

# Four in 10 psoriasis patients report high shared decision-making

April 13 2023, by Lori Solomon

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Less than half of psoriasis patients report high levels of shared decision-

making, according to a study published online April 1 in the *Journal of the American Academy of Dermatology*.

Danielle Yee, M.D., from the Keck School of Medicine at the University of Southern California in Los Angeles, and colleagues used [data](#) from the 2014 to 2017 and 2019 Medical Expenditure Panel Survey to assess the association between shared decision-making and satisfaction with care among a weighted total of 3.7 million psoriasis patients.

The researchers found that the average shared decision-making score was 3.6 out of 4, and the average satisfaction with care score was 8.6 out of 10. Roughly four in 10 participants reported having high shared decision-making (score of 3.9 or higher). When adjusting for covariates, patients who had high shared decision-making had, on average, 85 percent higher satisfaction with care.

"It is important to construct a framework for carrying out shared decision-making with psoriasis patients to enhance clinician-patient communication and improve patient outcomes," the authors write. "Future studies are needed to identify how shared [decision-making](#) can best be implemented within dermatology and how it can impact clinical outcomes."

One author disclosed financial ties to the [pharmaceutical industry](#).

**More information:** Danielle Yee et al, Shared Decision-Making and Satisfaction with Care in Psoriasis Patients: A Population-Based Study in the United States, *Journal of the American Academy of Dermatology* (2023). [DOI: 10.1016/j.jaad.2023.03.039](https://doi.org/10.1016/j.jaad.2023.03.039)

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Citation: Four in 10 psoriasis patients report high shared decision-making (2023, April 13)  
retrieved 24 April 2024 from

<https://medicalxpress.com/news/2023-04-psoriasis-patients-high-decision-making.html>

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