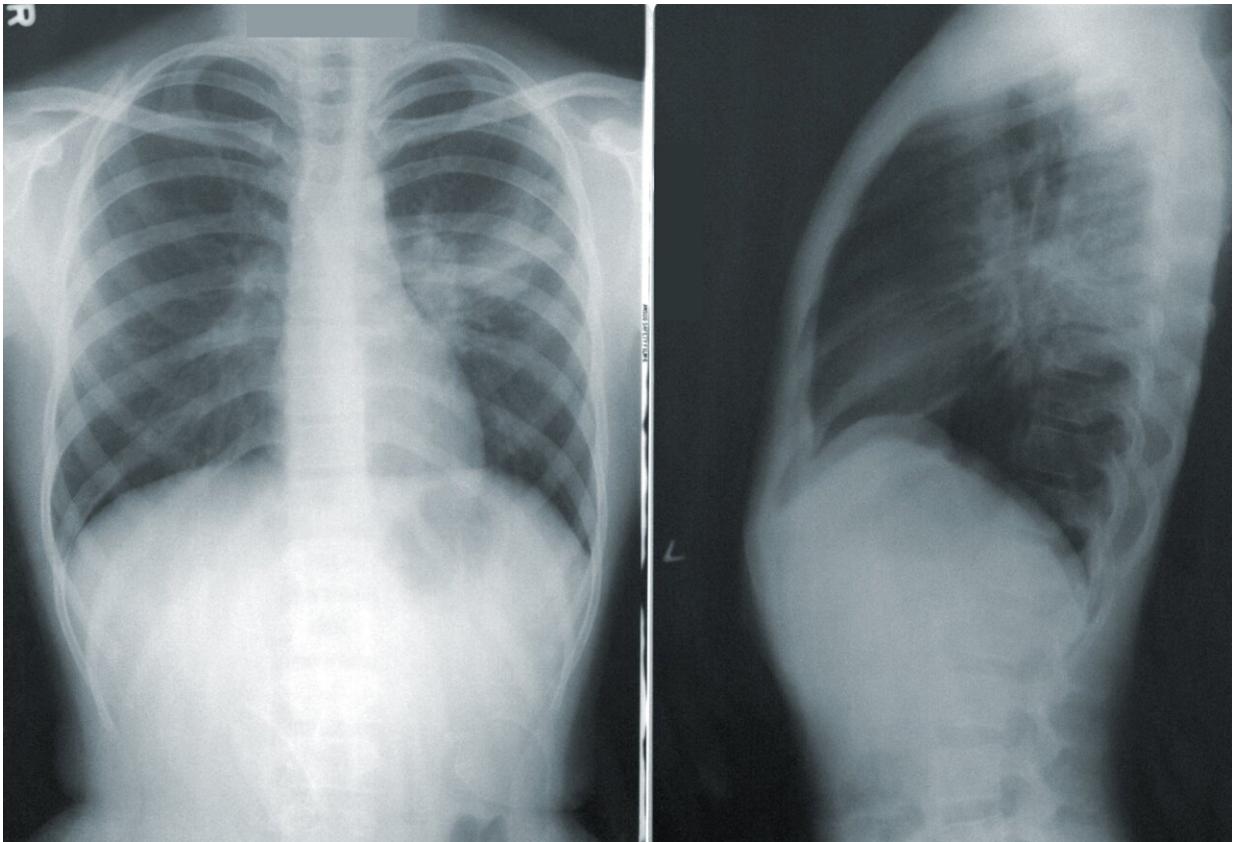


Opportunities to improve lung cancer care for older patients

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A new editorial paper titled "[Promising trends in lung cancer care, but are we overlooking the majority?](#)" has been published in *Aging*.

In their new editorial, researchers Bhavina Sharma and Apar Kishor Ganti from the University of Nebraska Medical Center discuss challenges and opportunities for better [lung cancer](#) care for the elderly. Lung cancer is the third-most common cancer in the United States, after female breast cancer and prostate cancer. It accounts for more cancer-related deaths in both men and women than any other types of cancer.

The incidence of new lung cancer has decreased between 1999-2019, mirroring the fall in tobacco use in the past few decades. Lung cancer-related mortality has also decreased with the recent advances in screening techniques and treatment strategies. However, the incidence of lung cancer and lung cancer mortality is still disproportionately higher among older patients (65 years and older).

Multiple studies have shown that older patients are more likely to be undertreated because of their [chronological age](#), even after accounting for their comorbidities and socioeconomic status. Common reasons for this disparity are insufficient study evidence, lack of appropriate resources and support, patient factors such as socioeconomic status, as well as variations in individual physician practices and preferences. Even though the median age of lung cancer diagnosis is 71 years, and more than two-thirds of patients are older than 65 years, older patients are less likely to be enrolled in clinical trials.

"Although there is now increasing effort and guidance by major cancer societies and regulatory groups to increase inclusion of [older patients](#), better conscious collaboration between the stakeholders is necessary for effective implementation of the strategies discussed and to enhance enrollment and retention of older cancer patients," the researchers write.

More information: Bhavina Sharma et al, Promising trends in lung cancer care, but are we overlooking the majority?, *Aging* (2023). [DOI: 10.18632/aging.204662](https://doi.org/10.18632/aging.204662)

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