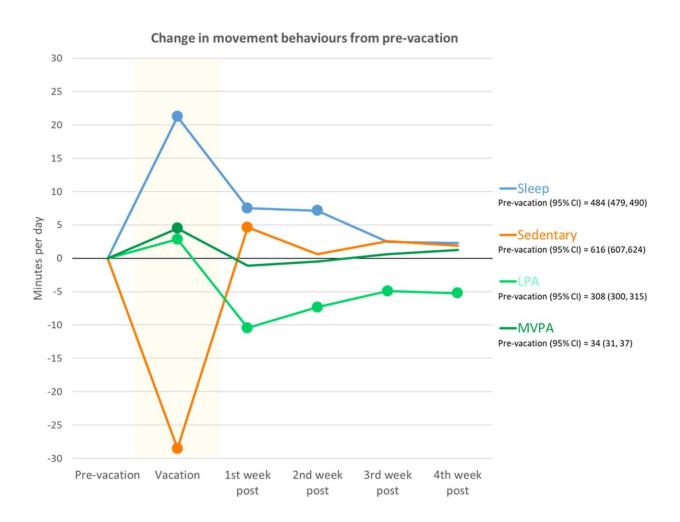


Time out: We all need a three-day weekend, say health researchers

April 13 2023



Change in movement behaviors from pre-vacation. Figure notes: • = significant change from pre-vacation (p

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