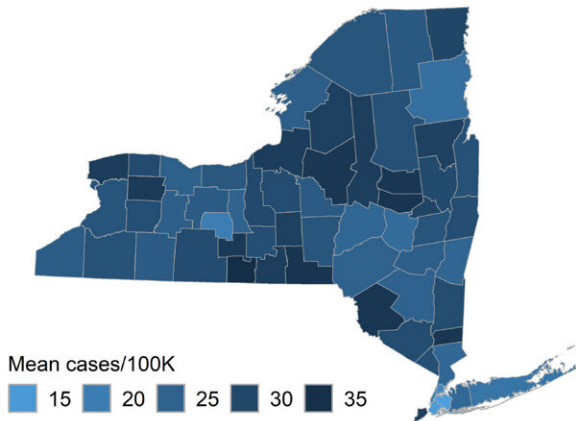


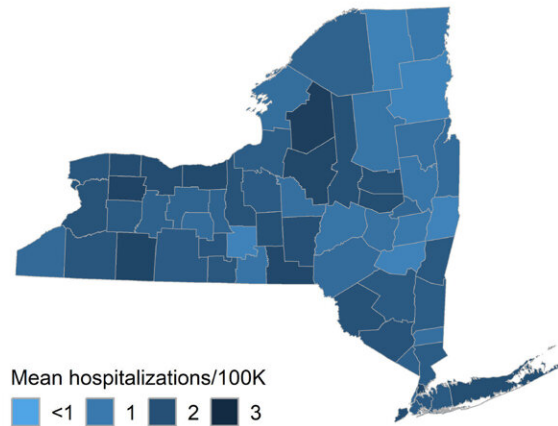
Research shows wastewater testing improves predictions for COVID-19 hospital admissions

November 21 2023, by Matt Michael

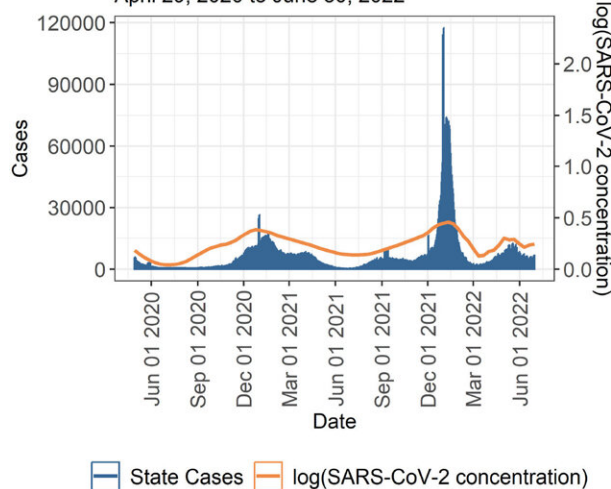
A. Mean incident daily cases
Per 100k population
April 29, 2020 - June 30, 2022



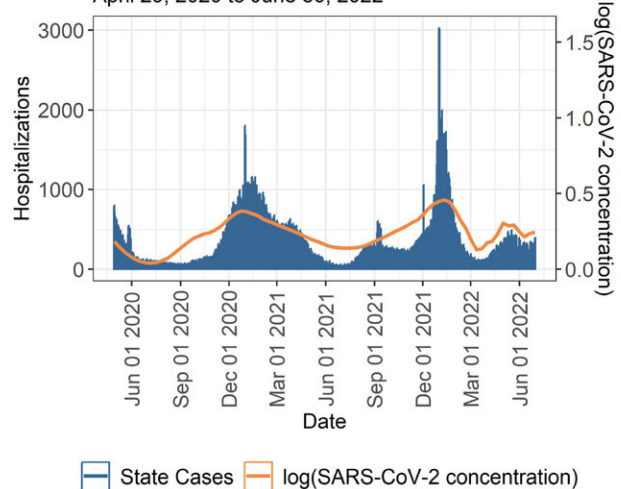
B. Daily average hospitalizations
Per 100k population
April 29, 2020 - June 30, 2022



