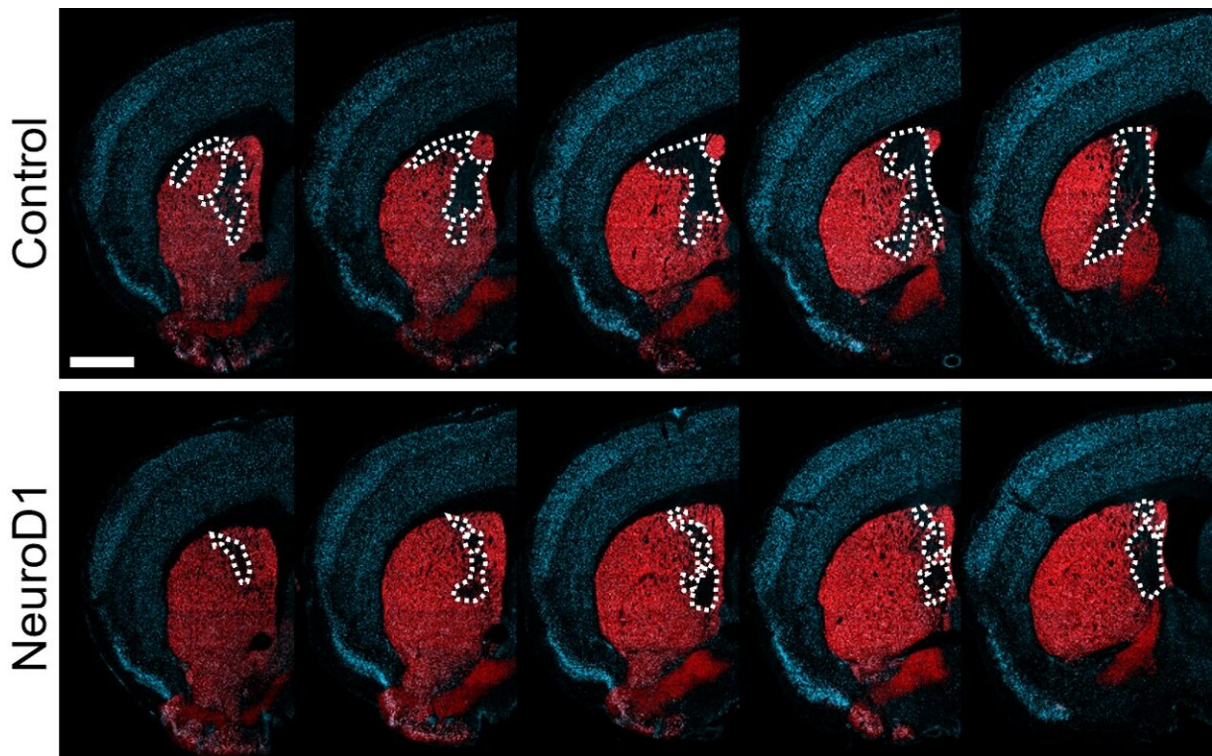


# Converting brain immune cells into neurons helps mice recover after stroke

October 18 2023



Production of NeuroD1 in microglial cells induces their development into neurons, therefore decreasing the area of the brain with neuron loss. In scans of the mice brains, neurons are stained in red, while the dark patches represent areas with neuron loss. Credit: *Proceedings of the National Academy of Sciences* (2023). DOI: 10.1073/pnas.2307972120

Researchers at Kyushu University have discovered that turning brain

immune cells into neurons successfully restores brain function after stroke-like injury in mice. These findings, [published in PNAS](#), suggest that replenishing neurons from immune cells could be a promising avenue for treating stroke in humans.

Stroke, and other cerebrovascular diseases, occur when [blood flow](#) to the [brain](#) is affected, causing damage to [neurons](#). Recovery is often poor, with patients suffering from severe physical disabilities and cognitive problems. Worldwide, it is one of the most common causes for a patient requiring long-term care.

"When we get a cut or break a bone, our skin and bone cells can replicate to heal our body. But the neurons in our brain cannot easily regenerate, so the damage is often permanent," says Professor Kinichi Nakashima, from Kyushu University's Graduate School of Medical Sciences. "We therefore need to find new ways to replace lost neurons."

One possible strategy is to convert other cells in the brain into neurons. Here, the researchers focused on microglia, the main [immune cells](#) in the central nervous system. Microglia are tasked with removing damaged or dead cells in the brain, so after a stroke, they move towards the site of injury and replicate quickly.

"Microglia are abundant and exactly in the place we need them, so they are an ideal target for conversion," says first author Dr. Takashi Irie from Kyushu University Hospital.

In prior research, the team demonstrated that they could induce microglia to develop into neurons in the brains of healthy mice. Now, Dr. Irie and Professor Nakashima, along with Lecturer Taito Matsuda and Professor Noriko Isobe from Kyushu University Graduate School of Medical Sciences, have shown that this strategy of replacing neurons also works in injured brains and contributes to brain recovery.

To conduct the study, the researchers caused a stroke-like injury in mice by temporarily blocking the right middle cerebral artery—a major blood vessel in the brain that is commonly associated with stroke in humans. A week later, the researchers examined the mice and found that they had difficulties in motor function and had a marked loss of neurons in a brain region known as the striatum. This part of the brain is involved in decision making, action planning and motor coordination.

The researchers then used a lentivirus to insert DNA into microglial cells at the site of the injury. The DNA held instructions for producing NeuroD1, a protein that induces neuronal conversion. Over the subsequent weeks, the [infected cells](#) began developing into neurons and the areas of the brain with neuron loss decreased. By eight weeks, the new induced neurons had successfully integrated into the brain's circuits.

At only three weeks post-infection, the mice showed improved [motor function](#) in behavioral tests. These improvements were lost when the researchers removed the new induced neurons, providing strong evidence that the newly converted neurons directly contributed to recovery.

"These results are very promising. The next step is to test whether NeuroD1 is also effective at converting human microglia into neurons and confirm that our method of inserting genes into the microglial cells is safe," says Professor Nakashima.

Furthermore, the treatment was conducted in mice in the acute phase after stroke, when [microglia](#) were migrating to and replicating at the site of injury. Therefore, the researchers also plan to see if recovery is also possible in [mice](#) at a later, chronic phase.

**More information:** Takashi Irie et al, Direct neuronal conversion of microglia/macrophages reinstates neurological function after stroke,

*Proceedings of the National Academy of Sciences* (2023). [DOI: 10.1073/pnas.2307972120](https://doi.org/10.1073/pnas.2307972120)

Provided by Kyushu University

Citation: Converting brain immune cells into neurons helps mice recover after stroke (2023, October 18) retrieved 21 May 2024 from <https://medicalxpress.com/news/2023-10-brain-immune-cells-neurons-mice.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--