

Women may not recognize non-lump symptoms of breast cancer

November 6 2023, by Lori Solomon



Fewer than half of women recognize symptoms other than a lump in the breast as a potential sign of breast cancer, according to the results of a survey commissioned by The Ohio State University Comprehensive

Cancer Center: The James (OSUCCC-James).

The [survey](#) was conducted online (974 participants) and via telephone (30 participants) from Sept. 22 to 24, 2023. Results showed that one-third of women say they are confused about recommendations for breast cancer screenings, particularly those under age 30 (44%).

Furthermore, just 31% of participants recognized a retracted, inverted, or downward-pointing nipple as a symptom of breast cancer, and just 39% recognized breast puckering as a symptom. Similarly, fewer than half of participants were aware of loss of breast feeling (41%) and pitting/thickening of the breast skin (45%) could be [symptoms](#). Just half recognized nipple discharge (51%) as a concern worthy of medical attention.

"Screening [mammography](#) is our No. 1 defense in detecting and addressing breast cancers at their earliest, most treatable stages, but it is also very important for people to be familiar with the look and feel of their own breast tissue so that sometimes subtle changes can be evaluated quickly to give us the best chance at early detection," Ashley Pariser, M.D., director of [breast](#) cancer survivorship services at the OSUCCC-James, said in a statement.

More information: [More Information](#)

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Citation: Women may not recognize non-lump symptoms of breast cancer (2023, November 6) retrieved 11 May 2024 from <https://medicalxpress.com/news/2023-11-women-non-lump-symptoms-breast-cancer.html>

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