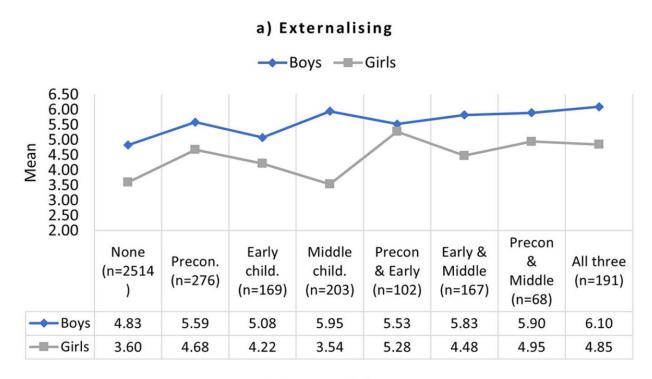


Prolonged intimate partner violence can put children at risk

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b) Internalising

→ Bovs — Girls

Mean externalizing (a) and internalizing (b) scores for boys and girls, by timing of IPV exposure across the early life course (N = 3,697). Note. IPV = intimate partner violence. Credit: *Journal of Interpersonal Violence* (2023). DOI: 10.1177/08862605231174505

A University of Queensland study has found a child's repeated exposure



to Intimate Partner Violence (IPV) puts them at higher risk of behavioral problems.

IPV is a pattern of behavior between adults that includes physical, sexual, psychological violence and threats of violence which can have <u>negative impacts</u> on children who witness it.

Dr. Katrina Moss from UQ's School of Public Health said researchers examined the IPV experiences of 2,163 mothers born between 1973–1978 using data from the Australian Longitudinal Study on Women's Health (ALSWH). The paper is published in the *Journal of Interpersonal Violence*.

"We looked at three time points, pre-conception, when their child turned one, and again when the child was 4," Dr. Moss said.

"We then linked reports of child behavioral problems to 3,697 eight-yearolds which showed 32% had been exposed to IPV, and of these, 45% were repeatedly exposed."

The study found the number of exposures was more important than when it occurred in a child's life, with the risk of behavior problems increasing on each occasion.

"It's clear that IPV exposure is bad for a child at any time, but it's worse the more times it happens," Dr. Moss said.

"We also found middle childhood, between 3 and 6 years, was a critical time for internalizing problems in boys who were particularly vulnerable to IPV exposure during that time."

Between 30% and 50% of women and 25% of children in Australia will experience IPV.



Dr. Moss said up to two-thirds of children exposed to it will have poorer outcomes than their peers.

"It can cause behavioral problems in children, which may be internalized through anxiety, fear, depression, and withdrawal, or externalized with <u>aggression</u>, hyperactivity, impulsivity, drug use, and attention problems," Dr. Moss said.

"Problem behaviors in <u>early childhood</u> can establish poor developmental pathways which lead to aggression in <u>middle childhood</u> and crime in adolescence.

"The sooner we detect IPV and intervene, the better it is for children and parents. A reduction in the length of time a child is exposed to IPV will lessen the negative impacts on their behavior."

More information: Katrina M. Moss et al, Does Timing Matter? Associations Between Intimate Partner Violence Across the Early Life Course and Internalizing and Externalizing Behavior in Children, *Journal of Interpersonal Violence* (2023). DOI: 10.1177/08862605231174505

Provided by University of Queensland

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