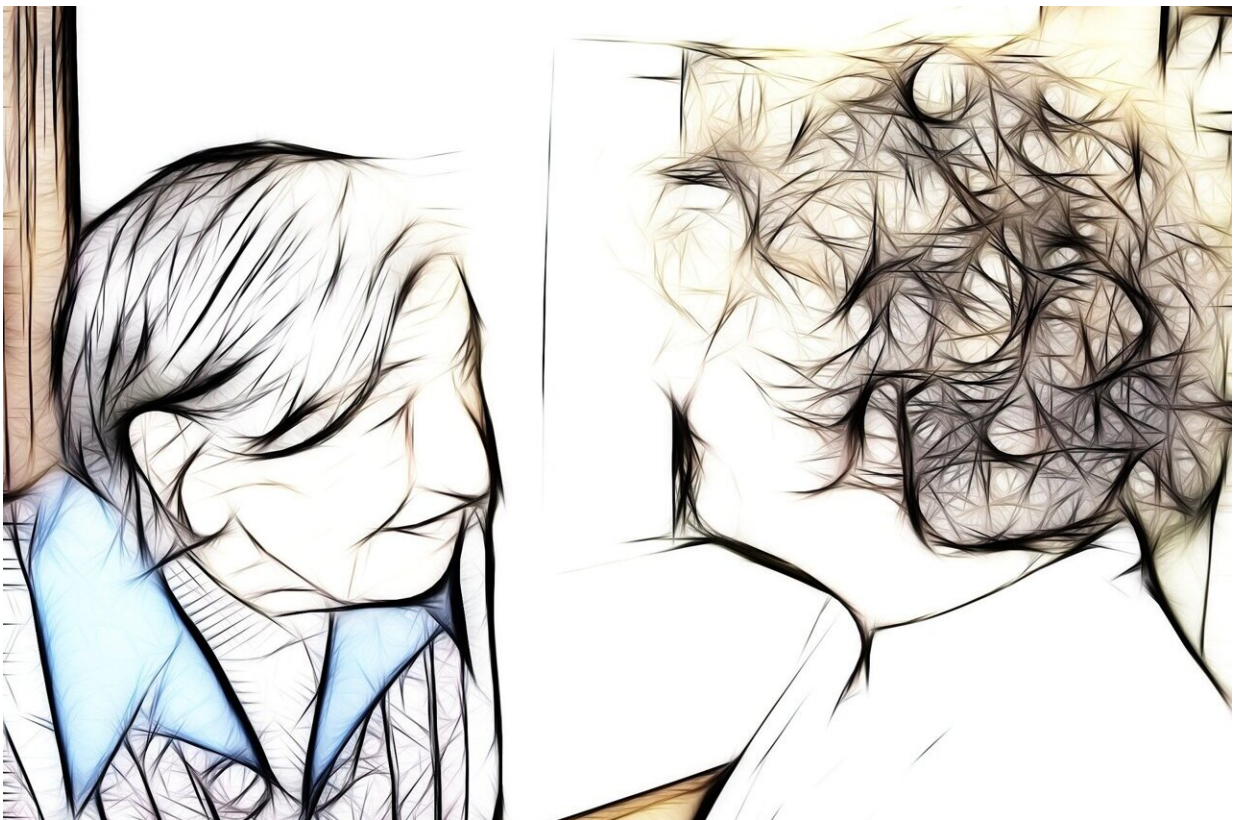


Integrating the transitional care model into nurse practitioner curricula to improve outcomes for high-risk older adults

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Managing transitions in care for older adults and their family caregivers, no matter the care setting, is especially challenging in a rapidly changing

health care system. Patient discharges that typically require prescription writing, discharge summary creation, and team consultations for home care entail more complex coordination and planning.

In a new article in the *Journal of Professional Nursing*, educators and researchers at the University of Pennsylvania School of Nursing (Penn Nursing) share practices describing how the Transitional Care Model (TCM) has successfully been incorporated into nurse practitioner curricula to address this issue. The article explains how the TCM's evidence-based interventions have helped better prepare [nurse practitioners](#) to engage acute care providers to more effectively manage the care coordination of [older adults](#) with complex care needs.

The article titled "Incorporating the Transitional Care Model Within NP Program Curricula to Achieve Care Coordination Competency" is available [online](#).

"When the nurse practitioner students became aware of and engaged in the TCM, they learned how to make clinical decisions supporting a smooth transition from one level of care to another among multiple health care team members and across settings, such as hospitals and homes," says lead-author Maria LoGrippe, Ph.D., RN, MSN, NE-BC, Practice Associate Professor and the Kehler Family Assistant Dean of Curricular Affairs and Innovation. "This competency-based approach prepares adult-gerontology acute care [nurse](#) practitioners to identify and address gaps in transitional care, thereby improving cost and quality outcomes for high-risk older adults."

Co-authors of the article include Patricia Griffith, Ph.D., CRNP, ACNP-BC, Advanced Senior Lecturer, and Kathleen McCauley, Ph.D., RN, FAAN, FAHA, Professor Emerita of Cardiovascular Nursing, both of Penn Nursing.

Provided by University of Pennsylvania School of Nursing

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