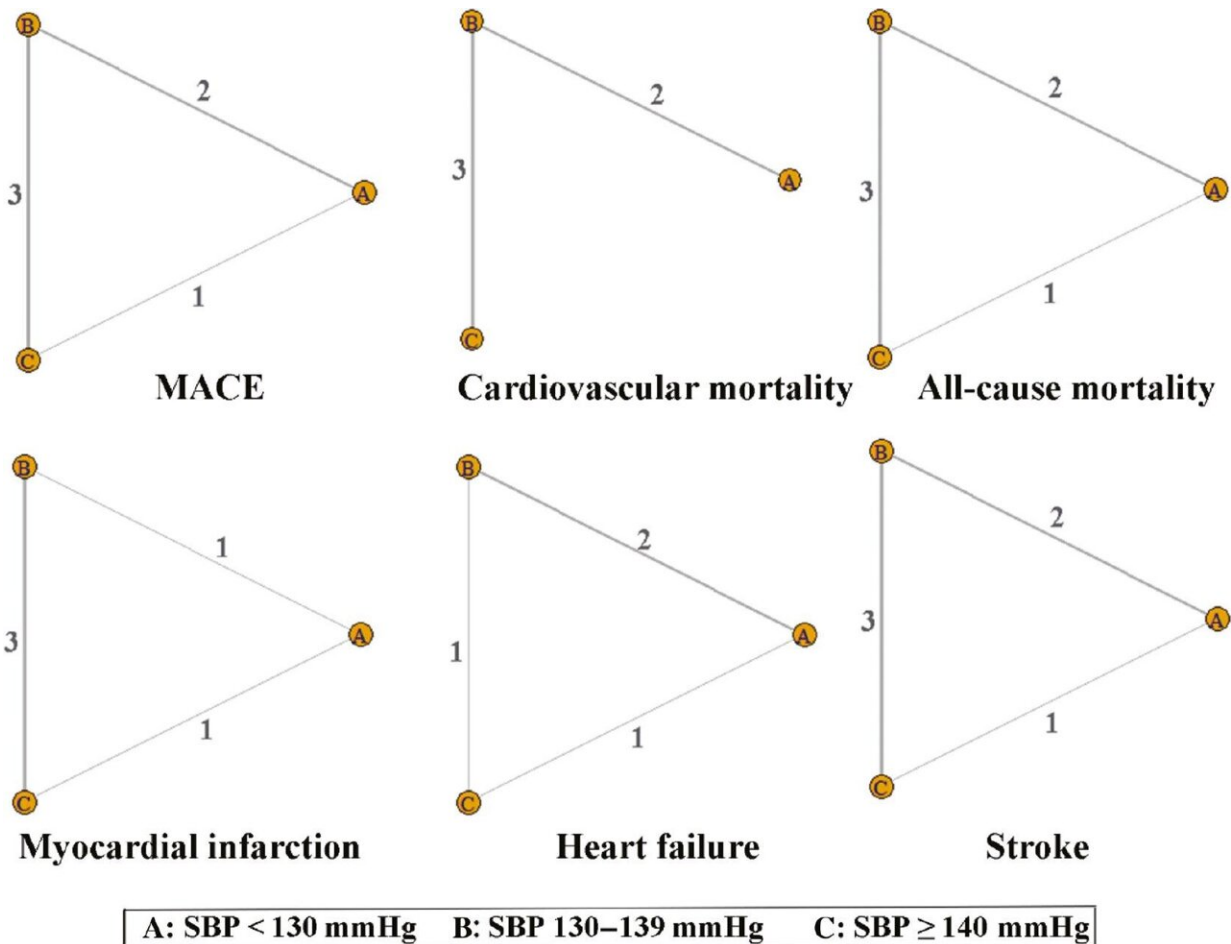


# Optimal blood pressure control target for older patients with hypertension

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Evidence Network of Eligible Comparison for the Mixed Comparison Meta-Analysis. The cumulative number of enrolled studies for each direct comparison was indicated by the numbers by the lines. Credit: *Cardiovascular Innovations and Applications* (2023). DOI: 10.15212/CVIA.2023.0008

A new study published in the journal *Cardiovascular Innovations and Applications* evaluated the optimal systolic blood pressure (SBP) target for older patients with hypertension.

A Bayesian network meta-analysis was conducted. The risk of bias of the included studies was assessed by using a modified version of the Cochrane risk of bias. The trial outcomes comprised the following clinical events: major adverse cardiovascular events (MACE), [cardiovascular mortality](#), all-cause mortality, [myocardial infarction](#), [heart failure](#) and stroke.

A total of six [trials](#) were included. All treatment therapies were reclassified into three conditions according to the final achieved SBP after intervention (

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