

Study highlights need for expanded application of prism adaptation treatment for spatial neglect

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An individual with post-stroke spatial neglect wears prism goggles for a session of prism adaptation treatment. Credit: Kessler Foundation



A team of rehabilitation researchers has discovered that prism adaptation therapy (PAT) is as beneficial for treating right-sided spatial neglect as left-sided spatial neglect in a cohort of individuals with stroke and traumatic and non-traumatic brain injuries. These novel findings and their clinical implications are reported in the *Archives of Rehabilitation Research and Clinical Translation*.

Spatial neglect, a disorder of spatial cognition commonly experienced by individuals with acquired- or traumatic-brain injury, increases the risks for prolonged hospitalization, injuries, poor motor recovery, and discharge to long-term care facilities. Left-sided spatial neglect is well recognized and known to respond to prism adaptation treatment (PAT). However, little is known about PAT's effectiveness for individuals with right-sided spatial neglect.

Using a clinical dataset from an implementation project, researchers performed a retrospective case-matched study, analyzing data for 4,256 patients collected from 16 inpatient rehabilitation facilities across the United States from April 2016 to December 2020. The Kessler Foundation Neglect Assessment Process (KF-NAP) and the Functional Independence Measure (FIM) were used to assess the impact of PAT (Kessler Foundation Prism Adaptation Treatment/KF-PAT) on spatial neglect and general functional performance, respectively.

Of the 59 pairs matched 1:1 for right-sided and left-sided neglect based on neglect severity, number of PAT sessions (minimum of three sessions), overall function at admission, and age, complete data were analyzed for 36 matched pairs.

"We found no significant differences in FIM gain between matched pairs," said lead author Dr. Rich, associate research scientist in the Center for Stroke Rehabilitation Research at Kessler Foundation.



"This suggests that after three or more sessions of PAT, patients with right-sided neglect experience improvements similar to those with left-sided neglect in general functional independence. In fact, comparing KF-NAP scores showed that patients with right-sided neglect achieved greater improvement in neglect symptoms after PAT, indicating that they might derive even greater benefit from this intervention than those with left-sided neglect."

The study acknowledges certain limitations, such as the lack of controlled conditions inherent in the use of clinical data, possible variance in the way PAT was conducted among clinicians, and lack of neuroimaging or detailed lesion data. Despite these limitations, this study supports the potential benefits of PAT as an intervention for <u>patients</u> with right-sided spatial <u>neglect</u>. Further research is warranted to confirm these findings through a prospective, randomized controlled design.

More information: Timothy J. Rich et al, Prism Adaptation Treatment for Right-Sided and Left-Sided Spatial Neglect: A Retrospective Case-Matched Study, *Archives of Rehabilitation Research and Clinical Translation* (2023). DOI: 10.1016/j.arrct.2023.100263

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