

Female genital cutting remains a taboo subject in Pakistan, preventing real progress from being made

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Female genital cutting is a [secretive](#) and largely invisible practice in Pakistan.

The experiences of [survivors](#) are the only sources of information we have to understand its prevalence. There are no [national statistics](#) or governmental efforts to counter the practice or this [lack of awareness](#). Open conversations are difficult because women's bodies are treated as a source of [shame or taboo](#).

My [research](#) has found we must understand female genital cutting from a Pakistani perspective and work towards bridging the knowledge gap through increased data collection and encouraging greater dialog with survivors.

Otherwise, Pakistan risks being left behind in achieving one of the United Nations' [sustainable development goals](#), the elimination of female genital cutting by 2030.

What is female genital cutting?

There are [four types](#) of female genital cutting, but generally speaking, it involves the [partial or total removal](#) of the external female genitalia. This can be through pricking, scraping, stitching and burning.

At least [200 million girls and women](#) globally have experienced different forms of female genital cutting, according to the United Nations. It is practiced on [every continent](#), except [Antarctica](#).

A small minority of [Dawoodi Bohra Muslims](#) from the Shiite Ismaili sect practice female genital cutting in Pakistan (as well as in India).

The practice also occurs within the Dawoodi Bohra [diaspora](#). In 2015, a mother, nurse and spiritual leader were found guilty in Australia's first genital mutilation [trial](#). Even though the practice is illegal in Australia, it is [still carried out in secret](#).

Dawoodi Bohras generally practice a type of cutting called 'khatna,' or the removal of the clitoral hood. Young girls usually undergo this practice at [seven years old](#). This is ostensibly done to curb a [woman's sexual desire](#), to promote [genital hygiene](#) and to follow the Islamic '[sunnah](#)', or the [sayings and practices](#) of the Prophet Muhammad.

Religious [scholars](#), medical [practitioners](#) and [activist organizations](#) argue, however, that it is a harmful practice and not a religious duty.

According to World Health Organization, there are short-term and long-term health [risks](#) from the practice. These include severe pain, bleeding, infections, urination problems, obstetric fistulas, perinatal risk, trauma and other mental health problems. [A study in India](#) also reported side effects such as low sex drive, oversensitivity in the clitoral area and problems with sexual pleasure and trusting partners.

While there are members of the Dawoodi Bohra community who speak out against the practice, some also defend it as a [cultural right](#). Most Dawoodi Bohras are secretive about it due to a fear of potential backlash, since acts of violence against minorities are common in Pakistan.

Not just an African problem

Most international efforts to eliminate female genital cutting focus on Africa. As a result, it is believed to be an African practice.

Somalia has one of the [highest prevalence rates](#) of female genital mutilation in the world, with 99% of women aged 15-49 having been cut. Sudan also saw an increase in the practice during COVID lockdowns, despite it being [criminalized in 2020](#).

This [statistical data](#) is available to us because African countries are able

to measure its prevalence through nationally representative household surveys. [Self-reporting](#) is also used to acquire data from mothers and daughters.

Although these data collection efforts are not always [reliable](#), the general level of awareness in some African countries gives activists and policymakers a platform to organize more targeted [campaigns](#) to bring social change.

Research shows the practice is also [widespread](#) among the Dawoodi Bohra community in India. The Indian government, however, has [denied](#) the existence of female genital cutting in the country, meaning there is no official data collection there, either.

However, in 2017, a [human rights advocate](#) and lawyer filed a petition before the Supreme Court to [ban the practice](#). Although a decision is still [pending](#), [non-profit organizations](#) continue to speak out against the practice.

What can be done in Pakistan?

Pakistan ranks as [142nd out of 146 countries](#) in the [Global Gender Gap report 2023](#) by the World Economic Forum. It is frequently criticized by [human rights activists](#) for its high rates of [violence against women and mistreatment of minorities](#).

Recently, there has been more activism in Pakistan against [honor killings of women](#), the mistreatment of the ['khwaja sira' \(transgender\) community](#) and [child labor](#). Protests and community engagement make these issues more visible and put pressure on the government to respond.

This is not the case with female genital cutting. To curb the practice in Pakistan, it must be openly addressed and understood.

How can we do this? Through responsible [data collection](#) and consensual conversations with community members.

Dialog should start in the Dawoodi Bohra community because [change from within](#) is more likely to be long-lasting and less contentious.

Considering Pakistan's fractious religious climate, it is important for communities to mobilize for change from within to avoid the Dawoodi Bohras being targeted in sectarian violence.

Religion and women's bodies are sensitive topics in patriarchal societies. Pakistan's history with women has long been marked by an urge to morally police their bodies. One discriminatory practice, the [two-finger virginity testing](#) in sexual assault cases, for example, has only recently been abolished after a concerted push from activists.

This is why an issue like female genital cutting must be discussed with contextual care and caution. This approach, supported by activists and lawmakers within the community, will be transformative in ending this practice for good.

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