

Research suggests ADHD prevalence was steady in US youth from 2017 to 2022

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The prevalence of attention-deficit/hyperactivity disorder (ADHD) in

U.S. youth remained steady from 2017 to 2022, according to a research letter published online Oct. 4 in *JAMA Network Open*.

Yanmei Li, from Guangdong Pharmaceutical University in Guangzhou, China, and colleagues estimated the prevalence and trends of ADHD among children and adolescents (aged four to 17 years) in the United States from 2017 to 2022 using data from the National Health Interview Survey (37,609 individuals).

The researchers found that 10.9% reported to have ever been diagnosed with ADHD, with no significant annual change noted in prevalence (10.0 percent in 2017 and 10.8% in 2022). Prevalence did significantly vary by sociodemographic factors.

In 2021 to 2022, ADHD prevalence was significantly higher in girls versus boys, those aged 12 to 17 years versus four to 11 years, white individuals versus Hispanic or Black individuals, and those living in poverty versus higher income.

"Given that the estimated ADHD prevalence was still high, further investigation is warranted to assess potentially [modifiable risk factors](#) and provide adequate resources for treatment of individuals with ADHD in the future," the authors write.

More information: Yanmei Li et al, Prevalence and Trends in Diagnosed ADHD Among US Children and Adolescents, 2017-2022, *JAMA Network Open* (2023). [DOI: 10.1001/jamanetworkopen.2023.36872](#)

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