

# Clinical trials present a new approach using immunotherapy combinations for bladder cancer treatment

November 16 2023

---



Credit: Unsplash/CC0 Public Domain

After 40 years of treating metastatic bladder cancer with chemotherapy as a primary treatment, scientists now present a new approach using

immunotherapy combinations. The results of two studies have been presented at the [European Society for Medical Oncology \(ESMO\) conference](#) in Madrid. The outcomes of these studies could revolutionize the landscape of bladder cancer treatment.

Traditionally, cisplatin-based chemotherapy has been the [standard treatment](#) for bladder cancer patients who are able to tolerate this drug. However, responses have been limited, and durable outcomes rare. Over the past years, two phase-3 [clinical trials](#) studied the effects of combining immunotherapy with either chemotherapy or a new drug, enfortumab vedotin, to treat bladder cancer (more exact: urothelial carcinoma). With success, both studies show a significant increase in both overall survival as well as progression-free survival.

Medical oncologist Michiel van der Heijden from the Netherlands Cancer Institute (NKI) explains, "these results mark a milestone in bladder cancer research, providing the first evidence of a survival benefit of combination therapy involving immune checkpoint inhibitors over chemotherapy."

"This is an exciting development in our field, as these findings will thoroughly change the treatment landscape for advanced bladder cancer. It is a testament to the collaborative efforts of researchers, and most importantly, the resilience of all patients who participated in this study."

## **Combining therapies**

The CheckMate 901 trial investigated a new combination of the drugs nivolumab and gemcitabine-cisplatin and compared this to treatment with only chemotherapy. The results demonstrated that patients treated with both drugs showed a 22% reduction in the risk of death compared to patients only treated with chemotherapy. The findings also showed that the combination of nivolumab and chemotherapy led to a significant

improvement in progression-free survival vs. chemotherapy alone.

The results will also be published in the *New England Journal of Medicine* at the same time as the presentation at ESMO.

During this ESMO presidential session, the results of another phase-3 in the same treatment line will be presented, featuring a novel combination of an antibody-drug conjugate with immune checkpoint inhibition, using Enfortumab Vedotin + pembrolizumab. This study found a statistically significant and clinically meaningful improvement in overall survival and [progression-free survival](#) as well. These results will be published in a [scientific journal](#) at a later time.

Both treatments are yet to be registered and approved in the Netherlands for health insurance coverage, meaning that they will not yet be readily available. In the US, the Enfortumab Vedotin + pembrolizumab is already available for a subgroup of [bladder cancer](#) patients, based on a phase 2 study.

**More information:** Michiel S. van der Heijden et al, Nivolumab plus Gemcitabine–Cisplatin in Advanced Urothelial Carcinoma, *New England Journal of Medicine* (2023). [DOI: 10.1056/NEJMoa2309863](https://doi.org/10.1056/NEJMoa2309863)

Provided by Netherlands Cancer Institute

Citation: Clinical trials present a new approach using immunotherapy combinations for bladder cancer treatment (2023, November 16) retrieved 27 April 2024 from <https://medicalxpress.com/news/2023-11-clinical-trials-approach-immunotherapy-combinations.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is

provided for information purposes only.