

# Fluoride levels in water usually reach target level

June 6 2023, by Elana Gotkine

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Fluoride levels in water usually reach the target of 0.7 mg/L and rarely

exceed the safety standard of 2.0 mg/L, according to research published in the June 2 issue of the U.S. Centers for Disease Control and Prevention *Morbidity and Mortality Weekly Report*.

Noting that [water](#) systems should target a level of 0.7 mg/L and maintain levels  $\geq 0.6$  mg/L to provide the benefits of community water fluoridation, Theresa J. Boehmer, from the CDC in Atlanta, and colleagues analyzed monthly data from the CDC Water Fluoridation Reporting System for water systems that added fluoride during 2016 to 2021.

The researchers found that 16.3 percent of the population-weighted monthly fluoride measurements (person-months) during 2016 to 2021 were

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