

## E-cigarette use common among young adults

November 8 2023, by Lori Solomon



Electronic cigarette use remains common among U.S. adults, with highest prevalence among those aged 18 to 24 years, according to a study published online Nov. 3 in *JAMA Network Open*.



John Erhabor, M.D., from Johns Hopkins University in Baltimore, and colleagues used <u>data</u> from 414,755 participants in the 2021 Behavioral Risk Factor Surveillance System survey to understand patterns of ecigarette use following the initial phases of the COVID-19 pandemic.

The researchers found that the age-standardized prevalence of current ecigarette use was 6.9%, with almost half of e-cigarette users using them daily (3.2%). There was a consistently higher prevalence of e-cigarette use among individuals aged 18 to 24 years, with more than 18.6% reporting current use and more than 9.0% reporting daily use.

Of individuals reporting current e-cigarette use, 42.2% indicated former combustible cigarette use, 37.1% indicated current combustible cigarette use, and 20.7% indicated never using combustible cigarettes. Younger adults (aged 18 to 24 years) were more likely to report never using combustible cigarettes.

"These findings suggest that e-cigarette use remained common during the COVID-19 pandemic, particularly among <u>young adults</u> aged 18 to 24 years," the authors write.

**More information:** John Erhabor et al, E-Cigarette Use Among US Adults in the 2021 Behavioral Risk Factor Surveillance System Survey. *JAMA Network Open* (2023) DOI: 10.1001/jamanetworkopen.2023.40859

Copyright © 2023 HealthDay. All rights reserved.

Citation: E-cigarette use common among young adults (2023, November 8) retrieved 27 April 2024 from <a href="https://medicalxpress.com/news/2023-11-e-cigarette-common-young-adults.html">https://medicalxpress.com/news/2023-11-e-cigarette-common-young-adults.html</a>

This document is subject to copyright. Apart from any fair dealing for the purpose of private



study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.