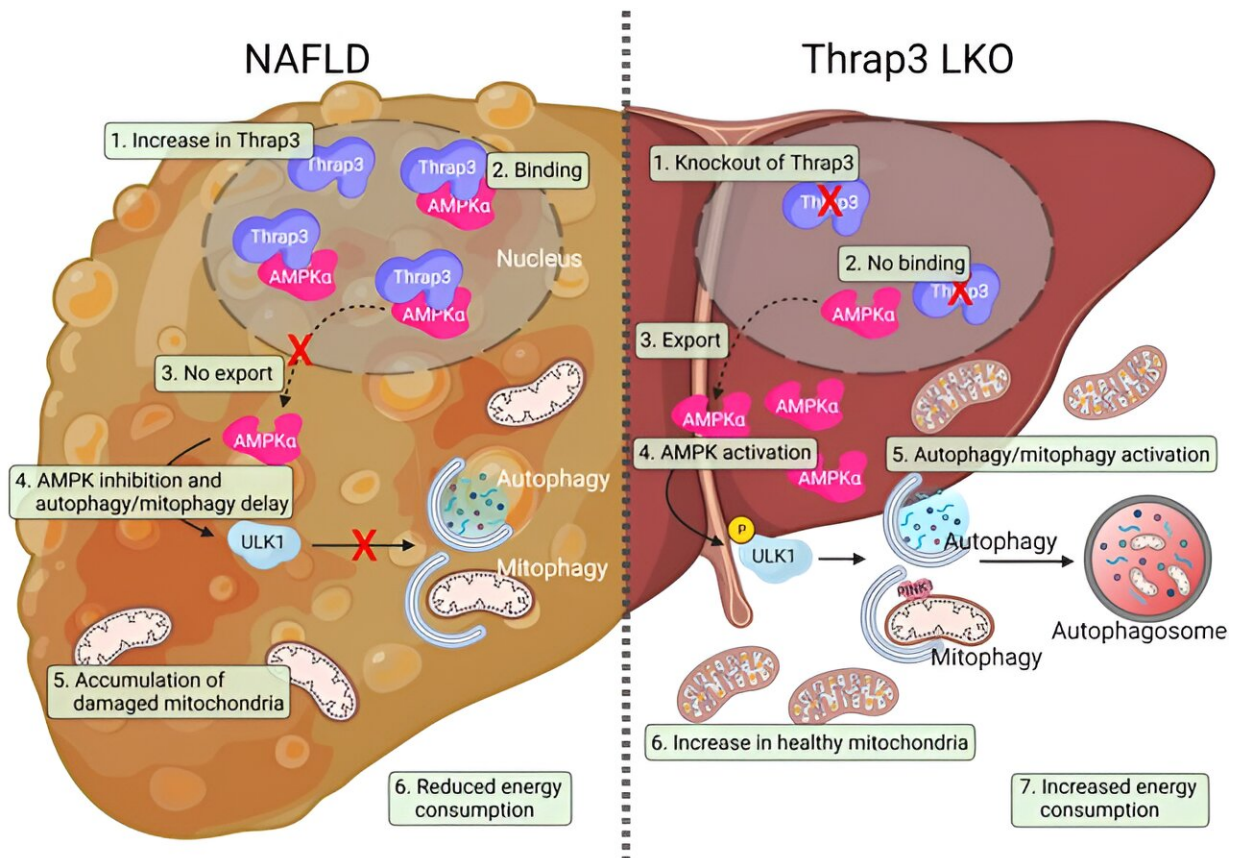


New study uncovers potential treatment for non-alcoholic fatty liver disease

September 6 2023, by JooHyeon Heo



Schematic diagram of the mechanism by which Thrap3 affects NAFLD through translocation of AMPK. Dysregulation of autophagy/mitophagy contributes to the progression of nonalcoholic fatty liver disease (NAFLD). In NAFLD, increased Thrap3 suppresses autophagy/mitophagy by sequestering AMPK in the nucleus. Inhibition of mitophagy does not effectively remove damaged mitochondria and maintain healthy mitochondria, and as a result, it leads to a decrease in energy consumption and exacerbates NAFLD progression. Liver-

specific Thrsp3 knockout mice show improved lipid accumulation, metabolic parameters, and mitochondrial function and enhanced autophagy/mitophagy in the NAFLD model. Thrsp3 may be a potential therapeutic target for preventing and treating NAFLD by regulating the AMPK/autophagy/mitophagy axis.

Credit: *Experimental & Molecular Medicine* (2023). DOI: 10.1038/s12276-023-01047-4

A breakthrough study, jointly led by Professor Jang Hyun Choi and Professor Sung Ho Park from the Department of Biological Sciences at UNIST has identified an important factor involved in the development of non-alcoholic fatty liver disease (NAFLD) caused by obesity.

The research team discovered that Thrsp3, a protein associated with thyroid hormone receptors, plays a significant role in exacerbating NAFLD by inhibiting the activity of adenosine monophosphate-activated protein kinase (AMPK), a key regulator of fat metabolism in the liver. The paper is published in the journal *Experimental & Molecular Medicine*.

NAFLD encompasses various metabolic diseases such as fatty hepatitis and cirrhosis resulting from excessive fat accumulation. Despite its prevalence, effective treatments for NAFLD have been limited. However, this groundbreaking research sheds light on potential therapeutic approaches.

Through [animal experiments](#) conducted on rats, the research team demonstrated that Thrsp3 directly binds to AMPK within the liver. This interaction prevents AMPK from translocating from the nucleus to the cytoplasm and impairs autophagy—a process crucial for breaking down triglycerides and reducing [cholesterol levels](#). In essence, inhibiting Thrsp3 expression presents a promising avenue for effectively treating

NAFLD.

"We have encountered significant challenges while developing treatment strategies for [non-alcoholic fatty liver disease](#). However, our discovery of the Thrap3 gene provides us with an effective method to tackle this condition," commented Professor Choi.

Additionally, it was confirmed that suppressing Thrap3 expression effectively improves [non-alcoholic steatohepatitis](#)—an inflammatory disease stemming from fatty liver.

More information: Hyun-Jun Jang et al, Thrap3 promotes nonalcoholic fatty liver disease by suppressing AMPK-mediated autophagy, *Experimental & Molecular Medicine* (2023). [DOI: 10.1038/s12276-023-01047-4](#)

Provided by Ulsan National Institute of Science and Technology

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