

## Vulnerability to different COVID-19 mutations depends on previous infections and vaccination, study suggests

October 5 2023



Credit: Unsplash/CC0 Public Domain

A person's immune response to variants of SARS-CoV-2, the virus that causes COVID-19, depends on their previous exposure—and differences



in the focus of immune responses will help scientists understand how to optimize vaccines in the future to provide broad protection.

A new study has found that people differ in how vulnerable they are to different mutations in emerging variants of SARS-CoV-2.

This is because the <u>variant</u> of SARS-CoV-2 a person was first exposed to determines how well their immune system responds to different parts of the <u>virus</u>, and how protected they are against other variants.

It also means that the same COVID-19 vaccine might work differently for different people, depending on which variants of SARS-CoV-2 they have previously been exposed to and where their <u>immune response</u> has focused.

The discovery underlies the importance of continuing <u>surveillance</u> <u>programs</u> to detect the emergence of new variants, and to understand differences in immunity to SARS-CoV-2 across the population.

It will also be important for future vaccination strategies, which must consider both the virus variant a vaccine contains and how immune responses of the population may differ in their response to it.

"It was a surprise how much of a difference we saw in the focus of immune responses of different people to SARS-CoV-2. Their immune responses appear to target different specific regions of the virus, depending on which variant their body had encountered first," said Dr. Samuel Wilks at the University of Cambridge's Center for Pathogen Evolution in the Department of Zoology, first author of the report.

He added, "Our results mean that if the virus mutates in a specific region, some people's immune system will not recognize the virus as well—so it could make them ill, while others may still have good



protection against it."

The research, published in the journal *Science*, involved a large-scale collaboration across ten research institutes including the University of Cambridge and produced a comprehensive snapshot of early global population immunity to COVID-19.

Researchers collected 207 serum samples—extracted from <u>blood</u> <u>samples</u>—from people who had either been infected naturally with one of the many previously circulating SARS-CoV-2 variants, or who had been vaccinated against SARS-CoV-2 with different numbers of doses of the Moderna <u>vaccine</u>.

They then analyzed the immunity these people had developed, and found significant differences between immune responses depending on which variant a person had been infected with first.

"These results give us a deep understanding of how we might optimize the design of COVID-19 booster vaccines in the future," said Professor Derek Smith, Director of the University of Cambridge's Center for Pathogen Evolution in the Department of Zoology, senior author of the report.

He added, "We want to know the key virus variants to use in vaccines to best protect people in the future."

The research used a technique called "antigenic cartography" to compare the similarity of different variants of the SARS-CoV-2 virus. This measures how well human antibodies, formed in response to infection with one virus, respond to infection with a variant of that virus. It shows whether the virus has changed enough to escape the human immune response and cause disease.



The resulting "antigenic map" shows the relationship between a wide selection of SARS-CoV-2 variants that have previously circulated. omicron variants are noticeably different from the others—which helps to explain why many people still succumbed to infection with omicron despite vaccination or previous infection with a different variant.

Immunity to COVID-19 can be acquired by having been infected with SARS-CoV-2 or by vaccination. Vaccines provide immunity without the risk from the disease or its complications. They work by activating the <u>immune system</u> so it will recognize and respond rapidly to exposure to SARS-CoV-2 and prevent it causing illness. But, like other viruses, the SARS-CoV-2 virus keeps mutating to try and escape human immunity.

During the first year of the pandemic, the main SARS-CoV-2 virus in circulation was the B.1 variant. Since then, multiple variants emerged that escaped pre-existing immunity, causing reinfections in people who had already had COVID.

"The study was an opportunity to really see—from the first exposure to SARS-CoV-2 onwards—what the basis of people's immunity is, and how this differs across the population," said Wilks.

**More information:** Samuel H. Wilks et al, Mapping SARS-CoV-2 antigenic relationships and serological responses, *Science* (2023). DOI: 10.1126/science.adj0070. www.science.org/doi/10.1126/science.adj0070

## Provided by University of Cambridge

Citation: Vulnerability to different COVID-19 mutations depends on previous infections and vaccination, study suggests (2023, October 5) retrieved 13 May 2024 from



https://medicalxpress.com/news/2023-10-vulnerability-covid-mutations-previous-infections.html

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.