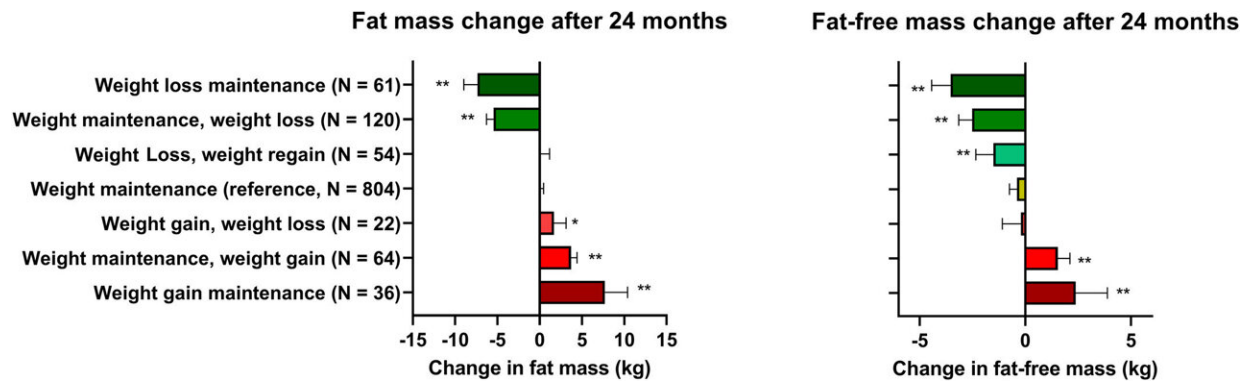


Weight regained after weight loss results in less muscle, more fat, study finds

December 14 2023, by Joanna Jones



Adjusted change in fat mass and fat-free mass after 24 months. Data adjusted for age, sex, ethnicity, blood pressure medication, lipid-lowering medication, smoking status, treatment allocation, baseline fat mass and baseline fat-free mass. **p*

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