

Sexual minority youth more likely to experience homelessness

November 21 2023, by Elana Gotkine



Sexual minority youth are more likely to experience homelessness, according to a study published online Nov. 20 in *Pediatrics*.

Cameron Deal and Gilbert Gonzales, Ph.D., from the Vanderbilt LGBTQ+ Policy Lab in Nashville, Tennessee, conducted a secondary data analysis using a large population-based sample from 21 states collected in the Youth Risk Behavior Surveys for 2017 and 2019. Self-reported data were obtained from 28,405 sexual minority and 136,232 heterosexual youth through a survey administered in high schools; the prevalence of homelessness and types of homelessness were examined.

The researchers found that compared with heterosexual youth, sexual minority youth were significantly more likely to be homeless (12 versus 4.1 percent). Among sexual minority and heterosexual youth, greater acceptance of sexual diversity at the state level was associated with reduced homelessness.

Compared with nonhomeless sexual minority youth and homeless heterosexual youth, homeless sexual minority youth had elevated levels of a broad array of health risk behaviors.

"Practitioners should be aware of the [health risks](#) experienced by sexual minority [homeless youth](#)," the authors write. "More [research](#), educational campaigns, and collaborative solutions are needed to prevent homelessness among [sexual minority](#) youth."

More information: Cameron Deal et al, Homelessness Among Sexual Minority Youth, *Pediatrics* (2023). [DOI: 10.1542/peds.2023-062227](https://doi.org/10.1542/peds.2023-062227)

Avik Chatterjee et al, LGBTQ+ Youth Experiencing Homelessness: Health Impacts and a Call to Action, *Pediatrics* (2023). [DOI: 10.1542/peds.2023-063808](https://doi.org/10.1542/peds.2023-063808)

Copyright © 2023 [HealthDay](#). All rights reserved.

Citation: Sexual minority youth more likely to experience homelessness (2023, November 21)
retrieved 27 April 2024 from
<https://medicalxpress.com/news/2023-11-sexual-minority-youth-homelessness.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.