Opioid Policy, Tools, and Information Center. "But we need to be creative in our response because our traditional methods for responding to drug crises appear unlikely to significantly reduce the death toll."

While multiple commissions, task forces and research teams have worked to reduce the harms associated with opioids, the RAND report extends that work across several important dimensions.

The analysis considers in more detail the specific ways in which the opioid crisis affects systems that are less commonly considered, such as

the child welfare and education systems. It also considers how policies in those systems may affect systems more commonly considered, such as the health care, harm reduction, criminal/legal and substance use disorder treatment systems.

"New ideas are desperately needed, whether they're public policies, technologies or criminal legal strategies," Kilmer said. "Continuing to treat fentanyl and other opioids just like previous drug problems will likely be insufficient and may condemn thousands more to early deaths. We needed this response years ago—but there's still time to get it right and save lives."

The project includes an online tool that allows users to explore 41 policy ideas, ranging from supporting families with a loved one suffering from opioid disorder to investing in data systems needed to monitor [opioid](#) problems and measure the effectiveness of policy interventions. The tool allows users to sort proposals by government sector and topic of the [policy](#).

More information: The report, "America's Opioid Ecosystem: How Leveraging System Interactions Can Help Curb Addiction, Overdose, and Other Harms Volume," is available at www.rand.org.

Provided by RAND Corporation

Citation: U.S. opioid crisis best viewed as a connected ecosystem (2023, March 16) retrieved 3 May 2024 from <https://medicalxpress.com/news/2023-03-opioid-crisis-viewed-ecosystem.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.
