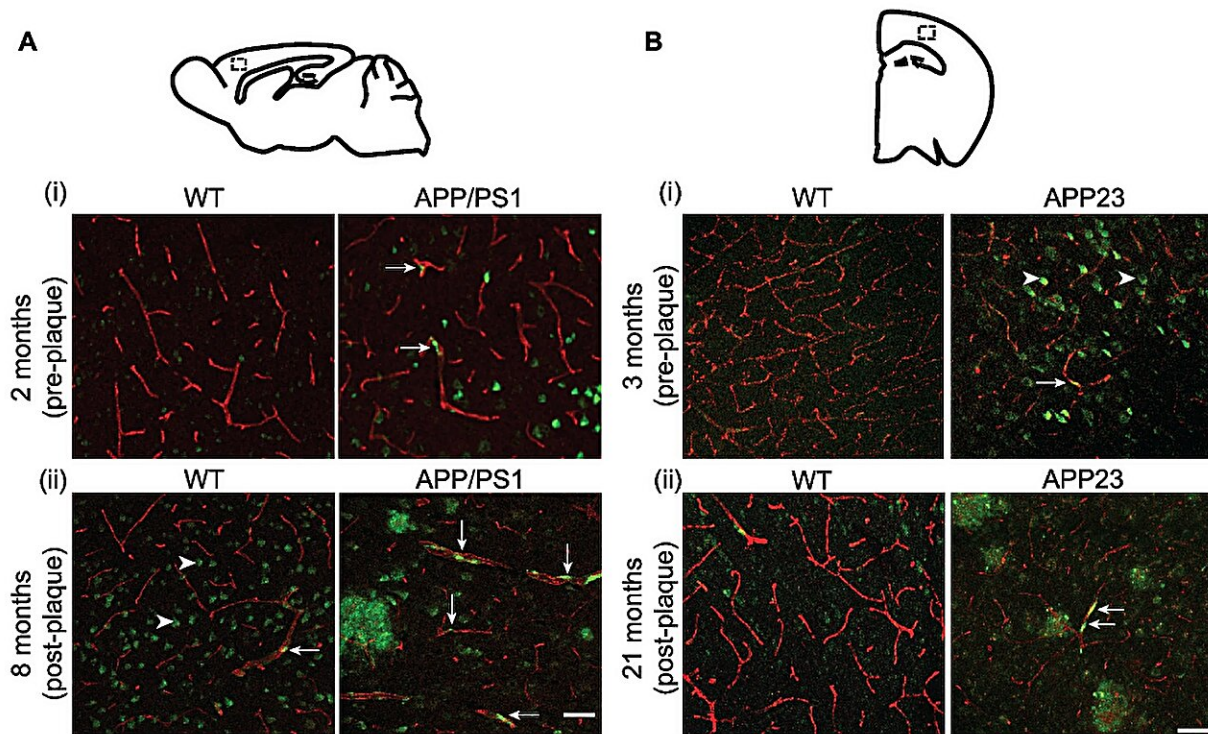


# Blood vessel breakdown linked with Alzheimer's disease

October 4 2023



SGP expression in mouse models of AD. Representative images of SGP expression in APP/PS1 (A) and APP23 (B) compared to wildtype (WT) mice over different stages of plaque development. Ai and Bi White arrows show the presence of vascular cells positive for SGP (green) in 2-month-old APP/PS1 and 3-month-old APP23 mice that have no detectable plaques. Aii and Bii Representative images show that more SGP-positive vascular cells (white arrows) can be detected in APP/PS1 and APP23 mice after plaque formation compared to controls. Arrowheads in Aii and Bi show non-vascular cells that have SGP expression. Credit: *GeroScience* (2023). DOI: 10.1007/s11357-023-00927-x

Researchers at the Centenary Institute have discovered a connection between the health of blood vessels and the development of Alzheimer's disease.

The findings suggest that early interventions aimed at improving blood vessel health offer an avenue for the advancement of new treatments for Alzheimer's.

A progressive brain disorder, Alzheimer's disease causes [memory loss](#), [cognitive decline](#) and behavioral changes that can seriously affect a person's ability to carry out daily activities.

The research study, published in the journal *GeroScience*, found the presence of senescent blood vessel cells in both Alzheimer's patients and mouse models of Alzheimer's. Senescent cells are aged cells that have lost their ability to divide and function properly.

Dr. Ka Ka Ting, the lead author of the study and a researcher in the Centenary Institute's Healthy Aging Center said that specific blood vessel cells, called endothelial and perivascular cells, play a crucial role in the forming of the blood-brain barrier, a shield guarding the brain against [harmful substances](#).

"The blood-brain barrier serves as a protective barrier, stopping inflammatory molecules and [toxic substances](#) from entering the brain via the bloodstream. Issues can arise if the barrier becomes permeable, 'leaking' these toxins into the brain," said Dr. Ting.

Significantly, the researchers found in their study a notable increase in the number of senescent (non-functional) blood vessel cells, in and around the blood-brain barrier and linked with areas of leak during the

development of Alzheimer's in mouse models.

"We believe these non-functioning blood vessel cells weaken the barrier making it more susceptible to inflammatory and toxic substances, potentially exacerbating Alzheimer's symptoms as the disease advances," said Dr. Ting.

Based on their discoveries, the researchers believe that [early intervention](#) targeting blood vessel health could hold promise in Alzheimer's treatment. This could involve developing medications that specifically target senescent cells of the [blood-brain barrier](#).

"Our study provides a new perspective on Alzheimer's and the intricate relationship with brain blood vessels, offering a promising new path for therapeutic approaches aimed at treating this disease," Dr. Ting said.

**More information:** Ka Ka Ting et al, Vascular senescence and leak are features of the early breakdown of the blood–brain barrier in Alzheimer's disease models, *GeroScience* (2023). [DOI: 10.1007/s11357-023-00927-x](#)

Provided by Centenary Institute

Citation: Blood vessel breakdown linked with Alzheimer's disease (2023, October 4) retrieved 13 May 2024 from <https://medicalxpress.com/news/2023-10-blood-vessel-breakdown-linked-alzheimer.html>

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