C. NYS statewide case average and Wastewater SARS-CoV-2 RNA concentration
April 29, 2020 to June 30, 2022



D. NYS statewide hospital admissions and Wastewater SARS-CoV-2 RNA concentration
April 29, 2020 to June 30, 2022



A) Average positive test rate for new cases per 100,000 population. B) Average daily hospital admissions per 100,000 population. C) Total incident COVID-19 cases in NYS and the mean trend of wastewater results. D) Total new daily COVID-19 hospital admissions over time and mean trend of wastewater results. Credit: *Infectious Disease Modelling* (2023). DOI: 10.1016/j.idm.2023.10.004

Testing wastewater for COVID-19 provides a better forecast of new COVID hospital admissions than clinical data, according to a Syracuse University research team led by postdoctoral researcher Dustin Hill.

The COVID-19 pandemic has been a burden on the U.S. health care system since its arrival in early 2020. COVID remains a threat to our communities, particularly during the winter months when new cases and hospitalizations are likely to surge. The ability to predict where and when new patients will be admitted to hospitals is essential for planning and resource allocation.

"Our findings indicate that wastewater [surveillance](#) improves [prediction models](#) for hospitalizations by 11% over models that use case data at the county level and by 15% for regional hospitalization estimates," says Hill, an environmental data scientist and epidemiologist who works in the Department of Public Health in the Falk College of Sport and Human Dynamics.

"When looking at how many beds a hospital has available, those percentages can make a big difference in whether that hospital is going to have space for new patients or not, and this data can help them get ready for changes."

Hill led a project that used wastewater surveillance data in predictive

models to improve estimates for new COVID hospital admissions in New York state. The research team's results were [published](#) recently in the journal *Infectious Disease Modeling* and were gathered in collaboration with State University of New York at Albany, University at Buffalo, State University of New York College of Environmental Science and Forestry, Stony Brook University and the New York State Department of Health.

Throughout the pandemic, hospitalization forecasting models have relied heavily on [clinical data](#) collected from [polymerase chain reaction](#) (PCR) and antigen tests. But this data can be biased because of a lack of widespread testing and may not be quick enough to indicate a surge.

In their study, the researchers combined wastewater surveillance data (how much SARS-CoV-2 is found in wastewater) with clinical case and comorbidity data to predict the seven-day average of new hospital admissions 10 days after the wastewater sample collection.

Wastewater data are being collected across New York State through the New York State Wastewater Surveillance Network, and that data can be used to continuously update forecasting predictions each week.

According to the research, the average difference between predicted hospitalizations and observed hospitalizations was 0.013 per 100,000 population, or 1.3 in 10,000,000 population, providing high accuracy.

The New York State Wastewater Surveillance Network is testing for COVID in at least one [wastewater treatment plant](#) in each of the state's 62 counties, covering a population of more than 15.3 million. The [New York State Wastewater Surveillance Network dashboard](#) provides the most recent statistics regarding the network.

The research team is exploring how their methods to predict COVID hospitalizations can be further refined and applied to other [infectious](#)

[diseases](#) such as RSV and influenza as wastewater surveillance expands to cover these public health threats.

"Predicting future hospitalizations using [wastewater](#) data helps get our public health partners in front of surges before they happen so they are prepared when new patients need to be admitted and can distribute resources accordingly," Hill says. "The methods we developed here are going to be instrumental for tracking the diseases we already know about, and perhaps even more important for the diseases that could arise in the future."

More information: Dustin T. Hill et al, Wastewater surveillance provides 10-days forecasting of COVID-19 hospitalizations superior to cases and test positivity: A prediction study, *Infectious Disease Modelling* (2023). [DOI: 10.1016/j.idm.2023.10.004](https://doi.org/10.1016/j.idm.2023.10.004)

Provided by Syracuse University

Citation: Research shows wastewater testing improves predictions for COVID-19 hospital admissions (2023, November 21) retrieved 28 April 2024 from <https://medicalxpress.com/news/2023-11-wastewater-covid-hospital-admissions.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--